

# JUNE

## ACTIVITY LIST

- Learn a jump rope rhyme
- Watch a butterfly
- Celebrate June as fruit and vegetable month
- Celebrate June as dairy month
- Fly crepe paper streamers
- Celebrate Father's Day
- Make a flag dessert with red and blue berries for flag day
- Plant a garden
- Paint with ice cubes
- Press flowers
- Visit a local historic site
- Make freezer jam
- Make fruit kebabs
- Decorate your bike
- Learn to make a newspaper sailboat
- Do a somersault
- Eat a new vegetable
- Visit the library for story time
- Sleep outside
- Make a fort under a table
- Paint toenails
- Draw a self-portrait
- Arrange an obstacle course

Extension  
UtahStateUniversity.



**CREATE** BETTER HEALTH<sup>SNAP-ED</sup>

Created by Kerry Garvin