

Be Thrifty and Thrive: Resources

With these tough economic times, how can we utilize the resources around us to make ends meet and make our money last till the end of the month? How can we teach youth and teenagers to live on less and like it? Using the resources listed here along with the other class handouts will enable you to help others of all ages cut costs, slash expenses, go green, live on less, make ends meet and ultimately be thrifty and thrive.

<http://extension.usu.edu/utah/files/uploads/Finance/THE%20BEAN%20GAME.pdf>

<http://financeintheclassroom.org>

[http://www.extension.org/pages/Money Talks: Web Site for Teens](http://www.extension.org/pages/Money_Talks:_Web_Site_for_Teens)

<http://www.atg.wa.gov/teenconsumer/>

<http://senseanddollars.thinkport.org/>

<http://www.themint.org/index.html>

<http://moneytalks4teens.ucdavis.edu/>

<http://utahsaves.org>

<http://utah4h.org/htm/resource-library/resource-materials/by=category/category=311>

<http://utah4h.org/htm/resource-library/resource-materials/by=category/category=312>

<http://utah4h.org/htm/resource-library/resource-materials/by=category/category=261>

http://utah4h.org/files/publications/publication/pub_3783530.pdf

<http://extension.usu.edu/finance>

<http://savingyourfuture.org>

www.mypyramid.gov

<http://snap.nal.usda.gov>

<http://recipefinder.nal.usda.gov>

<http://teammnutrition.usda.gov/Resources/eatsmartmaterials.html>

www.usda.gov/cnpp

<http://extension.usu.edu/juab>

<http://extension.usu.edu/energyconsumer/>

<http://forbetterlife.org>

<http://www.thesimpledollar.com/onepage/>

<http://www.p3international.com/products/special/P4400/P4400-CE.html>

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