

Pre-Test
Snacks Lesson

Name: _____

Circle the Correct Answer

1) What food is a healthy choice for a snack?



a. Apple



b. French Fries



c. Chips

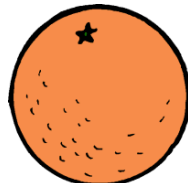


d. Cupcake

2) Which of the following snack is from the grain group?



a. Yogurt



b. Orange

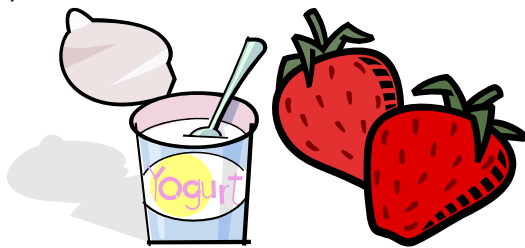


c. Crackers

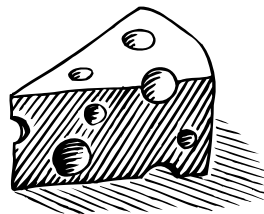


d. Carrot

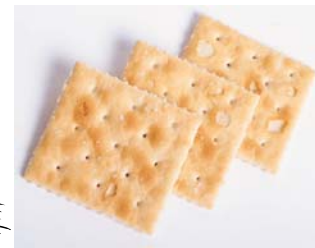
3) Which food items would **NOT** be a healthy snack choice?



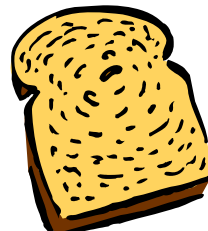
a. Yogurt and Strawberries



b. Cheese and Crackers



c. Ice Cream and Gummy Bears



d. Toast and Banana

