

NOVEMBER

ACTIVITY LIST

Play a game of family football

Make caramel apples

Have a read-a-thon

Put on gloves and hats and go to the park to play

Drink apple cider

Rake a pile of leaves big enough to bury yourself

Do a secret service

Gather acorns or other seeds

Make a gratitude list

Make sweet potato fries

Take pictures outside in the leaves

Take flashlights and go on a night hike

Learn to dance to “All the Single Ladies”

Write a thank you note

Watch a “Charlie Brown Thanksgiving”

Bundle up for a hike and wear silly hats and crazy scarfs; drink hot chocolate after

Eat Thanksgiving dinner

Go swimming in an indoor pool

Visit grandparents

Plant an indoor herb garden

Have a turkey trot race

Do the hokey-pokey

Take a walk down a dirt road

Make chili

Extension
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CREATE BETTER HEALTH^{SNAP-ED}

Created by Kerry Garvin

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