

Post-Test2
Breakfast Lesson

Name: _____

Circle the Correct Answer

1) What food is **NOT** good for you to put on your shopping list for breakfast?



a. Milk



b. Banana



c. Cereal

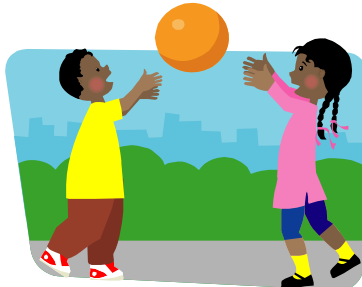


d. Potato Chips

2) Skipping breakfast can make you _____?



a. Grumpy



b. Have energy to play



c. Think



d. Have energy to work

3) What is a healthy food to eat for breakfast?



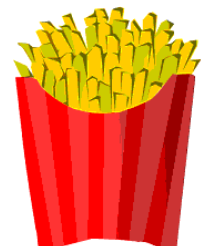
a. Pastries



b. Oatmeal



c. Donuts



d. Fries