

HELPFUL WEBSITES FROM CREATE HEALTHY GARDENS

Nutrition

Create Better Health: [Createbetterhealth.org](https://createbetterhealth.org)

Extension Nutrition: <https://extension.usu.edu/nutrition/>

MyPlate: <https://www.myplate.gov/>

Gardening

Fruit, vegetable, and herb growing guides

<https://extension.usu.edu/yardandgarden/fruits-vegetables-herbs>

Pocket Gardner: <https://pocketgardener.usu.edu>

Vegetable planting dates: <https://tinyurl.com/USU-Planting-Dates>

Garden Safety Video: <https://www.youtube.com/watch?v=ZanK34Evp-A>

USU Analytical Laboratories: <https://usual.usu.edu>

How to Understand Fertilizer Labels: <https://tinyurl.com/Fertilizer-Video>

Utah Pests: <https://utahpests.usu.edu>

Integrated Pest Management: <https://utahpests.usu.edu/ipm>

Insect identification: Local Extension office <https://extension.usu.edu/locations>

Bugguide <https://bugguide.net>

Insect identification <https://insectidentification.org>

Extension food preservation resources: <https://tinyurl.com/preserve-harvest>

USU backyard composting: <https://tinyurl.com/USU-Compost>

Extension

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