

In the book, the wombat ate **THREE** foods that were healthy for him.

Oats = **Grains Group**

Carrots and Grass (lettuce for humans) = **Vegetables Group**.

These are healthy foods. Less healthy foods are on this page as well.

**CONNECT THE DOTS OF HEALTHY FOODS HE ATE.**

Diary  
of  
a  
Wombat

