A VALUE-FOCUSED PROGRAM  
THE 4-H VALUES

**HEAD**
MANAGING, THINKING
“...my head to clearer thinking...”

**HANDS**
GIVING, WORKING
“...my hands to larger service...”

**HEART**
RELATING, CARING
“...my heart to greater loyalty...”

**HEALTH**
BEING, LIVING
“...my health to better living...”

A FAR-REACHING PROGRAM
MEMBERSHIP

**UTAH**
OVER 75,500 MEMBERS
OVER 9,500 TEEN AND ADULT VOLUNTEERS

**NATION**
OVER 7 MILLION MEMBERS
OVER 500,000 TEEN AND ADULT VOLUNTEERS

**ALUMNI**
MORE THAN 60 MILLION ALUMNI

AN ALL-ENCOMPASSING PROGRAM
ENROLLMENT IN SPECIFIC PROJECT AREAS [IN UTAH]

OVER 200 PROJECT AREAS

- 3,250 PERSONAL DEVELOPMENT
- 8,418 ANIMALS
- 2,482 POULTRY SCIENCE AND EMBRYOLOGY
- 82,572 4-H SCHOOL ENRICHMENT PROGRAMS
- 2,837 HORSE AND PONY

A LIFE-CHANGING PROGRAM
YOUTH ENGAGED IN 4-H ARE...

- **2X** MORE LIKELY TO PLAN TO GO TO COLLEGE
- **2X** MORE LIKELY TO PURSUE POSTSECONDARY EDUCATION
- **2X** MORE LIKELY TO GET BETTER GRADES IN SCHOOL
- **41%** LESS LIKELY TO ENGAGE IN RISKY BEHAVIORS
- **25%** MORE LIKELY TO CONTRIBUTE TO THEIR FAMILIES AND COMMUNITIES
- **2.3X** MORE LIKELY TO EXERCISE AND BE PHYSICALLY ACTIVE

A LEGACY-LEAVING PROGRAM
FAMOUS 4-H ALUMNI

<table>
<thead>
<tr>
<th>ORVILLE REDENBACHER</th>
<th><strong>DAVID LETTERMAN</strong></th>
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<tbody>
<tr>
<td>American Businessman</td>
<td>Television Host and Comedian</td>
</tr>
<tr>
<td>Popcorn Enthusiast</td>
<td>One of TV Guide’s 50 Greatest TV Stars of All Time</td>
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<tr>
<td>JENNIFER NETTLES</td>
<td><strong>REGGIE WHITE</strong></td>
</tr>
<tr>
<td>Singer-Songwriter</td>
<td>NFL Football Player</td>
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<tr>
<td>Grammy Award Winner</td>
<td>One of the Most Decorated Players in NFL history</td>
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Utah State University COOPERATIVE EXTENSION