

OCTOBER

ACTIVITY LIST

- Go to a pumpkin patch and pick a pumpkin
- Roast pumpkin seeds
- Make pumpkin soup
- Play night games like ghost in the graveyard
- Go for a family bike ride
- Take a pine cone collecting hike
- Make popcorn and add pumpkin spices
- Gather a special leaf and make a leaf rubbing
- Do the monster mash
- Can some fruits or veggies or freeze them
- Expore outside and find a spider's web
- Plant flower bulbs
- Go on a leaf-collecting walk
- Carve a jack-o-lantern
- Lay outside with a blanket and look at the stars
- Eat applesauce with cinnamon
- Go to a farmers market and pick out a strange looking gourd
- Learn to dance to "Thriller"
- Walk like Frankenstein
- Do black cat yoga and arch your back
- Go trick or treating
- Create a Halloween costume
- Ride around outside on a broomstick

