

## How to Slip Skins on Pears

Here are two options:

1. Prepare a boiling water bath deep enough to submerge five or six pears. Dip five or six pears in boiling water for no more than 6-8 seconds. Plunge pears into COLD WATER. Cut pears in half and core. Using a piece of coarse nylon netting, gently rub the pear skin away. (Be sure to rinse netting and pears.)
2. Place 4 to 5 pears in boiling water for approximately 15 seconds. Remove immediately; put in WARM WATER. While holding pear in the water, simply twist the skin off with your hand. After peeling, immediately drop into cold water to stop cooking.

Use a stainless steel paring knife to remove blemishes or stubborn pieces of skin. Cut in half and core. A melon baller or ½ teaspoon measuring spoon are handy for removing the core.