Time Management Resources

Books
- "Deep Work: Rules for Focused Success in a Distracted World" by Cal Newport (2013)
- "Digital Minimalism" by Cal Newport (2019)

Online
- YouTube Video on Deep Work: https://www.youtube.com/watch?v=DUQjHs_Jlt4
- The complete guide to "Deep Work": https://blog.doist.com/deep-work/
- Resources for students who want to stay productive: https://blog.doist.com/60-resources-students-stay-productive/
- What Is Time Management: 15 Must-Learn Skills: https://www.lifehack.org/articles/productivity/10-ways-improve-your-time-management-skills.html
- Harvard Business Review: Learn how to plan if you are new to organizing time: https://hbr.org/2017/07/a-way-to-plan-if-youre-bad-at-planning
- Management Skill Advisor: This article deals with the basics of time management starting from its definition: http://www.managementskillsadvisor.com/definition-of-time-management.html
- Time Management Central: The TMC provides you with tools and resources to manage your time: https://www.time-management-central.net/
- James Madison University: This university guide provides tips and strategies to use your time more effectively: http://www.jmu.edu/lsi/resources/strategies/Time-Management.shtml