

# Favorite Foods

## Utah Content Core



### Objectives

1. Students will recognize that food is fuel for the body.
2. Students describe and practice responsible behaviors for health and safety.
3. Students will demonstrate knowledge of elements of print within a text.

**Time:** 1 Hour

**Grade:** Kindergarten

**Standards:**  
Integrated Language Arts and  
Content Core

### Materials

- Large sheet of chart paper
- Several colors of marking pens
- Glue
- Scissors
- A piece of construction paper for each student

### Activity Procedures

1. As a class, have each student say the name of a food he or she likes to eat, write it on the large sheet of chart paper.
2. After everyone has contributed, read the chart aloud to them.
3. Have students read the chart back with you.
4. Form each "like" into a complete sentence and write it on a sheet of construction paper. (Sharon likes to eat tacos.) You can add a level of difficulty by expanding the sentence. (My name is Sharon, and I like to eat tacos.)
5. Cut the words of the sentence apart.
6. As an example of the student's activity, give each word to a different student. Have the students stand and arrange themselves in order so the sentence is correct and the words are in the right order.
7. Instruct the students to cut the words of their sentences apart (not the letters), and to glue them on a piece of construction paper to make a class book.
8. Each student should draw and color a picture of the food they named on the paper.



*Lesson Adapted from USOE Teacher Resource Book.*