APRIL

ACTIVITY LIST

Sing in the rain	Take an after-dinner walk
Play an April Fool's Day joke 🔲	Make an outdoor treasure hunt
Dance to Purple People Eater	Do some yardwork for
Celebrate Earth Day 🔲	someone else
Do a science experiment	☐ Find a popcorn tree
Jump in a giant puddle 🔲	☐ Make a music video
Visit the parks in your area	☐ Visit the library
Try geocaching	☐ Take a bike ride to see
Pet a baby animal 🔲	the flowers
Learn a new jump rope rhyme	☐ Tour a local factory
Plant a seed to eat	☐ Make a mud pie

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CREATE BETTER SNAP-ED HEALTH FED

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