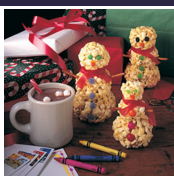


MILLARD COUNTY 4-H NEWSLETTER

January/February 2012



Popcorn Snowmen
Source: Family Fun

- 15 cups popped popcorn
- 1 stick of butter or margarine
- Two 10 oz. packages marshmallows
- 1/4 cup confectioner's sugar
- Pretzel sticks
- Raisins
- Candy corn
- Mini jawbreakers
- Gumdrops or red hots
- Fruit leather

Open House (Farewell) for Darlene Scott

Darlene Scott has worked in Millard County with the 4-H for over 12 years. She has been creating crafts, leading sewing and quilt camps and sharing her many talents with 4-H youth in all of Millard County. She will be leaving 4-H and Millard County Extension at the end of 2012. There will be an open house at the Millard County Recreation/Extension office in Delta on Monday, January 9th from 4:30 to 6:30pm. Everyone is invited to come and say "Thank You" to Darlene and wish her well on her next adventure. Darlene and her love for 4-H have been a great part of making the 4-H program in Millard County thrive. Thank you Darlene for all you have done!

Put the popcorn in your largest mixing bowl and set aside. Melt the butter or margarine in a nonstick saucepan over medium-low heat. Add all the marshmallows to the pan, stirring continually with a wooden spoon until they're completely melted. Pour the mixture over the popcorn and stir to coat evenly. As soon as the marshmallow is cool enough to touch, rub a little butter or margarine in your hands and make popcorn balls (about 1 cup of popcorn per ball).

Build and decorate your snowmen on sheets of waxed paper. For each one, stack three popcorn balls atop each other. Push pretzel-stick arms into the sides of the middle popcorn ball. Add raisins for eyes and a candy corn for a nose. Arrange a row of mini jawbreakers into a broad grin. For buttons on the snowman's chest, use gumdrops or red hots.

If your popcorn balls aren't sticky enough to hold the decorations, mix up a small batch of stiff white icing by adding water, a few drops at a time, to 1/4 cup confectioners' sugar and stirring until smooth. Use this to glue the candy in place. For snowmen's scarves, cut rectangles out of fruit leather and fringe the ends. Makes 5 snowmen.

MILLARD COUNTY EXTENSION WEB SITE

Keep connected and updated on activities, events, and information with 4-H through the Extension web site: extension.usu.edu/Millard
Check often to keep updated on any changes in date, time or place of clubs or events!!

Understanding...

"We have all heard the expression that our world is shrinking. To a large extent, the strength of our economy depends on our ability to do business with countries in other parts of the world. To stay competitive in the world market, the United States must design products that meet the needs of people from other cultures. In addition, we must develop strategies for marketing those products to other countries. Such activities bring diverse peoples to the planning and negotiating table. If we want to sell our products and make profitable business deals with people from other countries, it only makes good business sense to develop an understanding and appreciation of their cultures—their languages, needs, wants, and customs." Source: <http://extension.usu.edu/diversity/htm/dimensions-of-diversity> An Overview



USU Extension
83 So. Manzanita Ave.
Delta, UT 84624

Address Service Requested

Other Contact Information:

Phone: 435-743-5412 or 435-864-1480

Fax: 435-743-4221 or 435-864-1488

E-mail: millardextension@usu.edu

Check us out on the web:

<http://extension.usu.edu/millard>

Check us out on the Facebook:

Millard County—Utah State University Extension

"Utah State University is an affirmative action/equal opportunity institution."

Upcoming Events



January

- Delta We Be Sheep TBA
- 5 Fillmore 4-H Open House in Commissioners Room 10-4:00 pm—Come sign your kids up for 4-H ... also looking for Volunteers!
- 5 Delta Swedish Weave 3:00 pm
- 6 Fillmore Friday 4-H
- 7 Beef Tagging Delta 11-12:00 @ Dennis Anderson Holden 9:30-10:30 @ Ben Hunter
- 9 Jr. Ambassador 3:00-4:00 @ Fillmore Library
- 9 Darlene Scott Farewell @ Delta Extension 4:30-6:30
- 11 Fillmore F\$ SNAP Ed/4-H Cooking & Nutrition class 3:15 pm @ Legion Hall
- 12 Delta Science Club 3:00 pm @ Extension
- 20 Fillmore Friday 4-H
- 20-21 Teen Winter Retreat
- 25 Delta Creative Writing Club 3:00 pm
- 26 Delta F\$ SNAP Ed/4-H Cooking & Nutrition class 3:15 @ Extension

- 26 Fillmore Sew Happy Stitches

February

- Delta We Be Sheep TBA
- 2 Delta Swedish Weave 3:00 pm
- 3 Fillmore Friday 4-H
- 6 Jr. Ambassador 3:00-4:00 @ Fillmore Library
- 8 Fillmore F\$ SNAP Ed/4-H Cooking & Nutrition class 3:15pm @ Legion Hall
- 9 Delta Science Club 3:00 pm @ Extension
- 17 Fillmore Friday 4-H
- 22 Delta Creative Writing Club 3:00 pm
- 23 Delta F\$ SNAP Ed/4-H Cooking & Nutrition class 3:15 @ Extension
- 23 Fillmore Sew Happy Stitches

**Centennial
Celebration
July 12-14, 2012**



Bobbette White- 4-H Coordinator

January/February 2012

Hello everyone,

The State Attorney General's Office would like us to help get the word out about the Utah Child Protection Registry.

The Utah Child Protection Registry is a unique program that empowers families to stop adult advertisements from reaching their children's e-mail addresses, mobile phone numbers, and instant messenger IDs. The free program is administered by the Division of Consumer Protection and enforced in conjunction with the State Attorney General's Office.

The State Attorney General's Office has made the following statement regarding 4-H:

"4-H has been mentoring Utah's youth for almost 100 years, and not only does Utah 4-H offer children a place to create, learn and have fun, but they provide communities with valuable resources to help protect family values. One program I support and encourage Utah families to participate in, is the Utah Child Protection Registry. The Registry was created to give families a tool to stop adult product advertisements like alcohol and tobacco from reaching their children's inboxes. Please take the time to learn about the Utah Child Protection Registry by getting information from your local 4-H office or by visiting www.utah4h.org."

The Utah Child Protection Registry is not a spam filter or a service that "blocks" unwanted messages. Companies and marketers are prohibited from sending messages for products or services that are illegal under Utah law for minors to purchase. These include but are not limited to alcoholic beverages and products, tobacco products, pornographic materials, and/or gambling services.

For more information or to register today, go to www.donotcontact.utah.gov. The link is on our homepage under the Volunteers and Parents tab.

Kevin C Kesler

Director of 4-H and Youth Programs

REGISTER FOR 4-H!!!!

It's time to register for 4-H again. Each member needs to register every year. Each time you register it signs you up to receive the newsletter and to begin a new year in 4-H. We must have your registration on file in order for you to participate in 4-H for the 2011-12 year. We plan to have some fun things coming up so don't miss out. You can print the registration form online or come into the office to get one. <http://www.utah4h.org/html/general-forms>. We look forward to seeing you soon.



Volunteers and Parents

Why Volunteer?

4-H is FUN!

Most people volunteer for 4-H because they enjoy working with kids.

To make a positive contribution to youth.

So that a young person's future can be shaped in the positive environment of 4-H, recognizing that young people are the future.

To obtain training from USU Extension in youth and leadership development.

For your personal development in skill areas pertaining to projects, leadership, teaching, and organization.

A Parent's Role in 4-H

Your child needs your encouragement to get them started in 4-H and to keep them involved in the program through their teen years. You can help if you:

Share: Take interest, look, listen and offer suggestions, but avoid the temptation to "take over" and do things yourself.

Prepare: Help your child value having their projects, duties, and presentations done right and on time.

Be There: Parents are part of 4-H, too. You are welcome and very needed. Lend a hand where you can. Volunteer!

Care: Support your child's participation and abide by the policies set by the 4-H Youth Development Program.

YFP/4-H Mentoring

4-H Mentoring is going strong. We have 46 students from Delta High School that are going mentoring. We appreciate their efforts. 4-H is held every month on the 2nd Tuesday at 3:00 at the activities center. Family night out is usually held on the 3rd Thursday unless it conflicts with other activities. It is a fantastic program to be involved in. If your child could use a little extra help in a subject at school or if you have a child that will mentor from the high school, help them get involved by calling Margaret Dutson at 864-4590. We would also like to thank the administration of the schools for helping us out and allowing us to have such a fun program come into our schools.



Delta Swedish Weave Club

Beginning & Intermediate Swedish Weavers will be meeting the 1st Thursday of each month. New projects will be taught by Kari Mitchell. Adults and kids are welcome to come learn this art.

Dates: January 5 3:00pm Extension Office
February 2 3:00pm Extension Office

Ages: 8 and up

Cost: Purchase own supplies. Supply list at the Extension Office or from Kari Mitchell.

Delta Science Club

The place to be the second Thursday of every month is at the Extension Office where all kinds of fun will be going on with Science...

Dates: January 12 3:00pm Extension Office
February 9 3:00pm Extension Office

Ages: 8 years and older

Cost: TBA...depends on each project and supplies needed. It is important to know who will be at each club so that the supplies needed for each science project can be available for all.

Call the Extension Office or come in to register.

Delta Creative Writing Club

4-H Creative Writing Club will be the 4th Wed. of each month beginning in January at the Tech. There is no cost. It is at 3:00 pm. Here is an opportunity to improve your writing and learn some creative techniques. Please call the Extension office to sign up. 864-1480

Jr. Ambassador Corner

Start your new year off right and come to the East Millard 4-H Jr. Ambassador's meetings. Jr. Ambassadors is for the 5th through 8th grade age group. At our club meetings we learn leadership skills, meet new friends, and have various activities. Oh, and we have lots of fun! If you are interested in getting involved contact Mitch Condie @ 864-2872.

4-H has so many fun and learning opportunities for teens in our area. January 20-21st, 2012, is the 4-H Teen Winter Retreat, GOT COWS?, at Aspen Grove (up Provo Canyon). It is for grades 9-12. At this winter retreat, teens will be learning about finding an eight cow relationship. There will be workshops, activities, and lots of fun! Sign ups for this retreat have already taken place, but watch for other activities and retreats that are upcoming in 4-H. Don't miss out!

Mitch Condie
State 4-H Ambassador



Fillmore Friday 4-H

We are starting the New Year off with a new program called ... Friday 4-H!

Who: Ages 8 and up

What: Crazy Creations ... Tasty Treats ... Variety

Where: Fillmore Armory

When: 1st and 3rd Fridays Time: 1:30-3:00 pm

Cost: \$3 per Friday

Crazy Creations ... will be creating fun crafts for that month.

Tasty Treats ... will be making tasty treats that will be either sweet and/or healthy.

Variety ... each month we will be featuring a new hobby such as; learning about GPS, working with beads, scrapbooking, Science, Robotics, fitness, and etc. We will be having people from the community to come and help teach us these fun skills. Any adult interested in volunteering in these activities...We welcome you to come join us. We ask that you call and register for this activity as we want to have enough supplies for everyone.

Fillmore Sew Happy Stitchers

The Fillmore Sewing Club has a new name and day. We are learning basic sewing skills. *January 26th* is our kick off date for the New Year. The Club will then be held every 4th Thursday. Please call the Extension Office to register for this Club as space is limited. The cost for this club will be the material and supplies you will need for your project. If you have any questions, please call the Extension Office @ 743-5412 and ask for Bobbette.



Portfolios

A portfolio is an organized collection of a person's progress, achievements, contributions, and efforts that demonstrate accomplishments over time. Portfolios can be used when applying for scholarships. They also must be turned in when applying to attend National 4-H Congress in Atlanta, Georgia.

Portfolios for State Competition are due in the State Office by February 15th!!

We have Portfolios available at the Extension Offices in Delta and Fillmore for purchase.