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FL/ST/Construction/2009/106pr
Project Skill: Straight stitching, curved stitching and 5/8″ seams
Life Skills: Learning to learn, decision making
Level: 1

Easy Hot Pad

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Supplies needed:

8 ½" Insul-Bright™ batting

8 ½" cotton batting

9" fabric

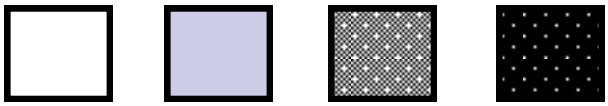
Matching thread

1 small plastic ring

Sewing machine

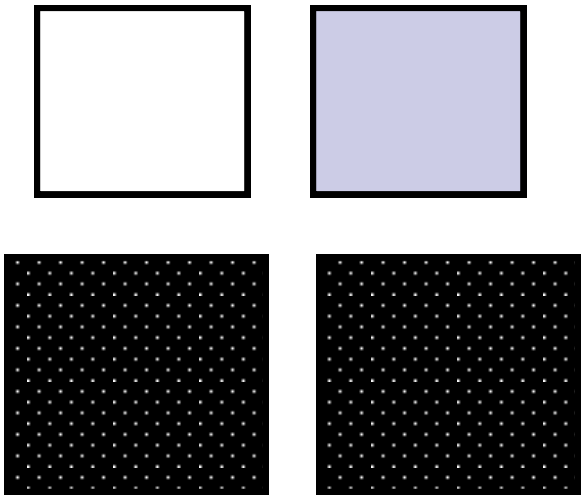
Basic sewing supplies
(see Fact Sheet FL/ST/construction 2007/101)

Diagram Key:



Batting Insul-Bright Right side Wrong side

Cutting instructions:



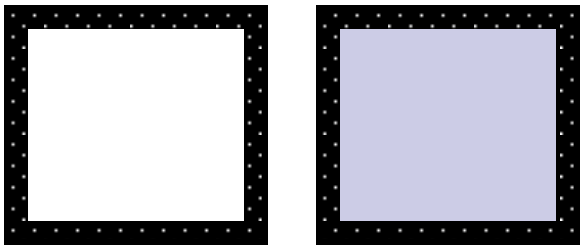
Step # 1

✂ Cut 1 - 8 1/2" Square of Insul-Bright ™ batting

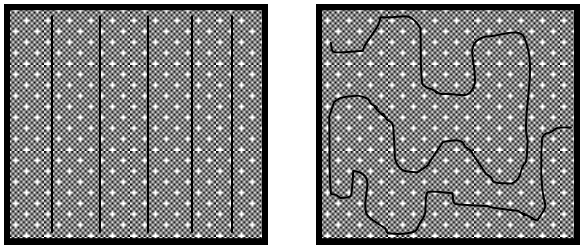
✂ Cut 1 - 8 1/2" Square of cotton batting

✂ Cut 2 - 9" Squares of Fabric

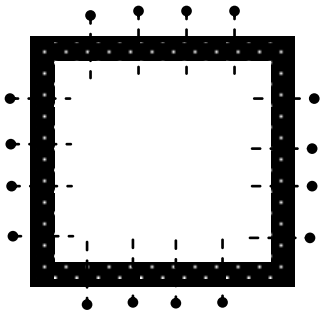
Hot pad construction:



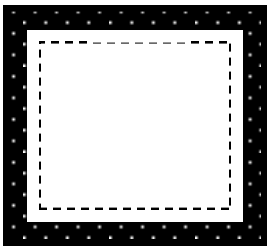
Step #1
✂ Place Cotton batting square on wrong side of the fabric square. Place Insul-Bright ™ on wrong side of the other fabric square.



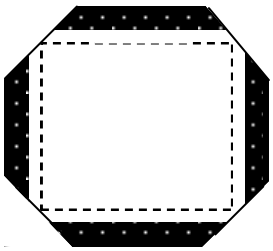
Step #2
✂ Machine quilt both of the squares. One square with a straight stitching and the other with a curved free hand design keeping the fabric and batting flat.



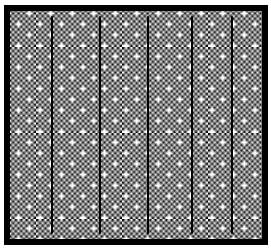
Step #3
✂ Pin quilted squares right sides together



Step #4
✂ Stitch a 5/8" seam starting 2 inch from the edge. Backstitch at the beginning and sew to 5/8 "from the edge of the fabric. Lower the needle in the down position and pivot the hot pad. Continue sewing a 5/8" seam around the hot pad pivoting at each corner. Leave a 4" opening and backstitch.

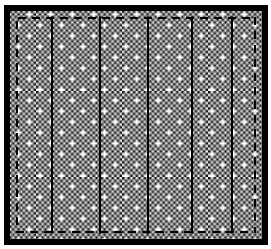


Step #5
✂ Clip corners of the hot pad to the stitching line but not through it. Press flat to set the seam.

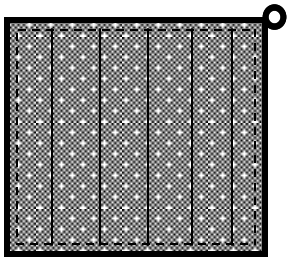


Step #6
✂ Turn the square to the right side making sure the corners and sides are pulled completely out.

Press



Step #7
✂ Tuck seam allowance in and pin closed. Top-stitch using the edge of the presser foot as a guide. Pivot at each corner and over lap 4 to 5 stitches.



Step #8
✂ Hand stitch small plastic ring in on corner of hot pad.

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