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TAKE STOCK OF COMMUNITY RESOURCES

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A sharp drop in income or loss of a job can be a stressful experience for individuals and their families. Yet many community support services exist to assist those currently coping with unemployment or loss of income. This fact sheet presents an overview of major resources available in the state and in your community that people can access when they find themselves out of a job or, for some other reason, in economic difficulty.

Unemployment Insurance

While you were employed, your employer was probably contributing to the unemployment insurance program on your behalf. Unemployment insurance pays a weekly benefit to all *eligible* unemployed workers. If there is a chance you are eligible for unemployment insurance, call the Utah Unemployment Insurance Claims Center (526-4400 in Salt Lake and South Davis counties; 612-0877 in Weber and North Davis counties; 375-4067 in Utah county and 888-848-0688 for the rest of the state). The Claims Center is open Monday through Friday from 7:30 am to 5:00 pm (closed on state holidays). When calling to file a new claim, have your Social Security number handy, also your Utah driver's license number or Utah ID number if you have one, your alien registration number if you are not a U.S. citizen, and the names and addresses of all employers that you worked for in the last 18 months. When you file a new claim, you will select a personal identification number (PIN). After you have entered this information into the system, your call will be forwarded to a Claims Center representative who will complete your application for benefits. If you have Internet access, you may also file online, at http://ui.dws.state.ut.us. The website is available from 2:00 am to 9:00 pm, seven days a week. It takes about 30 minutes to fill out the form if you have assembled all your information, so allow yourself enough time to complete the process.

Expect to wait about three weeks before receiving your first check. Payments are calculated from the first day you file, so filing promptly is to your advantage. However, there is a waiting period of one week for first-time claims. To receive unemployment insurance benefits you must be actively looking for work, and call (or check in on-line) once a week to report on your work search.

Your weekly payment depends upon the highest wages you earned in any one quarter in your base period. A base period is the first four of the last five completed calendar quarters preceding the quarter in which you file your claim

(for example, if you filed in December of 2001, your base period would be from July 1, 2000 to June 30, 2001). You may receive benefits for a minimum of 10 weeks and a maximum of 26 weeks.

Workforce Services

If you've lost a job or are seeking a job, you can receive valuable assistance through Workforce Services. Employment Centers are located in every area of the state (see below).

The main office is Utah Department of Workforce Services/ P.O. Box 45249/ Salt Lake City, UT 84145-0249/ phone: (801) 526-9675/ FAX: (801) 536-9211/ Internet: www.dws.state.ut.us.

The Employment Centers provide up-to-date job information through computerized job listings, which are updated daily, and civil service bulletins that list job vacancies. Employment Centers have trained counselors who try to match jobs to persons needing work. In addition to job listings and career counseling services, Employment Centers provide occupational aptitude testing and advice to job seekers on how to write a resume and conduct a job interview.

Northern	**Central**	**Eastern**	**Western**	**Mountainland**
Brigham City	SLC Metro	Blanding	Beaver	American Fork
Clearfield	Midvale	Castle Dale	Cedar City	Heber
Logan North	SLC Downtown	Moab	Delta	Park City
Logan Central	Magna	Monticello	Fillmore	Payson
Ogden	South County	Price	Junction	Provo
Davis ATC	Tooele	Roosevelt	Kanab	Provo Job Connection Center
Ogden/Weber ATC	SLC Temp Placement	Vernal	Loa	UVSC
South Davis Temp Placement			Manti	
Weber State			Nephi	
			Panguich	
			Richfield	
			St. George	

Food Assistance

Emergency food supplies may be available at local food pantries. Some churches, charitable organizations and community agencies provide free or low-cost meals. There are many contacts in the emergency food assistance network in Utah. See the last few pages of this publication for contact information.

Your children may be eligible for reduced-price or free school lunches. Some schools also provide free breakfasts. Contact a school counselor for information on applying.

If you have children under age five, you may be eligible for the WIC (Women, Infants, and Children) program. WIC is a federally funded, supplemental nutrition program for low-income women who are pregnant, breastfeeding, who have recently had a baby or who are caring for children under 5. WIC services are free of charge. Call 877-WIC-KIDS for information on where to find the WIC program in your area. Take proof of income of all household members for the last 30 days, a piece of mail with your current address, and some form of identification.

United States Department of Agriculture (USDA) surplus food may also be available if your income falls within their eligibility guidelines. In Utah, the program is known as the Emergency Food Assistance Program (TEFAP). Under TEFAP, commodity foods such as rice, dairy products, and peanut butter are made available to households for preparing their own meals or to organizations that prepare and provide meals for needy people. For more information contact Nadine Hibbert or Mike Francom, at the Utah State Office of Education Child Nutrition Programs/ 250 East 500 South/ Salt Lake City 84111/ (801) 538-7920 or (801) 538-7688.

Food stamps are available without charge to qualifying participants and can be used like money to purchased most kinds of food at authorized stores. Some exclusions exist: food stamps cannot be used to buy tobacco, alcoholic beverages or already-prepared foods. Eligible families receive a food stamp allotment based on a combination of factors including family size and monthly income after certain deductions. Allotments decrease with increased family income and assets and increase with the number of family members. You apply for food stamps at any of the Department of Workforce Service centers listed above or, if you have Internet access, you can print and fill out the application form and take it into the Workforce Service office. You will need to provide records showing 1) your identity and current address, 2) Social Security card and pay stub for the previous month, expenses for rent or mortgage payments, and expenses for utilities for property taxes and dependent care. Certain individuals may qualify for expedited food stamps, meaning that they may receive food stamps within seven days of the date the Department of Workforce Services receives the food stamp application.

You don't have to be unemployed to qualify for food stamps. If you work for low wages, or work part-time, if you receive TANF or other assistance payments, if you are elderly or disabled, or if you live on a small income you are eligible. Program provisions are slightly different for the elderly and disabled.

Clothing

Need clothes for a special job interview or training program? Local thrift shops, consignment stores and garage sales are wonderful sources of low-cost clothing. Are there members of your family close to your size? Recycling clothing may be another option for you.

Temporary Assistance for Needy Families

Temporary Assistance for Needed Families (TANF) replaces the Aid to Families with Dependent Children (AFDC) program. In Utah, TANF is known as the Family Employment Program (FEP) and is administered through the Department of Workforce Services. The Family

Employment Program provides cash assistance and employment services to eligible parents with children under the age of 18 in the home. The purpose of FEP is to help families increase their income and become self sufficient through employment, child support, and/or disability payments. Every parent works with a case manager to develop an employment plan. In order to remain eligible to receive financial assistance a parent must follow through and participate in the activities outlined in their employment plan. Child care is provided to all FEP participants who need the service to participate. Medical coverage is also available.

Parents can only receive cash payments 36 months over their lifetime. Additional months are approved if the parent is certified as medically unable to work. In addition to being willing to participate in the employment program, participants must pass a gross income test based on household size. For more information, contact one of the Workforce Service offices listed above and ask for a Family Employment Program specialist who can advise you.

Health Services

The Utah Medicaid program provides a broad range of health services to persons who meet their income and asset eligibility requirements. Services include hospital care, both in-and out-patient services, doctor's services, laboratory and X-ray, some home health care, physician services, rural health clinic services, and family planning services. They may also provide dental care, eyeglasses and vision screening, prescription drugs, hearing aids, artificial limbs, durable medical equipment and various types of therapy. Persons receiving FEP, SSI payments or Social Security disability payments are all eligible for Medicaid.

Beginning in 1998, a new health care program for children was available to Utahns. It is administered by the State Department of Health and is called CHIPs (Children's Health Insurance Program Services). It is designed to provide benefits to low-income children not covered by private insurance and allows expansion of health insurance to uninsured children. To be eligible for CHIP, the family's gross monthly income must be equal to or less than 200% of the federal poverty level. Maximum countable income is based on family size. For more information on CHIP and Medicaid, contact the state Department of Health.

Energy Assistance

The Home Energy Assistance Target (HEAT) program is Utah's name for the federally funded Low Income Home Energy Assistance Program (LIHEAP). HEAT provides home winter utility assistance to low-income households. The program is administered in partnership with the Association of Governments (AOGs) and nonprofit agencies located throughout Utah. The program provides emergency winter utility assistance and some home weatherization. All households served are at or below 125% of poverty.

Financial Counseling Services

Some churches, volunteer groups, universities, colleges, banks, savings and loans, and credit unions offer individual counseling, financial advice and educational programs to persons having financial difficulties. In Ogden, Salt Lake and St. George, non-profit credit counseling centers have been set up by private industry. Consumer Credit Counseling Service Agencies in Utah are located at the offices listed below.

Before using a credit counseling service, find out 1) who sponsors the program, 2) what the charges will be, and 3) how the program operates. Do not confuse nonprofit counseling services with agencies that debt pool or consolidate debts. These agencies frequently charge high fees to pay bills without providing financial advice. Be sure you know who is providing advice.

Consumer Credit Counseling Service Local Offices

2751 Washington Blvd., Upper Suite
P.O. Box 547
Ogden, UT 84402
(801) 622-5721

2906 South State, #103
Salt Lake City, UT 84115
(801) 487-5028

7860 South Redwood Road
West Jordan, UT 84088
(801) 566-0800

946 W. Sunset, Suite L
St. George, UT 84770
(435) 652-4123

Legal Assistance

Persons with limited income can get legal assistance from Utah's Legal Services Offices. Legal counseling can be very helpful if you are facing possible legal difficulties. Legal Services offices generally handle civil cases; they do not handle bankruptcies, misdemeanors, traffic violations, or criminal cases. There are Legal Services offices in Ogden, Salt Lake City, Provo, Cedar City and Monticello, but all intake calls are routed through the Salt Lake office: 1-800-662-4245 (Monday-Friday, 8:30 am to 5:00 pm).

UTAH EMERGENCY FOOD ASSISTANCE NETWORK

BEAR RIVER DISTRICT

Act Six Soup Kitchen
271 N 100 W (Lincoln Cntr)
Brigham City, UT 84302
435-723-7960

Box Elder Community Pantry
271 N 200 W
Brigham City, UT 84302
435-723-1449
435-734-2134

Cache Community Food Bank
359 S Main
Logan, UT 84321
435-753-7140

WEBER COUNTY

Ogden Area Community Action Agency
3159 Grant Ave (300 E)
Ogden, UT 84401
801-339-9281

Salvation Army
2615 Grant Ave (300 E)
Ogden, UT 84402
801-621-3580

Share, Inc.
PO Box 892
Ogden, UT 84402
801-399-5046

Catholic Community Services (CSS)
622 23RD St
Ogden, UT 84401
801-394-5944

St. Anne's Center
137 W Binford (between 26th & 27th)
Ogden, UT 84401
801-621-5036

DAVIS COUNTY

Bountiful Community Church
100 N 400 E
Bountiful, UT 84010
801-295-9439

Davis County Food Bank
1449 N Angel St (1200 W) #6
Layton, UT 84041
801-444-2691
801-773-0712

Fish & Loaves
Layton Hills Baptist Church:544-2426
St. Rose of Lima: 544-4269
Clearfield Community Church: 825-1115

SALT LAKE AREA (including TOOELE)

Baptist Concern Center
1235 W California (1330 S)
SLC, UT 84104
801-972-5708

Cathedral of the Madeleine
see Good Samaritan Program

Catholic Community Services (CCS)
2570 W 1700 S
SLC, UT 84104
801-977-9119

Crossroads Urban Center
347 S 400 E
SLC, UT 84111
801-364-7765

Eagle Ranch Pantry
3340 S 7540 W
Magna, UT 84044
801-254-4945

First Baptist Church
4445 W 5175 S
Kearns, UT 84118
801-969-4520

Good Samaritan Program
331 E South Temple
SLC, UT 84111
801-328-8941

Indian Walk-In Center
120 W 1300 S
SLC, UT 84115
801-486-4877

Lifecare Services
1025 S 700 W
SLC, UT 84104
801-978-2452

Reorganized LDS Church
2747 E 3640 S
SLC, UT 84109
801-278-7464

Rescue Mission
463 S 400 W
SLC, UT 84101
801-355-1302

Salt Lake Community Action Program
764 S 200 W
SLC, UT 84101
801-359-2444, ext. 214

SALT LAKE AREA (including TOOELE)

Kearns Area Neighborhood Center
6271 S 3655 W
West Jordan, UT 84084
801-966-1869

Magna Neighborhood Center
3041 S 8560 W
Magna, UT 84044
801-250-6414

Northwest Neighborhood Center
1300 W 300 N
SLC, UT 84116
801-359-8741

South County Neighborhood Center
8446 S Harrison (340 W)
Midvale, UT 84047
801-255-3516

Southeast Neighborhood Center
4392 S 900 E
SLC, UT 84124
801-313-0337

Tooele Neighborhood Center
270 Maple
Tooele, UT 84074
435-882-1278

West Valley Neighborhood Center
3060 S Lester St (1585 W)
WVC, UT 84119
801-972-6661

Salvation Army: Community Dining Room
421 W 300 S
SLC, UT 84101
801-575-7166

Salvation Army: Emergency Food Pantry
421 W 300 S
SLC, UT 84101
801-575-7166

St. Joseph's Church
7405 S Redwood Rd. (1700 W)
West Jordan, UT 84084
801-978-3333

St. Mark's Episcopal Church
231 E 100 S
SLC, UT 84111
801-322-3400

St. Paul's Episcopal Church
261 S 900 E
SLC, UT 84102
801-322-5869

St. Therese's Catholic Parish
112 S Allen St (115 E)
Midvale, UT 84047
801-561-0431

St. Vincent De Paul
437 W 200 S
SLC, UT 84101
801-534-1500

Utah Aids Foundation Pantry
1408 S 1100 E
SLC, UT 84105
801-487-2323

Viaduct Breakfast (aka: The Ranch, Eagle Ranch)
450 W 100 S
SLC, UT 84101
801-254-4945

Westvale Presbyterian
3610 S 4400 W
SLC, UT 84120
801-968-7992

MOUNTAINLAND DISTRICT

Community Action Services (CAS)
257 E Center
Provo, UT 84606
801-373-8200

Regional Food Bank and Pantry
1122 S 900 E
Provo, UT 84606
801-373-8200

American Fork Food Pantry
54 E Main
American Fork, UT 84003
801-373-8200

Coalville Food Pantry
11 S Main
Coalville, UT 84017
435-336-4277
801-373-8200

Heber Food Pantry
90 N 100 W
Heber, UT 84053
801-373-8200

Kamas Food Pantry
30 S Main
Kamas, UT 84036
435-783-4303
801-373-8200

Spanish Fork Food Pantry
40 S Main
Spanish Fork, UT 84660
801-373-8200

Daily Bread (Ecumenical Churches)
PO Box 3715
Park City, UT 84060
435-649-7171
435-647-8036

Food & Care Coalition
60 N 300 W (PO Box 1222 84603)
Provo, UT 84601
801-373-1825

St. Lawrence Catholic Church
First W Center St
Heber, UT 84032
435-654-1168

CENTRAL DISTRICT/SIX COUNTY

Central Utah Food Sharing (CUFS)
CUFS, Richfield
900 S 100 E (PO Box 324)
Richfield, UT 84701
435-896-5225

CUFS, Delta
162 W 100 S (PO Box 907)
Delta, UT 84624
435-864-5523
435-896-5225

CUFS, Junction
Senior Citizen Center
Junction, UT 84740
435-326-4596

CUFS, Torrey
Call Loa, UT
435-896-5225

CUFS, Mt. Pleasant
1080 Blackhawk
Mt. Pleasant, UT 84647
435-462-3006

CUFS, Nephi
146 N Main
Nephi, UT 84648
435-896-5225

UINTAH BASIN DISTRICT

Uintah Basin Association of Governments
(UBAG)
855 E 200 N #112-3
Roosevelt, UT 84066
435-722-4518

Ashley Valley Food Pantry
1345 W Hwy 40 (PO Box 1272)
Vernal, UT 84078
435-789-1014

Duchesne County Food Pantry
10 E 100 N
Roosevelt, UT 84066
435-722-5684

SOUTHEASTERN DISTRICT

Southeastern Association of Local Governments
(SEUALG)
375 Carbon Ave
Price, UT 84501
435-637-5444

Carbon County Food Bank
175 S 100 W
Price, UT 84501
435-637-9232

Emery County Food Bank
161 E Main
Castledale, UT 84513
435-381-4510

Grand County Food Bank
128 E 100 N
Moab, UT 84532
435-259-6362
435-259-7858

Green River Food Bank
48 Farrer
Green River, UT 84525
435-564-3432
435-564-8111

Union Gospel Mission
178 S Main
Helper, UT 84521
435-472-5518

SOUTHWESTERN DISTRICT/FIVE COUNTY

Five County Association of Governments (AOG)
906 N 1400 W (PO Box 1550)
St. George, UT 84770
435-673-3548

Beaver Area Care & Share
86 N Main
Beaver, UT 84713
435-438-5822

Beryl Satellite Pantry
Community Bldg.
Beryl, UT 84714
435-439-5651

Dixie Care & Share
131 N 300 W
St. George, UT 84770
435-628-3661

Escalante Satellite Pantry
70 N 100 W
Escalante, UT 84726
435-826-4317
435-826-4328

Garfield Care & Share
609 N Main
Panguitch, UT 84759
435-676-2260

Iron County Care & Share
140 E 400 S (PO Box 2241)
Cedar City, UT 84700
435-586-5142

Kane County Care & Share
56 W 450 N
Kanab, UT 84741
435-644-5250

Milford Care & Share
438 S Main (PO Box 768)
Milford, UT 84751
435-287-5506

Parowan Satellite Pantry
68 S 100 E
Parowan, UT 84761
435-477-3558

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