## **CLASS EVALUATION**

## Lesson Six

## **Building Family Strengths**

Naı	ne:		Site	e (locatio	n):				
	(Please Print)								
Dat	e:		Tea	acher(s):					
fac	ease help us evaluate our program b cilitator(s). This information will help improvements. Your feedback	us kno will rem	w if the p ain confi	rogram i idential a	is meeting and will no	its object t be seen	tives and to by your fa	vill help ncilitator	us make
PA	RT A: Please mark the response that	t reflects	-			181			
		W/oo		E this cla			Now, AFT		
		Was Poor	Was Fair	Was Good	Was Excellen	ls Poor	ls Fair	ls Good	ls Excellen
1.	My knowledge of the effects of stress.	1	2	3	4	1	2	3	4
2.	My awareness of how to handle stress.	1	2	3	4	1	2	3	4
3.	My ability to identify individual and family strengths.	1	2	3	4	1)	2	3	4
PA	RT B: Please mark the response tha	t reflects	the exte	nt to wh	ich you ag Strongly <u>Dis</u> agree	ree with t <u>Dis</u> agree	he followi Neither Agree or <u>Dis</u> agree	ng state Agree	ments Strongly Agree
1.	The facilitator(s) explained the cours answered questions well.	e materia	al clearly a	and	1	2	3	4	\$
2.	The facilitator(s) was effective in get	ting peop	le to parti	cipate.	1	2	3	4	(5)
3.	The facilitator(s) cared about group r support and encouragement.	members	and offer	red	1	2	3	4	\$
4.	The facilitator(s) managed the time v	vell.			1	2	3	4	(5)
5.	The facilitator(s) drew upon his/her of that were helpful.	wn expe	riences in	ways	1	2	3	4	\$
6.	The facilities were comfortable.				1	2	3	4	(5)
7.	The handouts and activities were he	lpful.			1	2	3	4	(5)
8.	The information in the class was use	ful to me			1	2	3	4	(5)
9.	Attending this class was a good expe	erience.			1	2	3	4	(5)
10.	I have learned new knowledge and s	skills.			1	2	3	4	(5)
Paı	1			l today?					

Part D. Do you have any suggestions to make this class more helpful and/or enjoyable? (more space on back)

	0	ffice Use Only	
Class:	Cohort:	ID:	Entered:

Name:	Site (location):

(Please Print)

## Adult Post Program Evaluation Form

(To be completed at the end of the last class)

PLEASE ANSWER THE FOLLOWING QUESTIONS ABOUT YOURSELF AS HONESTLY AND ACCURATELY AS POSSIBLE. THERE ARE NO "RIGHT" ANSWERS. ALL RESPONSES WILL REMAIN CONFIDENTIAL AND WILL NOT BE SEEN BY YOUR SPOUSE/PARTNER OR THE CLASS FACILITATOR.

PA	RT A. Please mark the appropriate box.	Very Poor	Poor	Average	Good	Excellent
1.	Rate the overall quality of the Smart Steps program.	1	2	3	4	(5)
2.	Rate the overall quality of the facilitator's work.	1	2	3	4	\$
3.	Rate the overall level of participation by group members.	1	2	3	4	(5)
4	Rate the overall quality of discussions.	1	2	3	4	\$
5	Rate the overall quality of the program materials.	1	2	3	4	(5)

PART B. Please mark the boxes that reflect your opinion BEFORE and AFTER attending the Smart Steps classes.

			BF	EFORE th	is class:		Now, AFTER this class:				<u>:</u>
		Was Really False	Was False	Was Neither	Was True	Was Really True	Is Really False	Is False	Is Neither	Is True	Is Really True
1. I und deve	derstand how stepfamilies elop.	1	2	3	4	(5)	1	2	3	4	\$
	derstand what it takes to a healthy remarriage.	1	2	3	4	(5)	1	2	3	4	(5)
	ve a lot of parenting wledge and skills.	1	2	3	4	\$	1	2	3	4	\$
	derstand the legal issues ng stepfamilies.	1	2	3	4	(5)	1	2	3	4	(5)
	nmunicate well with my ner/spouse.	1	2	3	4	(5)	1	2	3	4	\$
	nmunicate well with all my dren/stepchildren.	1	2	3	4	(5)	1	2	3	4	(5)
	nmunicate well with my exner/ex-spouse.	1	2	3	4	\$	1	2	3	4	\$
	ve good conflict agement skills.	1	2	3	4	(5)	1	2	3	4	(5)
	re are a lot of positives in my ionship with my partner.	1	2	3	4	\$	1	2	3	4	\$
	re are a lot of negatives in relationship with my partner.	1	2	3	4	(5)	1	2	3	4	(5)
11. Ther famil	re is a lot of conflict in our ly.	1	2	3	4	\$	1	2	3	4	\$
12. We s	show respect for each other.	1	2	3	4	(5)	1	2	3	4	(5)

Please write anything that you think would improve the program, classes, and/or evaluation process.	
	_

	RT C. Please indicate if you agree or disagree with the owing statements.	Strongly <u>Dis</u> agree	<u>Dis</u> agree	Neither Agree or <u>Dis</u> agree	Agree	Strongly Agree
1.	The meeting site was accessible.	1	2	3	4	(5)
2.	The length and time of sessions fit well with my work/family schedule.	1	2	3	4	\$
3.	The program exceeded my expectations.	1	2	3	4	(5)
4.	I would refer this program to family and friends.	1	2	3	4	\$
5.	I have learned knowledge and skills about healthy relationships.	1	2	3	4	(5)

PART D. PLEASE ANSWER THE FOLLOWING QUESTIONS ABOUT YOUR RELATIONSHIP WITH YOUR CURRENT PARTNER/SPOUSE. IT WILL HELP US EVALUATE OUR PROGRAM.

1. On a scale from 1 to 7, how happy are you with your relationship with your current partner/spouse?										
Completely Moderately Slightly Neither Happy Slightly Moderately Completely Unhappy Unhappy Unhappy or Unhappy Happy Happy Happy										
1	2	3	4	\$	6	7				

	Do you agree with the following statements about your ationship with your current partner/spouse?	Strongly <u>Dis</u> agree	<u>Dis</u> agree	Neither Agree nor <u>Dis</u> agree	Agree	Strongly Agree
A.	My relationship with my partner/spouse is more important to me than almost anything else in my life.	1	2	3	4	\$
В.	I may not want to be with my partner/spouse a few years from now.	1	2	3	4	\$
C.	I like to think of my partner/spouse and me more in terms of "us" and "we" than "me" and "him/her."	1	2	3	4	\$
D.	I want this relationship to stay strong no matter what rough times we may encounter.	1	2	3	4	\$

3.	Regarding your current relationship	Never	Yes, in the past but not recently	Yes, recently
A.	Have you ever thought your relationship might be in trouble?	1	2	3
В.	Has the thought of getting a divorce or separation crossed your mind?	1	2	3
C.	Have you discussed divorce or separation with a close friend?	1	2	3
D.	Have you or your partner/spouse ever seriously suggested the idea of divorce or separation?	1	2	3

	How often do you and your current partner/spouse ee or disagree about	Always <u>Dis</u> agree	Frequently <u>Dis</u> agree	Equally Agree/ <u>Dis</u> agree	Frequently Agree	Always Agree
A.	Finances	1	2	3	4	(5)
B.	Dealing with family/relatives	1	2	3	4	(5)
C.	Dealing with ex-spouses or ex-partners	1	2	3	4	(5)
D.	Parenting	1	2	3	4	(5)

	Regarding your current relationship with r partner/spouse	Very Strongly <u>Dis</u> agree	Strongly <u>Dis</u> agree	Disagree	Mixed	Agree	Strongly Agree	Very Strongly Agree
A.	We have a good relationship	1	2	3	4	(5)	6	7
B.	My relationship with my partner is very stable	1	2	3	4	(5)	6	7
C.	Our relationship is strong	1	2	3	4	(5)	6	7
D.	My relationship with my partner makes me happy	1	2	3	4	(5)	6	7
E.	I really feel like part of a team with my partner	1	2	3	4	(5)	6	7

① Yes ② No		
What communication skills did you learn?		
low to listen better	① Yes	② No
low to speak up	① Yes	② No
low to tell someone what I'm feeling	① Yes	② No
)ther		
I learned new skills to deal with conflict that I will use in my     Yes     No  What conflict resolution skills did you learn?	relationships.	
How to take time out if we need time to cool off	① Yes	② No
	① Yes	② No
low to explain my point of view better low to know what the issue really is	① Yes	② No
low to work out a solution together	① Yes	② No
low to understand the other person's point of view	① Yes	② No
Other	© 103	@ 140
<ul> <li>Has your participation in this class improved your relations</li> <li>① Quite a bit</li> <li>② A little bit</li> <li>③ Not a</li> <li>If so, how did it improve your relationship?</li> </ul>		dren?
① Quite a bit ② A little bit ③ Not a  5. If so, how did it improve your relationship?		dren?
① Quite a bit ② A little bit ③ Not a s. If so, how did it improve your relationship?	t all	
	t all  ① Yes	② No
① Quite a bit ② A little bit ③ Not a s. If so, how did it improve your relationship?  learned to listen to my child better learned to set boundaries for my child	① Yes ① Yes	② No ② No
① Quite a bit ② A little bit ③ Not a S. If so, how did it improve your relationship?  learned to listen to my child better learned to set boundaries for my child My child listens to me better	① Yes ① Yes ① Yes ① Yes	② No ② No ② No