

# MAY

## ACTIVITY LIST

- Get dirt under your fingernails
- Take the dog for a walk
- Watch a bumble bee at work in a garden
- Climb a tree
- Celebrate Star Wars Day on May 4
- Feed ducks at a pond
- Buy a pair of \$1 flip-flops
- Have your 1st BBQ of the season
- Roast a bunch of asparagus
- Start a rock collection
- Blow bubbles
- Eat an artichoke leaf by leaf
- Listen to a bird sing
- Celebrate Mother's Day
- Pick some berries
- Visit the farmers market and buy spinach or peas
- Celebrate Cinco de Mayo
- Make a strawberry smoothie
- Play a game of basketball
- Play driveway hockey
- Fly a kite

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**CREATE** BETTER HEALTH<sup>SNAP-ED</sup>

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