

Captain Create Better Health 1st-2nd Grade Worksheet Worksheet Scoring and PEARS Entry Instructions

In order to assess improvements in knowledge for this age group, we need to “score” their pre (first class) and post (last class) worksheets. An increase in score over the course of the series will suggest an increase in knowledge. Please use the following instructions to score the worksheet. You will enter the student’s score for each question into PEARS. Students will receive between 0-4 points for each question. You will find an example of scoring at the bottom.

Question 1. Circle kids being active. Total of 4 points available.

Image	Student Response	Points
Girl in front of screen	Circle	0 points
	No circle	1 point
Boy swimming	Circle	1 point
	No circle	0 points
Boy sleeping	Circle	0 points
	No circle	1 point
Girl on bike	Circle	1 point
	No circle	0 points

Question 2. Circle healthy snacks. Up to 4 points available

Image	Student Response	Points
French Fries	Circle	0 points
	No circle	1 point
Tomato	Circle	1 point
	No circle	0 points
Banana	Circle	1 point
	No circle	0 points
Yogurt	Circle	1 point
	No circle	0 points

Question 3. Circle vegetables. Up to 4 points available.

Image	Student Response	Points
Broccoli	Circle	1 point
	No circle	0 points
Green Beans	Circle	1 point
	No circle	0 points

Grapes	Circle No circle	0 points 1 point
Apples	Circle No circle	0 points 1 point

Question 4. Circle dairy foods. Up to 4 points available.

Image	Student Response	Points
Milk	Circle No circle	1 point 0 points
Bread	Circle No circle	0 points 1 point
Cucumber	Circle No circle	0 points 1 point
Cheese	Circle No circle	1 point 0 points

Question 5. Circle fruits. Up to 4 points available.

Image	Student Response	Points
Strawberries	Circle No circle	1 point 0 points
Carrots	Circle No circle	0 points 1 point
Apple	Circle No circle	1 point 0 points
Orange	Circle No circle	1 point 0 points

Question 6. Circle kids who should wash their hands before eating. Up to 4 points available.

Image	Student Response	Points
Girl with cat	Circle No circle	1 point 0 points
Kids in sandbox	Circle No circle	1 point 0 points
Girl with tissue	Circle No circle	1 point 0 points
Boy with dog	Circle No circle	1 point 0 points

For Ambassador Use Only Section

Youth ID: Please give each student in each class a unique ID. I recommended using your initials and then a 3-digit number. For example, for each program activity you can start IDing your youth as CC001, CC002, CC003. **When you receive the post-surveys please do your best to give the same child the same ID number. You can use their name, class, and grade level (all of which is information on the worksheets) to match the surveys so you can assign each student the same Youth ID.** We realize that not every student will complete a pre and post survey. Just enter what you have into PEARS.