

# Healthy Pantry Snapshot: An Assessment Tool

\*\*slightly adapted from Oregon Food Bank Assessment Tool

Reviewer (NEA): \_\_\_\_\_ County: \_\_\_\_\_

Pantry: \_\_\_\_\_

Pantry Contact Name: \_\_\_\_\_

Date: \_\_\_\_\_

Check one:

First visit

Follow-Up Visit

<p><b>Healthy Food Pantry Initiatives Goal: Increase the accessibility, distribution, and consumption of healthy foods through the adoption of strategies that support up to 5 objectives in emergency and supplemental food distribution settings.</b></p>	
<p><b><u>Objective 1: Increase client choice</u></b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Hosts a shopping style/client choice pantry</li> <li><input type="radio"/> Incentivizes healthy food options</li> <li><input type="radio"/> Increases distribution of whole grains and dry beans</li> <li><input type="radio"/> Increases distribution of produce</li> <li><input type="radio"/> Other:</li> </ul>	<p>Rating</p> <p>1 (0-2 strategies)</p> <p>2 (3-5 strategies)</p> <p>3 (6+strategies)</p> <p>Notes:</p>
<p><b><u>Objective 2: Market healthful products</u></b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Thumbs Up materials visible</li> <li><input type="radio"/> MyPlate materials visible</li> <li><input type="radio"/> Offers healthy food</li> <li><input type="radio"/> Offers health/diet related support material</li> <li><input type="radio"/> Promotes other supplemental food programs in the area</li> <li><input type="radio"/> Other:</li> </ul>	<p>Rating</p> <p>1 (0-2 strategies)</p> <p>2 (3-5 strategies)</p> <p>3 (6+strategies)</p> <p>Notes:</p>
<p><b><u>Objective 3: Emphasize fruits, vegetables, whole grains</u></b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Emphasize clients having access to a variety of fruits and vegetables</li> <li><input type="radio"/> Has an onsite garden or accesses other gardening opportunities</li> <li><input type="radio"/> Emphasizes scratch cooking through distribution of meal components (i.e.: meal-in-a-bag)</li> <li><input type="radio"/> Other:</li> </ul>	<p>Rating</p> <p>1 (0-2 strategies)</p> <p>2 (3-5 strategies)</p> <p>3 (6+strategies)</p> <p>Notes:</p>

<p><b>Objective 4: Promote additional resources</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Provides information on SNAP, WIC, SNAP-Ed, or other low-income resources</li> <li><input type="radio"/> Distributes product-specific recipes to clients at least once a quarter</li> <li><input type="radio"/> Provides gardening materials (e.g. community garden opportunities, plant starts, etc.)</li> <li><input type="radio"/> Distributes affordable health care information</li> <li><input type="radio"/> Other:</li> </ul>	<p>Rating</p> <p>1 (0-2 strategies)</p> <p>2 (3-5 strategies)</p> <p>3 (6+strategies)</p> <p>Notes:</p>
<p><b>Objective 5: Plan for alternate eating patterns**</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Special section for specific foods (ie: gluten free, no/low sodium, vegetarian or homeless appropriate)</li> <li><input type="radio"/> Provides resources for selecting food for people with certain health conditions.</li> <li><input type="radio"/> Actively seeks to distribute foods high in fiber, and or low in sodium, fat, sugar, and trans-fats.</li> <li><input type="radio"/> Provides volunteer education about healthy options for clients with special dietary needs.</li> <li><input type="radio"/> Provides diverse options for protein such as tofu, beans, and fish.</li> <li><input type="radio"/> Other:</li> </ul>	<p>Rating</p> <p>1 (0-2 strategies)</p> <p>2 (3-5 strategies)</p> <p>3 (6+strategies)</p> <p>Notes:</p>
<p>**None of these strategies are intended to include clinical information or medical nutrition therapy.</p>	<p>Total Rating (0-15)</p>

**Summary of strengths:**

**Summary of opportunities:**

**What strategies is the pantry interested in?**