



HOOOFBEATS

January 2009

Horse Council will be held on January 8 @ 7 p.m.

4-H Extension Office, 179 N. Main, Logan

Leaders, parents, and youth are encouraged to attend all meetings if possible. We are planning the program centered on youth. Parent involvement is very important.

Future meeting will be held on Jan. 8th, Feb. 5th, March 5th, April 2nd @ 7 p.m.

YOUTH COUNCIL NEWS

Youth Council will meet at 6:30 before each horse council meeting. All youth wanting to help and be on the youth council are encouraged to attend.

If questions call Gary or Debby Bayles at 753-6100.

2008 President: Susan Mathews, 563-3863
Past President: Jodi Anderson, 245-5798
President-Elect: Matt Turner, 563-0153
Treasurer: Kari Higley, 753-3011
Treasurer-Elect: Gary Bayles, 753-6100
Secretary: Myrna Samsel, 753-9028
4-H County Agent: Scott Williams, 752-6263
Hoof Beats Editor: April Turner, 563-0153

TEACHING CLINIC AND RIDING CLINICS

Saturday, February 21st 9:00am -noon

Free Teaching Clinic-for parents, leaders, youth and others who may be interested, come and learn what the judges are looking for when judging your children. Please no horses.

Afternoon Riding Clinic-for interested youth, will be from 1:00pm-4:00pm on the 21st, please bring your horse.

Saturday, ~~March 7th~~ This event will be rescheduled

Riding Clinic-morning session will be from 9:00am-noon and afternoon session will be from 1:00pm-4:00pm.

The **Riding Clinics** will be limited to 8 riders in each session, first come, first serve. Must pre-registered with Susan Mathews. There is a \$20.00 fee for all riders. All money will go to the fund raising effort for the 4-H program.



2009 Important Dates:

Horse 4-H Clinic February 21st
Horse 4-H Clinic **rescheduled TBA**
Rookie Clinic March 21st
Western Riding Clinic April 18th
Western Show #1 June 6th
Western Show #2 June 24th & 25th
Western Show #3 July 21st & 22nd
Western Show #4 August 4th & 5th
First Step Camp June 15th
Western Camp July 15th- 18th

To see a complete schedule go online to
<http://extension.usu.edu/cache/htm/4horse>

Working Ranch

Anyone interested in the Working Ranch program can contact **Lesia Mendlekov** 563-8189 or contact **Ron Foster** 512-5087.

It is not too late to sign up, but you must sign up at the 4-H office prior to January 28th. Cost is \$20.00 for cattle charge plus \$10 for the Ranch Roping with Buck Brannaman book if you need it. The Working Ranch Ride Nights will begin the last week in January.

Horses are not required.



Watch for the upcoming **SWIMMING ACTIVITY** at Sky View High School.
Fun for the Whole Family!!

January is a great time to set new goals for the New Year. It is also a good idea to set goals for what you want to accomplish this year in horse 4-H.

Summary of Goal Setting

- Goal setting is an important method of:
 - Deciding how committed you are
 - Deciding what is important for you to achieve
 - Motivating yourself to achievement
 - Building your self-confidence based on measured achievement of goals
- You can set goals effectively by:
 - Phrasing them positively
 - Defining them precisely
 - Prioritizing multiple goals
 - Writing them down
 - Keeping them manageable: Not too hard, but not too easy.
 - Setting performance goals, not outcome goals
- Failure in meeting goals is useful in improving technique and long term success as long as you learn from it.
- You should allow yourself to enjoy the achievement of goals and reward yourself appropriately.

Brainstorm and set goals. Here are a few ideas:
Answer every question on the written test.
To run a clean pattern on keyhole.
To learn something new at Horse Camp.

A THANK YOU to all who helped with this year's Sub for Santa. It was a Huge Success! Your generosity was GREATLY appreciated!



2009 HORSE CAMP NEWS

*We need volunteers to sign up for horse camp. Contact Karen Larsen at 563-0467, or Leslie Perkins at 752-2134.

*There are still items, from last year's camp, at Karen Larsen's home. Call to claim them ASAP. Those not claimed will be donated to the D.I. as of January 31st.

FUNDRAISER

Submit a design idea for our new Horse 4-H T-shirts and sweat shirts by February 5th. A prize will be awarded for the chosen design. If questions please call Susan Mathews at 563-3863. Watch for more info on this fundraiser in upcoming news letters.



****Horse Bowl****

Come join the fun! We had a great time and a great turn out for the December horse bowl. Horse Bowl starts at 7 pm at the fairgrounds pavilion!

Horse Bowl Dates: Jan. 7th, Feb. 4th, March 4th, April 1st.

Question: Do the hind feet or the front feet grow faster?
Answer: The hind feet because they support less weight.

A BIG THANK YOU to Jeanne Lopez for her skill, time and effort as the past HOOFBEATS editor.

Thank You!!!!

4-H Riding Night

Jan. 14th -Slow
Jan. 21st -Speed
Jan. 28th -Working Ranch
Feb. 11th -Slow
Feb. 18th -Speed
Feb. 25th -Working Ranch

If you have any information that you would like included in the Hoof Beats Newsletter please contact April Turner at 563-0153 or mx5turner@aol.com. The deadline to submit any information is the 18th of the previous month.

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