

SEPTEMBER

ACTIVITY LIST

- Use up all the bubble soap
- Run through the sprinklers
- One last trip to the pool
- Choose you favorite summer hike and do it again
- Have a picnic dinner
- Visit a local fair and ride a ferris wheel
- Add a fresh fruit to your breakfast cereal
- List your favorite summer memories
- Take a walk and gather leaves
- Go apple picking and climb a tree
- Have a backyard campfire and make tin foil dinners
- Go through a corn maze
- Make fresh salsa
- Make a meal from a different country and eat it the traditional way (chopsticks, with hands, sitting on the floor, etc.)
- Make a summer vegetable stew
- Bake apples in the oven

Extension
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CREATE BETTER SNAP-ED
HEALTH.

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