

## Bridge repair underway



BRIGHAM CITY CREWS are in the process of repairing the bridge over Box Elder Creek located at 400 North. The bridge has been closed for months after a survey of bridges revealed damage, wear and tear on the structure.

### Facts about H1N1

# Ask a Specialist

**Questions and answers about swine flu** by Darlene Christensen, Utah State University Extension agent, Tooele County, with information from the Centers for Disease Control and Prevention, and Kerry Road, Utah State University Extension veterinarian, with information from the United States Department of Agriculture.

There is cause for concern about swine flu, but not cause for alarm. The Centers for Disease Control and Prevention are working closely with officials in states where human cases of swine flu have been reported as well as with health officials from Mexico.

The question most people want answered is: how will all this affect me? Consider the information below. For additional, up-to-date information, go to: <http://cdc.gov/swineflu>.

**Question:** What is swine influenza?

**Answer:** Swine influenza (or swine flu) is a respiratory disease of pigs. It is caused by type A influenza and causes regular outbreaks in pigs. People do not normally get swine flu, but human infections can and have occurred. The new strain of flu consists of a mixture of genetic material from swine, avian and human influenza viruses.

**Question:** Can I get swine influenza from eating or preparing pork?

**Answer:** No. Swine influenza viruses are not spread by food. You cannot get swine influenza from eating pork or pork products. Eating properly handled and cooked pork products is safe.

**Question:** Do swine in the United States have the virus that has infected humans?

**Answer:** There is no evidence at this time that the swine in our country are infected with this virus strain.

**Question:** Is the USDA testing and monitoring to make sure swine are not infected with the virus?

**Answer:** A network of federal veterinarians, state animal health officials and private practitioners are regularly involved with monitoring swine for signs of significant disease. To date, there have been no reports that the virus causing illness in humans is circulating anywhere in the U.S. swine herd. USDA has put U.S. pork producers on a high alert for safety.

**Question:** Can you get this flu from being around or touch

**Answer:** The CDC reports that the spread of swine flu can occur through contact with infected pigs or environments contaminated with swine flu viruses and through contact with a person who has swine flu. Human-to-human spread of swine flu is thought to occur in the same way as seasonal flu. Influenza is thought to spread when infected people cough or sneeze.

**Question:** What can I do to keep from getting the flu?

**Answer:** First and most importantly - wash your hands. Try to stay in good general health. Get plenty of sleep, be physically active and manage your stress. Also, drink plenty of fluids and eat nutritious food. Try not to touch surfaces that may be contaminated with the flu virus. Avoid close contact with people who are sick.

**Question:** How can I prevent

the spreading of germs?

**Answer:** When you sneeze or cough, cover your mouth and nose with a tissue, or sneeze and cough into your sleeve. Do not use your hands. Throw away the tissue after you use it. Wash your hands often with soap and water for 15-20 seconds. Alcohol-based hand cleaners are also effective. Avoid touching your eyes, nose or mouth. Germs spread quickly this way. Avoid close contact with sick people. If you get sick with influenza, the Centers for Disease Control recommends you stay home from work or school and limit contact with others to keep from infecting them.

**Question:** How serious is swine flu infection?

**Answer:** Just like seasonal flu, swine flu in humans can vary from mild to severe. Between 2005 and January 2009, 12 human cases of swine flu were reported in the United States with no deaths occurring. However, swine flu infection can be serious. Take precautions to prevent infection and seek medical attention if infected.

**Question:** Should I be panicked about swine flu?

**Answer:** No. There is cause for concern but not for alarm. If you are planning to travel to Mexico, it is recommended you cancel your plans at this time. Mexico is dealing with a great number of cases that have caused deaths. Keep up to date on the most current news about swine flu and follow the above precautions.

**Direct column topics to Julene Reese, Utah State University Extension writer. Call 435-797-0810 or contact her by email at [julener@ext.usu.edu](mailto:julener@ext.usu.edu).**

### Did you know?

Cinco de Mayo commemorates an initial victory of Mexican forces over French forces in the Battle of Puebla in May of 1862.

## Utah Letter Carriers to help stamp out hunger

In a concerted effort to help struggling Utahns put food on the table during these tough economic times, Utah letter carriers will hold their annual food drive on Saturday, May 9. Utahns are encouraged to participate by placing non-perishable food, like canned soup, canned vegetables, pasta or rice, in a bag near their mailbox prior to mail delivery. All the food will be distributed to local food banks whose shelves are traditionally bare this time of year.

Last year Utah letter carriers collected a record 1.2 million pounds of food. Nationwide the drive delivered a record 73.1 million pounds. Postal employees in all 50 states will participate in the food drive, which since 1993 has resulted in delivery of more than 900 million pounds of donations to community food banks and pantries. The Letter Carriers' Food Drive is the largest one-day food collection in the nation.

"While it takes a lot of letter carriers and other volunteers to make it work, it's ultimately the generosity of those we serve that makes the food drive so successful each year," said Mike Wahlquist, Salt Lake City Letter Carrier and President of Branch 111 of the National Association of Letter Carriers (NALC), who expects another tremendous response from the caring citizens of Utah.

According to the U.S. Department of Agriculture, more than 36 million Americans live in food insecure households, and approximately one in ev-

ery three of these Americans is a child. Additionally, a recent survey conducted of Feeding America food bank members reported a 30 percent increase in requests for emergency food assistance. The reasons cited for this dramatic increase in demand included rising cost of food, increasing unemployment and underemployment, the cost of fuel and the burden of mortgage or rent costs.

Food banks are also notoriously empty during summer months, having exhausted the supply of donations received from food drives conducted during the holidays that are then distributed during spring. Summer donations are even more critical since many children in need no longer have the benefit of their school lunch program.

Box Elder Community Pantry assistant director Linda Hansen said the pantry is especially in need of dry products such as rice and pasta right now.

Supporting the drive again this year are Campbell Soup Company, the U.S. Postal Service, Feeding America (formerly America's Second Harvest - The Nation's Food Bank Network), Valpak, the AFL-CIO and United Way of America.

The NALC is a postal labor union representing more than 300,000 members who have a long history of service to their communities. For more information about the annual Stamp Out Hunger! effort in Utah, ask your letter carrier, contact your Post Office or visit [stampouthunger.com](http://stampouthunger.com).

## Public Meetings

### Brigham City Council Thursday, May 7, 7 p.m. City Council Chambers

Presentations: "What if I were mayor for the day, what would I do to make life better for its citizens - essay winners; Council's 2009-10 budget presentation.

Public Comment. Public Hearings: Hear public input on Edward Bryne Memorial Justice Assistance grant to purchase equipment for police department.

Scheduled Delegation: Update on Ruby Pipeline Project - Loren Locher.

New Business: Tree Line City Award - Tom Ammons; Report on Arbor Day presentation of Tree City USA - Scott Oldham; Request to develop drug collection/disposal program - Chief Tittensor; Request for approval of resolution amending policies and procedures for collection of delinquent utility accounts and termination of service - Jason Roberts; Request for approval of resolution amending guidelines for utility deposits - Jason Roberts; Request for approval of good landlord program - Jared Johnson; Request for approval of resolution increasing electric rates to reflect May 8, 2009, Rocky Mountain Power increase - Jason Roberts.

Closed Session: Discussion on purchase, exchange or lease of real property.

### Perry Planning Commission Thursday, May 7, 7 p.m. 3005 South 1200 West

Public Hearing: Conditional use permit for proposed home business for Centrepointe, 2455 South Cherry Drive.

Public Comments: Nuisance review of existing (and proposed) amendment to storage of junk and debris ordinance, codified as Chapter 54.04 - Rachel Tribe.

Design Review/Site Plants/Permits: Sign permit for Walker Cinema.

Subdivisions and Streets: Final 3450 South Street Dedication - Lorin Gardner; Discussion Regarding Upland Square.

Conditional Use Permits: Conditional use permit for proposed home business for Centrepointe, 2455 South Cherry Drive.

Land Use, Zoning, Design, General Plan: Discussion regarding NC2 and NC3 (neighborhood commercial zones) including land use for said zones: Chapter 45.08 and 45.20; Ordinance 09-F to adopt title 36, Perry City Wastewater Master Plan; Transportation Master Plan (UDOT letter); Water pressure zones; Final or review of Appeal Authority rules amendment; Amending sign ordinance.

Training, Handouts, Updates: Next training, May 21; Update on commuter rail, 1200 West, assignments for staff; City council report - Tom Peterson.

## Box Elder lists its Most Wanted

Law enforcement agencies in Box Elder County are asking the public to help apprehend two wanted persons who frequent this area.

Anyone with information on these individuals is asked to call the following law enforcement agencies. All information received is confidential. Contact Adult Probation and Parole at 435-734-2066; Brigham City Police at 435-734-6650; Sheriff's Office at 435-734-3800; Tremonton/Garland Police at 435-734-3800.

Toni Burgess Perry, age 49, is 5'2" tall and weighs 140 pounds. She is Caucasian with blue eyes and blond hair. She is wanted for possession with intent to distribute a controlled substance, a third degree felony. Judge Ben Hadfield of First District Court issued a no-bail warrant for Perry. She is known to frequent the Box Elder/Tremonton area.

Nickolas Reed Barber, age 31, is 5'6" tall and weighs 170 pounds. He is Caucasian with blue eyes and blond hair. He is wanted for multiple felony and misdemeanor convictions. The Board of Pardons and Parole has issued a warrant. He is known to frequent the Perry/Brigham City area.



Toni Burgess Perry



Nickolas Reed Barber

### Did you know?

Pinatas are originally thought to have come from Asia. Marco Polo is credited with bringing them to Italy and Spain, and the Spanish are thought to have introduced them to Mexico.

## EMS open house set

Brigham City Ambulance will host at EMS (emergency medical services) open house on Tuesday, May 19, 6-8 p.m. at the EMS building, 420 West Forest Street. The public is invited to attend.

There will be CPR classes offered that week, May 18-23. Watch next week's paper for more details.

### Financial Focus

#### Time to boast your college savings?

These days, you have more incentive than ever to save for college

During a tough economy, state legislatures may scale back their support to public colleges and universities, who, in turn, may raise their tuition. Furthermore, college endowments have been hit hard by the financial crisis, which could lead private schools to cut back on their financial aid.

Obviously, you can't control the economy or the fortunes of endowment funds. But you can take steps to help prepare yourself for those future college bills. For example, you could contribute to a Section 529 savings plan or a Coverdell Education Savings Account, both of which offer potential tax benefits.

You might also consider placing assets in a custodial account. When the account terminates, your child can collect the assets and use the money for college.

Whichever vehicles you choose, start saving soon — and put time on your side.

### Edward Jones

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