

# There are many different foods that are in the Protein Food Group.

## Which ones did the children eat?



### Which is your favorite?

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**TUYET'S family  
ate this PROTEIN**





**TAREK's family ate this PROTEIN**





**CAROLINA'S family ate this food which has a  
PROTEIN inside of it**





**AMY'S family ate this PROTEIN  
(which is plant based)**





**JONATHON'S family ate this PROTEIN**





**PHONG'S family ate this food which  
has a PROTEIN in it**