

Post-Test
Menu Planning and Shopping Lesson

Name: _____

Circle the Correct Answer

1) One way to save money is to _____?



a. Spend it fast



b. Lose it



c. Plan your meals



d. Buy food you didn't plan to buy

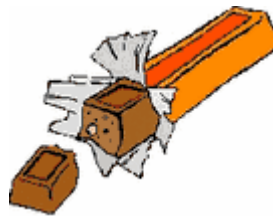
2) Which of the following is a good idea to eat for dinner?



a. Colorful Vegetables



b. Soda



c. Chocolate Bar



d. French Fries

3) You will usually buy **less** when you _____?



a. Eat before shopping



b. Eat out at restaurants



c. Go shopping hungry



d. Forget Shopping List