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Kids CREATE

CREATE SNAP-ED
BETTER HEALTH



Visit KidsCreateUtah.org today!

Calling all young chefs! Come learn about:



Basic
Cooking Skills



Measurement
Tools



Kid-friendly
Recipes



MyPlate and
Nutrition Tips



Fun Physical
Activities

Kids Create is an extension of Create Better Health (Utah SNAP-Ed).
For more information, go to **CreateBetterHealth.org**.



Extension
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