

JOIN US ONLINE!

Kids CREATE™

CREATE SNAP-ED
BETTER HEALTH.

Visit KidsCreateUtah.org today!

Calling all young chefs! Come learn about:



Basic
Cooking Skills



Measurement
Tools



Kid-friendly
Recipes

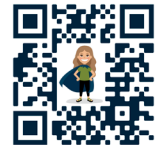


MyPlate and
Nutrition Tips



Fun Physical
Activities

Kids Create is an extension of Create Better Health (Utah SNAP-Ed).
For more information, see **CreateBetterHealth.org**.



Extension
UtahStateUniversity.



This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. This institution is an equal opportunity provider. Utah State University is an affirmative action/equal opportunity institution and is committed to a learning and working environment free from discrimination, including harassment. For USU's non-discrimination notice, see <https://www.usu.edu/equity/non-discrimination>.