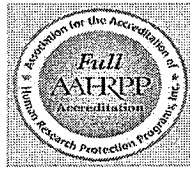




Department of 4-H  
4900 Old Main Hill, Logan, UT 84322-4900  
(435) 797-0930



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Approval terminates: 06/24/2012  
Protocol Number: 2334  
IRB Password Protected per IRB Administrator

## MENTOR INFORMED CONSENT YOUTH AND FAMILIES WITH PROMISE

**Introduction/Purpose:** Dr. Brian Higginbotham, associate professor in the Department of Family, Consumer, and Human Development, and Dr. Kevin Kesler, Director of 4-H Youth Programs, are conducting a research study to find out more about the impact of the Youth and Families with Promise mentoring program. You have been asked to take part in this research study because of your involvement in the mentoring program. There will be approximately 15-40 participants in each county site.

**Procedures:** If you agree to participate in this study, you will be expected to participate in the Youth and Families with Promise mentoring program (YFP). YFP is a mentoring program designed to assist youth, ages 10-14, and their families. The program has three goals: 1) improve academic performance; 2) increase interpersonal competence; and 3) strengthen family bonds.

The well-screened, background-checked mentors establish caring relationships with the identified youth and his or her family through providing motivation and tutoring in reading and academic skills and by participating with them in structured recreation, community service, and community youth groups, such as 4-H. The young-adult age mentors are often recruited from students attending one of Utah's university, colleges, or technical schools. In areas where there is no college or technical school, the mentors are recruited from places of employment, religious organizations, high schools, and other volunteer organizations. Youth, parents, and mentors participate in monthly group activities designed to strengthen family bonds through experiential learning ("Family Night Out"). Youth will, on occasion, be transported by program volunteers or staff to and from program activities.

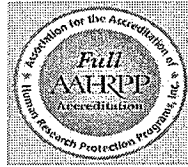
All participating youth, parents, and mentors will be asked to complete voluntary surveys. Surveys will be administered before and after your child has participated in the program, and on an annual basis thereafter. You will be asked to complete the surveys, and then seal them in envelope which will be sent to the state office for analysis. The surveys will be used to evaluate how effective the program has been. The answers are confidential and will only be used in a combined report with other mentors throughout the county or state and the answers will not be identified with you personally

**New Findings:** During the course of this study, you will be informed about any changes in the risks or benefits of participating in this study. You may also request information about new findings or outcomes.

**Risks:** There are minimal risks involved in participating in this study. Participation in this study involves spending time with and building a relationship/friendship with a youth. While every effort will be made to identify youth who are appropriate for this program it is possible you may be assigned to a youth who is difficult to work with. If this occurs, the site coordinator will make every effort to resolve problems with the youth or family.



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**Benefits:** The benefits of participating in the YFP program and this study may include helping a youth with their academic performance, interpersonal competence, self-confidence, and family relationships. Benefits may also include reductions in problem or delinquent behaviors. Personal benefits to you may include satisfaction, personal growth, career development, and intrapersonal skills.

**Explanation and Offer to Answer Questions:** Your local YFP Site Coordinator has explained this study to you and answered your questions. If you have other questions or research-related problems, you may contact the local County Extension office or Dr. Brian Higginbotham (435) 797-7276 at the Utah State University Extension YFP Office.

**Cost:** The program is coordinated through the local schools, churches, and other community agencies. It is a voluntary program and will not cost you anything.

**Voluntary Nature and Right to Withdraw Without Consequence:** Participation in research is entirely voluntary. You can refuse to complete the survey and still participate in the program. You may refuse to participate or voluntarily withdraw from the program at any time without consequence, simply by notifying the local YFP Site Coordinator in writing via the following address: *Youth and Families with Promise, Utah State University, 2705 Old Main Hill, Logan, UT 84322-2705.*

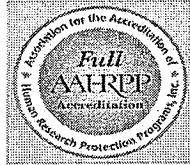
**Confidentiality:** Research records will be kept confidential consistent with federal and state regulations. Only the co-investigators and program evaluation staff will have access to the data although they will not have access to your name. Your personal data and this consent letter will be stored at the County Extension Office. Survey data will be kept at Utah State University in a locked file cabinet in a locked room when not in use. By law, we do have to report child abuse and neglect as well as domestic violence witnessed by children. The data will be kept for the duration of the mentoring program and then destroyed.

**IRB Approval Statement:** The Institutional Review Board for the protection of human participants at USU has approved this research study. If you have any pertinent questions or concerns about your rights or a research-related injury, you may contact the IRB Administrator at (435) 797-0567 or email [irb@usu.edu](mailto:irb@usu.edu). If you have a concern or complaint about the research and you would like to contact someone other than the research team, you may contact the IRB Administrator to obtain information or to offer input.

**Copy of Consent:** You have been given two copies of this Informed Consent. Please sign both copies and retain one copy for your files.



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## MENTOR INFORMED CONSENT YOUTH AND FAMILIES WITH PROMISE

**Investigator Statement:**

"I certify that the research study has been explained to the individual, by me, or my research staff, and that the individual understands the nature and purpose and the possible risks and benefits associated with taking part in this research study. Any questions that have been raised, have been answered."

\_\_\_\_\_  
 YFP Site Coordinator

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 County Extension Agent                      County

\_\_\_\_\_  
 Date

*Kevin Kesler*  
 \_\_\_\_\_  
 Principal Investigator  
 Dr. Kevin Kesler  
 (435) 797-0930

*5/6/11*  
 \_\_\_\_\_  
 Date

*Brian Higginbotham*  
 \_\_\_\_\_  
 Co-Investigator  
 Dr. Brian Higginbotham  
 (435) 797-7276

*5/5/2011*  
 \_\_\_\_\_  
 Date

**Mentor Consent**

By signing below, I agree to participate in the program and evaluations.

\_\_\_\_\_  
 Mentor signature                                      Date

I hereby give my permission to be photographed, recorded, videotaped and/or interviewed for purposes of program presentations, brochures, and other educational and promotional literature.

(Please select yes or no and use your initials):                 Yes                 No