1. **I learned new communication skills that I will use in my relationships.**

① Yes ② No

2. **What communication skills did you learn?**

How to listen better	① Yes	② No
How to speak up	① Yes	② No
How to tell someone what I'm feeling	① Yes	② No
Other_____		

3. **I learned new skills to deal with conflict that I will use in my relationships**.

① Yes ② No

4. **What conflict resolution skills did you learn?**

How to take time out if we need time to cool off	① Yes	② No
How to explain my point of view better	① Yes	② No
How to know what the issue really is	① Yes	② No
How to work out a solution together	① Yes	② No
How to understand the other person's point of view	① Yes	② No
Other_____		

5. **Has your participation in this class improved your relationship with your children?**

① Quite a bit ② A little bit ③ Not at all

6. **If so, how did it improve your relationship?**

I learned to listen to my child better	① Yes	② No
I learned to set boundaries for my child	① Yes	② No
My child listens to me better	① Yes	② No
I can see a change in my child's behavior for the better	① Yes	② No
My child's mother/father and I are working better together so it's working better for our child	① Yes	② No
Other_____		

7. **What was the most important thing you learned in the class?**

_____
_____
_____
_____