

Cora Cooks Pancit: Myplate Lesson

CREATE

FOOD, FUN & READING

Cultural Adventure

What foods should Cora add to her pancit?
Circle your ingredients and draw a line to the pot.
Put an "X" over anything you shouldn't eat.



Answer: Noodles, Meat, Mushrooms, Carrots, Corn, Celery, Onion, Eggs