Sewing Skills Quiet Book

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**Supplies needed:**

**Cover and Handles:**
- 1/4 yd. fabric (something fun for kids).

**Pages:**
- 1/2 yd. cream or light colored fabric

**Interfacing:**
- 1 1/2 yd.

**Purse:**
- 9" x 21" fabric or fat eighth
- 8" piece cording
- 1 #4 sew on snap

**Fruit & Bag:**
- 8" x 8" Burlap or reusable grocery bag fabric
- 3" x 6 1/2" Red Felt
- 3" x 6" Orange Felt
- 4 1/2" x 4 1/2" Yellow Felt
- 8" piece cording

**Coat:**
- 8" x 7" Blanket Wool or Fleece
- 2 hooks & 2 eyes (loop)

**Life vest:**
- 19" webbing
- 7" x 8" Batting (cotton)
- 2 clip buckles
- 13" x 16" Orange rip top nylon

**Tent:**
- 1 (6") zipper
- 2" x 2" appliqué

**Shoe:**
- 5" x 8" top fabric
- 6 (3/16") eyelets
- 5" x 8" interfacing
- 8" x 10" inside fabric (inside and top inside)
- 27" shoelace

**Flowers:**
- 6"x 6" fabric (pot)
- 12" (3/8") green rick rack
- 3 coordinating buttons
- 2 (2 1/4"x 2 1/4") green silk flowers
- 2 (2 1/4" x 2 1/4") orange silk flowers
- 2 (2 1/4"x 2 1/4") purple silk flowers

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Cover instructions:
Cut 2 9" x 17 1/2" cover fabric
Cut 2 9" x 3" handles from cover fabric
Cut 2 9" x 17 1/2" interfacing
Fuse interfacing to wrong side of one side of fabric cover using manufacturer’s instructions.

Cover and handle construction:
1. Press handles in half lengthwise.
2. Open and press each side to the center fold.
3. Fold in half.
4. Topstitch 1/8" from edge on each side of handle.
5. Place handle on outside edge of the short end of cover, 2 1/2" in from the outside edges on each side.
6. Pin with raw edges matching, handle extends down onto cover.
7. Place outside cover right sides together. Sew using 1/4" seam around the edge leaving a 3" opening on the bottom. Clip corners. Turn right side out. Press.
8. Top stitch 1/8" around outside of cover.

Page instructions:
Cut 4 8 1/2" x 16 1/2" cream fabric
Cut 4 8 1/2" x 16 1/2" interfacing

Page construction:
1. Fuse interfacing to wrong side of page fabric using manufacturer’s instructions.
2. Press page in half marking center of two pages.
3. Make each of the eight pages.

Finishing Book:
1. When all pages are finished, place right sides together, sew using 1/4" seam around the edge leaving a 3" opening on the bottom. Clip corners. Turn right side out. Press. (The Match the fruit and Pack the fruit page should be in the center of the book next to each other.)
2. Top stitch 1/8" around outside of page.
3. Place cover on bottom, center first page and place page with fruit on top. Sew down center of all pages backstitch at beginning and end.
Purse Instructions:
Cut 2 Purse Body
Cut 2 Purse Pockets

1. Fuse interfacing on the wrong side of one purse body pieces, following manufacturer's instructions.
2. Layer pocket pieces with right sides together and sew across top, using 1/4" seam allowance. Turn right side out. Press.
3. Place pocket piece right sides together on interfaced body piece. Place other body piece right sides on top. Pin around outside edge.
4. Sew, using 1/4" seam allowance around outside edge leaving 3" opening at the bottom. Backstitch at beginning and end.
5. Clip curved edges and turn right side out. Pull edges out and press flat.
6. Press flap down on fold line.
7. Center purse on page. Topstitch on 1/8" from outside edge of purse around the bottom of the purse from fold line to fold line. Backstitch at beginning and end.
8. Insert cording end under folded top edge of flap at each end. Open flap and sew across fold line, sewing cording in place. Backstitch at each end.
9. Attach snap to flap and pocket.
10. Write “Snap the Flap” on page with fabric pen.
Fold
Purse Pocket
Cut 2
Leave 3" Opening

Snap Placement
Purse Body
Cut 2
Leave 3" Opening

1/4" seam allowance

Snap Placement
Fold
Snap the flap.
**Match and Pack the Fruit Instructions:**
Cut 2 Apples from Red felt  
Cut 2 Pears from Green felt  
Cut 2 Bananas from Yellow felt  
Cut 2 Grapes from Purple felt  
Cut 2 Oranges from Orange felt  
Cut 1 Pocket from burlap or reusable grocery bag

**Felt Fruit instructions:**
1. Sew a square around each square of Velcro in center of one side of each felt fruit. Zigzag around the outside of the two felt pieces of fruit.
2. Place fruit pattern on blank page and outline fruit in appropriate colors, Sew a square around each square of Velcro in center of outline fruit.

**Pocket construction:**
1. Turn under the top edge 1/4" at the top of the pocket. Edgestitch close to the folded edge.
2. Turn down the top of the pocket right sides together along the fold-line. Beginning at hem fold, stitch around sides and bottom of pocket using a 5/8” seam allowance. Backstitch at the beginning and end.
4. Press under seam allowances on the sides and bottom using the stitching line as a guide.
5. Pin pocket in place on the page. Starting at top corners, edgestitch sides and bottom of pocket, leaving top edge open. Backstitch at beginning and end.
6. Write on fruit page “Match the Fruit” with fabric pen.
7. Write on pocket page “Pack the Fruit” with fabric pen.
Hem Fold

Fruit Pocket
Cut 1

Straight of Grain

5/8” seam allowance
Pack the fruit.
Cut 2
Orange Felt

Cut 2
Purple Felt

Cut 2
Red Felt

Cut 2
Yellow Felt

Cut 2
Green Felt
Match the fruit.
Circus Tent Instructions:
Cut 2 Tent Body
Cut 2 Tent Facing
Cut 2 Tent Top
Cut 1 Tent flag from felt

Zipper Instructions for tent:
2. Extend the right-hand seam allowance out and place zipper on it face down with the coil along the seamline. The open end of the zipper at the bottom of the tent. Pin in place, if necessary.
3. Using a zipper foot, with the needle on the left side of the foot, machine-baste the outside edge of the zipper tape to the seam allowance.
4. Position the needle to the right of the zipper foot. Turn zipper face up, forming a fold in the seam allowance. Bring the fold close to, but not over, the zipper coil; pin if necessary. Stitch along edge of fold through all thicknesses.
5. Turn to the right side of tent. Lay the zipper flat on the opened seam.
6. From the right side of the tent, pin or baste across bottom of zipper, then up along the side, 3/8” to 1/2” from seamline. Position the needle to the left of the zipper foot. Topstitch the zipper starting across the bottom of the zipper and up along the side parallel to the seam, pivoting at the corner.
7. Check the back to make sure the seam is caught.
8. Remove basting stitches and press.

Facing instructions for tent:
1. Turn the bottom edge of the facing under 1/4" and sew 1/8" from the fold.
2. Place the right sides of the facing and tent together. Match seamlines and pin facing to tent pieces. Open zipper and wrap ends of facing to inside around each zipper half. Sew with a 1/4" seam allowance. Clip the curves.
3. Press seam allowance towards facing.
4. To keep facing from rolling to outside of tent, understitch facing by sewing on the right side of facing through all the layers 1/8” from the seam line.
5. Fold facing to the inside. Press.
6. To finish edges place right side of facing to right side of tent and sew a 1/4" seam on outside edge of tent. Do both sides of tent.
7. Turn and pull out the corner points. Press.
8. Tuck facing edge under by the zipper and tack in place.
Circus Tent Instructions:(continued)

Appliqué instructions for tent:
1. Sew tent top right sides together using a 1/4” seam allowance. This forms the top point of the tent. Leave the bottom end of tent top open. Clip corner to reduce bulk. Turn and press.
2. Place the tent top point down centered on the tent body with the raw edges together. Sew with a ¼” seam allowance.
3. Press the seam up towards the tent top. Fold the unfinished side seams of the tent 1/4”. Press.
4. Place tent on the page and topstitch ¼” from fold on the sides and top leaving the bottom open.
5. Place flag on top of tent and zigzag using a satin stitch to make a pole.
Straight of Grain

Tent Body
Cut 2

1/4" seam allowance

Tent Facing
Cut 2

1/4" seam allowance

Tent Top
Cut 2

1/4" seam allowance

Tent Flag
Cut 1
Zip the tent
**Shoe Instructions:**
Cut 1 shoe inside fabric
Cut 1 shoe top inside fabric
Cut 1 shoe top outside fabric
Cut 1 shoe top fusible interfacing

1. Place interfacing rough side (fusible side) to wrong side of shoe top. Place right sides together. Sew all around edge of shoe top using ¼" seam allowance.
2. Place right sides of shoe tops together, pin around slit and center of shoe. Sew around center of shoe top using ¼" seam allowance.
3. Clip corners and curves. (May use pinking shears on center curves.)
4. Turn right side out and press.
5. Place wrong side of shoe inside on right side of shoe top. Pin around outside. Sew around outside of shoe with ¼" seam allowance. Clip curved edge or trim with pinking shears.
6. Turn right side out. Press.
7. Insert eyelets on each side of shoe opening.
8. Place shoe on page. Topstitch shoe in place next to outside edge.
9. Lace with shoelace.
10. Write “Tie the Shoe” on page with fabric marker.
1/4" seam allowance

Shoe Top
Cut 2 Fabric
Cut 1 Interfacing

1/4" seam allowance

Straight of Grain

Shoe Sole
Cut 1 Fabric

1/4" seam allowance

Straight of Grain
Tie the shoe.
**Jacket Instructions:**
Cut two jacket pieces from blanket wool or fleece.

1. Finish all outside edges with zigzag, if needed.  
2. Center jacket pieces on page of book.  
3. Top 1/8" from edge across shoulder, sleeve and side seam.  
4. Leave bottom and neck edges free, on both pieces.  
5. Backstitch at beginning and end.  
6. Place hooks and eye on jacket.  
7. Sew hook and eye on using a blanket stitch.  
8. Write “Fasten the Hooks” on the page with fabric pen.

**Life Vest Instructions:**
Cut 4 vests from rip stop nylon  
Cut 2-4" pieces webbing  
Cut 2 vests from batting  
Cut 2-5" pieces webbing

1. Place batting on wrong side of right and left sides of vest pieces.  
2. Machine quilt batting to front vest pieces with straight horizontal lines.  
3. Place lining on top of vest fronts, right sides together.  
   Pin outside edges.  
4. Sew 1/4" seam allowance around outside edge of both vest fronts, leaving side seams open.  
5. Trim corners and clip curved edges, turn right side out through side seams.  
7. Use two 4" pieces of webbing for stationary clip piece.  
8. Thread webbing and fold back 1/2" from end. Sew across webbing and backstitch or sew a square.  
9. Place webbing with clips on life vest side seams according to placement page.  
10. Place five inch pieces of webbing on other side according to placement page.  
11. Zigzag side seams to finish seams and hold webbing in place.  
13. Sew 1/8" from edge on shoulder seams and side seams back stitch beginning and end.  
14. Adjust the five inch webbing in adjustable clip so that jacket meets in the center.  
15. Write “Buckle the Vest” on page with fabric pen.
Coat
Cut 2

Life Vest
Cut 4 Rip Stop Nylon
Cut 2 Cotton Batting

1/4" seam allowance

Straight of Grain

Straight of Grain
Fasten the hooks.
Buckle the vest.
**Flower Pot Instructions:**
Cut 1 flower pot pocket
Cut 3 leaves from green felt

1. Place two silk flowers together, determine length of buttonhole and mark with a pin at beginning and end of buttonhole.
2. Make a buttonhole in center of each flower using sewing machine directions.
3. Place rick rack on page and sew down center, backstitch at beginning and end.

**Flower Pot Pocket construction:**
1. Turn under the top edge 1/4” at the top of the pocket. Edgestitch close to the folded edge.
2. Turn down the top of the pocket right sides together along the fold-line. Beginning at hem fold, stitch around sides and bottom of pocket using a 5/8” seam allowance. Backstitch at the beginning and end.
4. Press under seam allowances on the sides and bottom using the stitching line as a guide.
5. Pin pocket in place on the page. Starting at top corners, edgestitch sides and bottom of pocket, leaving top edge open. Backstitch at beginning and end.
7. Write “Button the Flowers” on page with fabric pen.
Cut 3
Green Felt

Hem Fold

Straight of Grain

Flower Pot
Cut 1

5/8 " seam allowance
Button the flowers.