

Pre-Test
Milk and Dairy Group Lesson

Name: _____

Circle the Correct Answer

1) How many servings of milk or milk products should you have each day?



a. One



b. Two



c. Three



d. Five

2) What is a food from the dairy group?



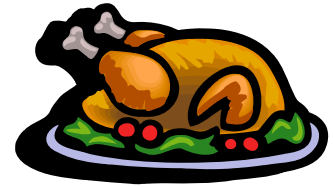
a. Corn



b. Rice

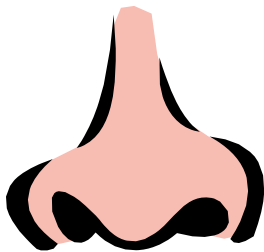


c. Yogurt



d. Turkey

3) What part of your body gets strong when you drink milk?



a. Nose



b. Bones



c. Hair



d. Hands