



MILLARD COUNTY 4-H NEWSLETTER

January/February 2011

Leadermete

2011 Leadermete Prepare 4 Take Off

Washington County will be hosting the 2011 Leadermete in St. George. Preparations are well underway for 2011. 4-H Leadermete (March 17-19) to be held in sunny St. George. Everyone is encouraged to visit the leadermete Blog and become a follower. This will enable you to receive email updates as important information and money saving tips are posted. It is easy to do! Please visit :

<http://leadermete2011.blogspot.com/>

Registration begins January 1st, 2011

If you are interested in attending a fun and informative 3 day conference contact the Extension Office. Don't hesitate or it may be full and you will miss out on the great opportunity to receive new fun ideas that will help you with your 4-H experiences.



Teen Winter Retreat

April 8, 9 2011 is the date for all of the teens in Southwest Utah to meet for a week end full of fun, service and leadership training.

Millard County has 5 Ambassadors that are working with Ambassadors from all the other southwest counties to plan and organize this great week-end. They are :

Alicia Banks
Amanda Camp
Ashlie Dearden
Allyson Harris
Easton Richardson

Teen Council Youth Excel

2011 will see two of Millard County's youth attending competitions in Denver and Washington DC.

Shaye Callister will be attending Western Roundup in Denver Colorado where she will be competing with her demonstration on making delicious rolls.

Amanda Camp will be going to Washington DC with her Congress Interview.

Good luck girls!!!



County Contests

County contests give youth opportunities to display their talents and learn valuable skills. Each 4-H club will give the members a chance to demonstrate the skills they are learning to the other members during their regular club dates. This will prepare them for County Contests that will be held in the Spring and early Summer.

Incentives: Those ,14 and older, who win on the County level will be able to attend State Contests held three days in July at Utah State University.

Awards given to all those who participate on the County level.

If you can think it, you can demonstrate it.

Millard County Extension Office has all the information you need to get started!!!!

MILLARD COUNTY EXTENSION WEB SITE

Keep connected and updated on activities, events, and information with 4-H through the Extension web site: extension.usu.edu/Millard

Check often to keep updated on any changes in date, time or place of clubs or events!!

Remember to re-register for the 2010-2011 4H year!!!!

USU Extension
83 So. Manzanita Ave.
Delta, UT 84624

Other Contact Information:

Phone: 435-743-5412 or 435-864-1480

Fax: 435-743-4221 or 435-864-1488

E-mail: millardextension@usu.edu

Check us out on the web:

<http://extension.usu.edu/millard>

Upcoming Events



January

- 4 Delta Craft Club 3:15 @ Extension Office
- 5 Fillmore Craft Club 4:00 @ Commission Room
- 10 Delta International Club 3:15 @ Extension Office
- 11 Fillmore International Club 3:30 @ Commission Room
- 12 Fillmore F\$ SNAP Ed/4H Cooking & Nutrition 3:15 @ Legion. Hall
- 12 Delta Teen Council Meeting, make birthday bags
- 13 Delta Writing club 3:15 @ Extension Office
- 17 Delta Photo Club 3:15 @ Extension Office
- 20 Delta F\$ SNAP Ed/4-H Cooking & Nutrition Class 3:15
- 21-22 Winter Teen Retreat, Aspen Grove

February

- 1 Delta Craft Club 3:15 @ Extension Office
- 2 Fillmore Craft Club 4:00 @ Commission Room
- 7 Delta International Club 3:15 @ Extension Office
- 8 Fillmore International Club 3:30 @ Commission Room

- 9 Delta Teen Council:3:00 Valentine cookie giving
- 16 Fillmore F\$SNAP Ed/4H Cooking & Nutrition 3:15 @ Legion Hall
- 21 Delta Photo Club 3:15 @ Extension Office
- 24 Delta F\$SNAP Ed/4H Cooking & Nutrition Class 3:15

March

- 1 Delta Craft Club 3:15 @ Extension Office
- 2 Fillmore Craft Club 4:00 @ Commission Room
- 17-19 4-H Leadermete in St. George

Contact Kristine Camp for dates and time for Fillmore Teen Council meetings.

Fillmore Quilt Camp

Pat Sanderson and other ladies in the Quilt Guild have volunteered to work with the 4H teaching a quilt camp. We need to know who is interested and what dates would work best. We need people who are willing to support and attend Quilt Camp. Please let the Extension Office know if you are interested so that the camp can continue. If you want your child or children to attend quilt camp, let it be known by attending a meeting on **January 6, 2011 @ 3:30** at the Commission room. If you have a child 9 years or older 4-H Quilt Camp is an excellent way for them to learn quilting skills. We have the help to teach and need your support to keep the art of quilting alive.

4-H Awards Night

4-H volunteers and members were honored for all that was accomplished this last year at the annual awards night on November 4th. It was a very successful evening with 130 enjoying a banquet and honoring those who have accomplished so much this year.

Jim Stevens was given special recognition for his many, many years of service to Millard County youth. Dezzie Probst's friends and family gathered to thank her for 50 years of volunteer service to the 4-H youth. She has taught many youth many skills and plans to continue to volunteer.

Searching 
for

 Alumni & Friends of 4-H

Go 

[Members](#) [Leaders](#) [Parents](#)

Utah 4-H will celebrate our 100th birthday in 2012! The Utah 4-H Centennial celebration will include many local and statewide 4-H events including a walk, run, bike fun day.

In preparation for this wonderful celebration, we have kicked off our 4-H Alumni Identification Campaign to help us reconnect with adults who were 4-H club members as children. We encourage you to register as an alumnus so we can keep you informed of all the events and activities. You will receive a "4-H Alumnus" car window decal just for registering so you can show your 4-H pride.

Thanks for helping Utah 4-H continue to *Make the Best Better!*
Registration forms are available at the
Millard County Extension Offices

4-H ACTIVITIES

Pre-Registration is required for each 4-H activity so that enough supplies can be obtained. Drop by the Extension Offices or call: 743-5412 / 864-1480

**** Dates, times, and activities are subject to change
Check the 4-H web site often and on the day of the activity for up to date information: <http://extension.usu.edu/>**

REMEMBER!!!!!!

A new year began for 4H in October Clubs, Leaders & Members need to register to start the new year. You can pick up a registration form at the Extension Office or go on line at <http://extension.usu.edu/>

Creative Writing Club

Have you always wanted to be a more creative writer? Here is an opportunity to improve your writing and learn some creative techniques to make your writing come alive.

Kids will use the five senses with the "brown bag" activity and learn how to put imagination into their writing. Don't miss the fun, laughter and good treats for this activity.

Thursday, January 13th will be the first meeting Teresa Thompson has volunteered to teach.

Come and be a part!!

Fillmore's writing club is already meeting. Call the Extension Office if interested.

Put 4-H into your 2011 Goals.

Learning, growing and developing self-esteem and self-confidence are important goals of the 4-H program. One way for youth to accomplish these goals is to set their own personal 4-H goals.

Goal setting by the individual enhances learning and the development of self-esteem and self-confidence.

4-Her's who set their own goals:

- develop a higher level of problem-solving skills.
- begin to accept mistakes as part of learning rather than looking at mistakes as failures.
- gain confidence and experience success, no matter how small, thereby developing self-esteem.
- are able to experience success building on success.
- learn that they are appreciated for who they are, not just for what they do, or what they "win" when recognized for achieving individual goals.

As you set your New Year goals, consider being a part of the 4-H program and help the youth in our community meet their goals and develop into productive citizens.

Check out the list on the next page as to the possibilities of 4-H volunteer involvement.

Community Extension Clubs & Camps

This year Millard County 4-H will be offering the following community clubs and camps:

1. Sewing Camps which will be held in June
2. Quilt Camp held in July in Delta
Quilt Camp held in February in Fillmore
3. International Club
4. Monthly Craft Club
5. Shooting Sports
6. GPS
7. Wilderness Fun Day
8. A possibility of a Day Camp
9. Leather work
10. Scrapbooking

Volunteers are needed to help these programs to run. If you are interested in helping with one or a few please let the Extension Office know. 743-5412 / 864-1483

*Dates & times will be set by the Presidency, club members and leaders.

Check the 4-H website <http://extension.usu.edu/millard>



Neighborhood & Family Clubs

Millard County youth have a variety of interests that cannot be met by the 4-H staff. Please seriously consider forming a 4-H club to help your children and their friends develop their interests.

WHAT KIND OF CLUB COULD YOU HAVE?

Clubs can be either general 4H clubs or they can focus on interest topics, such as the environment, pets, photography, or other 4H subject areas. They can be organized in a variety of ways:

- **Neighborhood Club**-Youth & families in the neighborhood
- **Community Club**-Youth & families in the same or nearby communities
- **Interest or Project Club**-Young people who want to learn about a specific interest or project
- **Cloverbuds**-Families who live close together and have children who are not in 3rd grade or 8 years old as of October 1 of the current year.
- **Home School Group**-Families who educate their children at home
- **Community Service Club**-Youth who want to concentrate on doing community service projects in their communities, schools, etc.
- **Virtual Club**-Families and Youth who form a club through online computing
- **Other**-Any group of youth who want to come together to form a club

BE CREATIVE!

We, at the Extension Office, can assist any club in anyway. Training, resources, facilities supplies and whatever else is needed to help, is available.

Clubs Already Up and Going:

These clubs are a community club and would love to have others join their fun. For more information contact the club leader.

<i>Club</i>	<i>Leader</i>
• Monthly Fillmore Craft_____	Extension Office 743-5412
• Monthly Delta Craft_____	Extension Office 864-1480
• Photography Club_____	Kathy Wilson 846-2022
• Theater Club_____	Loreen Bliss 864-4335
• Swedish Weave Club_____	Kari Mitchell 864-2753
• Fun with Science_____	Kari Mitchell 864-2753
• Creative Writing Club_____	Teresa Thompson 864-4770
• Expressive Art Club_____	Iva Lou Zeigler 795-2261

There are also several Family and Neighborhood Clubs in the County. They are doing an excellent job.

There is an interest in a Cloverbud group beginning. Let the Extension Office know if this is something that you would like to participate in and have your children involved in.



Teen Council

Teen Council and Jr. Teen Council is open to youth 12 years and older. Their focus is on building leadership skills and community service projects. Teens meet once a month at the Extension Offices.

Call 743-5412 or 864-1480 and drop into the office to fill out registration forms.

January: Birthday Bags for food bank

February: Valentine giving

SW Region Ambassadors Important Dates to Remember:

Jan. 17—3rd training

Feb. 19—Finalize Retreat

April 8-9-Teen Retreat



Horse Program

Practice is every Thursday in Delta and Fillmore at the indoor arena .

Contacts:

Darla Yates	435-864-4775	In Delta
Kim Bendall	801-367-1656	In Fillmore



Beef Tagging/Weigh-In

January 8, 2011

It is Time to Tag your Beef!!

Four places, Four times.

1. Scipio town corrals 9:00 am—10:00 am.
2. Holden town corrals 10:00 am—11:00 am
3. Bassett's scale in Sutherland 11:00 am—1:00 pm
4. McPherson's scale in Leamington 11:00 am—1:00 pm