

Create Healthy Pantries PEARS Entry

Please follow these instructions for creating a PEARS PSE entry for projects implemented in food pantries.

Site or organization

Add the name of the food pantry

If you are working at multiple pantries create a new PSE entry for each pantry

Intervention Name

Create Healthy Pantries

Unit

Your County

COVID-19 Impact

Select whether this project was new, postponed, modified, or cancelled due to COVID-19.

Select if the site is a USDA summer meal site, American Indian reservation, or military base.

PSE Setting

Food assistance sites, food banks and food pantries (under ‘Shop’ blue heading)

Intervention Topics

This will depend on what projects you are doing to create a healthy pantry. You may add multiple intervention topics. Below are intervention topics that are specific to the pick-list PSE strategies. Please include these intervention topics for the projects listed below that you are working on to create a healthy pantry, unless you feel they do not reflect the work you are doing. You may add additional intervention topics that are specific to your work with the pantry.

Project	Project Impact	Intervention Topic to select
Community Garden Work	Donate fresh produce to pantry	Fruits & vegetables
Healthy Food Drives (including Buy Produce for Your Neighbor)	Increase availability of healthy foods	Choose topics that reflect specific items requested through food drive. For example, fruits and vegetables, whole grains, fiber-rich foods, limiting sodium, protein foods, etc.
Thumbs Up for Healthy Choices	Increase visibility and appeal of healthy options	Limiting added sugars Limiting saturated fats Limiting sodium Fruits and vegetables Whole grains Fiber-rich foods

Example: If you have done a healthy food drive and the Thumbs Up program you would include the intervention topics from the bottom two rows above.

In what Federal Fiscal Year did you first contact this site to participate in SNAP-Ed funded PSE work?

Enter year you started your pantry work. It is OK to work with the same pantry for multiple years.

Stages of Implementation

Select your stage of implementation from the available choices.

Be sure to show progress in your implementation by updating the stage regularly. You can have more than one box checked at the same time.

An example of a timeline for working with a new food pantry, you would check the following boxes:

October 2020- Select contacted site and agreed to participate

October 2020- Select planning and preparation for implementation

December 2020-Select started implementation of changes

February 2021-Select continued to implement changes

May 2021-Select worked to maintain changes

September 2021-Select conducted follow-up assessments, evaluation

In this example, at the end of the fiscal year, all of the boxes would be checked.

Comments

Please list your weekly activities in this box to help track how you are spending your PSE time. Please include the date, amount of time spent, and a brief description of the activity.

Example:

October 25 – collected excess produce from community garden and delivered to pantry – 3 hours

November 2- replaced shelf talkers and packed recipe bags – 2 hours

November 15 – organized low-sodium shelf, educated pantry staff & volunteers about Thumbs Up– 4 hours

COLLABORATORS

If there is another ambassador or supervisor who is working on the PSE project or who needs access to edit and/or view, add them in this section.

- To add the collaborator first, **Click +Add Collaborator.**
- Type in the textbox under **User** to find the other Create Better Health Ambassador or Supervisor you wish to add.
- Once you clicked their name then you can show whether this person is “involved in performing the work described in this record”. Select the box, if appropriate.

- Under **Access** you may select what permissions this person has for the record by choosing either “View & Edit” or “View Only.”
- Finally, you may describe the role this person had in the project in the textbox below “What role or contribution this user offer in this record?”
 - For example, if you are adding your supervisor, you may enter that this person supervised the project and initiated contact with the PSE site.

NEEDS, READINESS & EFFECTIVENESS

Did you conduct any needs or readiness assessments at this site or org.....

Select YES (this is required for *all* work in food pantries)

Click +Add Assessment

Assessment Type

Select Needs assessment/environmental scan

Survey Instrument

Select Healthy Food Pantry Assessment Toolkit

Approximate date baseline assessment administered

Enter date of your first assessment (will be at the beginning of the fiscal year or when you start with a new pantry)

Brief description of baseline assessment results

Add highlights, areas for improvement, etc.

Assessment Score

Add score from Healthy Food Pantry Assessment Toolkit

Approximate date follow-up assessment administered

Enter date of your follow-up assessment

Brief description of follow-up assessment results

Add highlights, areas that were improved, etc.

Follow-up Assessment Score

The goal is to have this score higher than the baseline assessment conducted earlier in the year

STRATEGY

If you are doing complementary strategies *in addition* to your PSE work in the pantry select them here. For example, you would select the following if you were also:

Complementary Activities	Examples of when to select
Evidence-based education	If you are also offering Create Better Health classes in the food pantry

Marketing (Advertising, Promotion, etc.)	If you are also having a booth where you recruit food pantry users to other Create Better Health Utah (SNAP-Ed) classes. If you leave fliers about your classes at the pantry.
Parent/community involvement	If you are conducting healthy food drives or have community garden members donating excess produce.
Staff training on continuous program and policy implementation	If you train pantry volunteers and staff to help implement the Thumbs Up program.

SNAP-Ed Funding

Select the appropriate responses for the different options. This can change as the year progresses.

Involvement

Select appropriate response for youth involvement.

CHANGES ADOPTED

This will depend on what projects you are doing to create a healthy pantry. You may add multiple changes adopted. Below are changes adopted that are specific to the pick-list PSE strategies. Please include these changes for the projects listed below that you are working on to create a healthy pantry, unless you feel your work has not resulted in these changes. You may also add additional changes adopted that are specific to your work with the pantry. Do not add changes that already were happening before SNAP-Ed began the project. The changes are listed alphabetically in PEARS.

Project	Project Impact	Changes Adopted
Community Garden Work	Donate fresh produce to pantry	Increased space/amount/variety of healthy options (includes shelf space, number of booths, options on menus) Initiated, improved or expanded opportunities for parents/students/community to access fruits and vegetables from the garden Initiated or expanded the collection or gleaning of excess healthy foods for distribution to clients, needy individuals, or charitable organizations
Healthy Food Drives	Increase availability of healthy foods	Implemented, improved or expanded healthy fundraisers

		<p>Improved food purchasing/donation specifications or vendor agreements towards healthier food(s)/beverages</p> <p>Increased space/amount/variety of healthy options (includes shelf space, number of booths, options on menus)</p>
Thumbs Up for Healthy Choices	Increase visibility and appeal of healthy options	<p>Clients have the opportunity to choose at least some foods they would like to take from food pantries, food banks, or soup kitchens (i.e. a client-choice model)</p> <p>Improved appeal, layout or display of meal food/beverages to encourage healthy and discourage unhealthy selections\</p> <p>Used interactive educational display (that will stay at the site), other visual displays, posters, taste testing, live demonstrations, audiovisuals, celebrities, etc. to prompt healthy behavior choices close to the point of decision</p>

Reach

Method used to determine reach

Select **Measured** if the pantry provides you with *accurate counts* of the people they reach
 Select **Estimated** if pantry provides you with an *estimated reach* or you estimate the reach on your own

Source of data

Select **Survey of target audience** if pantry provides accurate count
 Select **Visual estimate** if no formal tool was used

Total number of people reached by PSE work

Add your measured or estimated number of people reached

Characteristics of those reached

If you don't know the specific demographics, i.e.: age, gender, ethnicity, etc. of pantry users select **Unknown**. You do not have to try to estimate.

INDIVIDUAL EFFECTIVENESS

Are you evaluating individual-level effectiveness....?

Select No

RECOGNITION & MEDIA COVERAGE

Add as appropriate

SUSTAINABILITY

Answer as appropriate

REFLECTION

Answer as appropriate

MARK AS COMPLETE

Only mark as complete when you finish your work with the food pantry for the fiscal year. Remember, all pantry work must have two assessments conducted and reported in the Needs, Readiness & Effectiveness section (see above), one at the beginning of your work with them and one at the end. Enter your follow-up assessment information before marking this entry as complete.