SECTION 6
YOUTH OPPORTUNITIES

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THE 4-H CLUB

CLUB MEETINGS

The 4-H club is the basic unit and foundation of 4-H. An organized 4-H club meets regularly under the guidance of one or more screened and trained volunteer leaders, elects its own officers, plans its own program, and participates in a variety of activities. 4-H clubs must be chartered.

4-H CLUB CHARTERS

Introduction

4-H charters represent an agreement between 4-H club leaders and Utah State University Extension/Utah 4-H. Utah State University is expected to maintain documentation on the issuance of 4-H charters to 4-H clubs within the State of Utah as mandated by the United States Department of Agriculture (7 CFR8).

4-H charters have a two-fold purpose:

1. It is an agreement by the club with USDA on the proper use of the 4-H name and emblem; and

2. It is an agreement by the club with the land-grant institutions' state or local 4-H extension office to follow and abide by all state and local 4-H policies, procedures, and other requirements.

Chartering is a joint effort between the 4-H club leader and the Utah State University Extension/Utah 4-H staff member working with or serving as liaison with the club.

Scope

All 4-H clubs or groups listed on the Online Volunteer Management Program (4HOnline or other) must complete the charter process. Club chartering must be completed annually by the club leader to verify current year participation. The club will submit the 2020–2021 club charter form (Link to Form) to the local USU Extension 4-H staff by 20, 2020. The completed Charter Application will be uploaded on the Online Volunteer Management Program (4HOnline).

Charter Requirements

Charter 4-H clubs must meet the following requirements:

- All adult leaders are screened and approved through the Utah 4-H volunteer selection process.
- Club will have at least five youth members.
- Club is made up of youth from at least three families.
- Club plans to conduct a minimum of six regular club meetings per year.
- Club has officers.
- Club agrees to follow national and state 4-H guidelines for the use of the 4-H name and emblem.
- Club agrees to follow 4-H and Utah State University policies and procedures, including the policy on 4-H Club accounts and funds. caas.usu.edu/service-center/policies-procedures

Charter Timeline

- April – Release of Utah 4-H chartering instructions
- April & May – The County Extension Office will set the county application procedures and deadlines specific to their county. The deadline should be established early to allow for any follow-up and late submissions. The county office meets with club leaders and distributes information for chartering.
- May & June – County continues to educate volunteers and clubs about the chartering process. They assist, as needed, with application submissions.
- June - July 20 – Club leaders submit charter applications. Application deadline for county office review and approval for an August 1 club activation on the Online Volunteer Management Program (4HOnline).
- July 21-31 – County Office reviews club charter applications.
- August – Office verifies all clubs in the Online Volunteer Management Program (4HOnline). This will allow time to assist those who have not submitted.
- September 1 – Enrollment opens for new 4-H year (September 1 through August 31). Youth can enroll in approved clubs only.

Revocation and Dissolution of a Charter

4-H chartered units must follow all Utah State University/Utah 4-H policies and guidelines and meet the minimum annual requirements as outlined in the 4-H Charter Application. Failure to adhere to policies or meet minimum annual guidelines can result in the withdrawal of the 4-H charter and disbandment of the 4-H club or group.

With approval of the state 4-H director and upon the request of the USU Extension eounty director and/or solely at the discretion of the state 4-H youth development program director, a 4-H charter may be revoked at any time.

CLUB FAQS

Why are clubs important?

- The "club" is regarded as the most valuable and effective method of delivering positive youth development. The club environment is the most conducive to positive youth development because club environments are most likely to have all the Essential Elements of Youth Development (Belonging, Mastery, Independence, and Generosity) where developmental relationships can be created.
- Engaging youth in a close-knit group with caring adults has been shown to have the greatest positive and permanent influence on the development of critical life skills among youth.
- Clubs reflect the norms, values, beliefs, and cultures of families, the neighborhood, and communities, and provide a blend of ages and abilities.
- Clubs provide a safe environment where young people feel free to have conversations and discuss issues without risk of ridicule, misunderstanding, judgment, or negative labeling, and offer a chance to explore and experiment.

How many members should a club have?

To charter a club, there must be at least five members. However, beyond five, 4-H clubs can have as few or as many members as the leader(s) feels can be effectively included in the group. Five to ten members per adult is an optimum number; however, it depends on the project area(s) of the club. It also depends on how many co-leaders or assistant leaders will

be working together. Teach volunteers to limit their group to a number with which they and their co-leaders feel comfortable. As youth join, be sure to involve parents and think about how they can be trained for leadership roles.

Utah 4-H is open to all Utah residents regardless of race, color, age, national origin, sex, religion, or disability. Club membership should be representative of the neighborhood or community which it serves, and all reasonable effort should be made to promote the availability of 4-H to all residents.

How often should clubs meet?

It is recommended that 4-H clubs meet at least six times during the year.

This provides continuity and time for project development of individual and club goals. Some projects can be taught on a short-term or seasonal basis, such as during breaks in the school year. Some clubs meet throughout the year, and others may meet just during the summer months or during the school year.

There are several possibilities in choosing a day and time for club meetings:

- Once a month, on a weeknight, or a Saturday
- Once a week after school
- Daily after school
- Once a week for a defined period of time
- Other variations – limited only by the availability of volunteers and needs of club members

Where should clubs meet?

Where clubs meet depends on the number of members and the type of club.

Most schools, communities, and other groups are willing to let their facilities be used for 4-H activities. The following are just a few suggested locations:

- A leader's home
- Public school buildings
- Community buildings
- Churches
- Fairgrounds
- Other locations specific to project areas (e.g., A shooting sports club might meet at the local range.)
- Many clubs rotate meetings from one member's home to another's. Each family then has an opportunity to host a meeting.

Note: 4-H volunteers or members are not authorized to execute licenses, contracts, or facility use agreements for 4-H activities. Contact your Extension office if a facility requires a written facility use agreement or contract or proof of insurance coverage.

PLANNING A 4-H CLUB PROGRAM

Once the club has decided on basic goals, it's helpful for volunteers and youth to decide on things they want to learn and do as a group. A balanced 4-H program should include four things:

- Project work
- Fun activities

- One or more service projects
- Participation in county, state, and/or regional 4-H events including a special event for parents

Club Officers and Committees

Election/selection/rotation of officers gives club members an opportunity to develop leadership skills and responsibility. Pairing older members with younger members as senior and junior officers may be an effective strategy to involve a greater number of youth in leadership roles and reinforce the leadership experience for both ages. (See Leadership section for more information about officer roles.)

Sample Meeting Agenda:

(Secretary Handbook) (link)

1. Club Opening
   a. Call to order
   b. Icebreaker games
   c. Pledges
   d. Roll call
2. Business
   a. Approval of minutes
   b. Reports
   c. Unfinished business
   d. New business
3. Educational Activities
   a. Demonstrations
   b. Judging events
   c. Project plans
   d. Guest speakers
4. Recreation Activities
   a. Refreshments
   b. Games
5. Adjourn

Agendas will differ due to the nature of the meeting. Youth should work with their adult leaders to build agendas according to planned activities.

Involving Parents

Interested and active parents are a key component to a successful 4-H club. Parents may be asked to:

- Chaperone club activities
- Host a meeting
- Teach a skill or share a particular interest

Help parents understand what their children are doing in 4-H. Keep parents informed by:

- Encouraging them to attend club meetings.
- Phone or email parents to keep them involved in what's happening in the club.
- Make sure parents of new club members know they are expected to help in some way.

It may be difficult for beginning club members to decide what they want to do. You will need to train volunteers to try one or more of these to get them going:

- Make every member of the club feel important.
- Develop greater family participation by encouraging parents/guardians to attend at least two meetings during the year.
- Participate in community service projects.
- Hold regular club meetings.
- Encourage each member to present a topic or demonstration at club meetings.
- Encourage each member to hold an office or a committee responsibility.
- Tour at least one point of interest.
- Encourage 4-H members to set personal goals.

WORKING GROUPS

Utah 4-H has five Program Areas:

1. Agriculture, Environmental & Animal Science
2. Art
3. Civic Engagement
4. Family and Consumer Science (FCS) & Healthy Living
5. Science, Technology, Engineering, and Math (STEM)

Within these five Program Areas, there are 28 4-H projects. To support the five Program Areas and the 28 4-H projects, working groups have been established.

The 10 working groups develop and manage the 28 projects.

- AgriSciences
- Camps
- College and Career Readiness
- Family and Consumer Science
- Health and Wellness
- Horse & Livestock
- Leadership Development and Community Engagement
- Military Programs
- Outdoor Education
- STEM

Utah 4-H Project Areas

#	Project Area	Program Area
1	Agriculture	Agriculture, Environmental & Animal Science
2	Animals - Companion Animals (Pet Advocate, Dogs, Cats, Exotics, etc.)	Agriculture, Environmental & Animal Science
3	Animals - Large Livestock (Dairy, Beef, Goats, Swine, Sheep, Breeding Projects)	Agriculture, Environmental & Animal Science
4	Animals - Small Livestock (Poultry, Rabbits, etc.)	Agriculture, Environmental & Animal Science
5	Animals - Horse/Pony	Agriculture, Environmental & Animal Science
6	Arts and Crafts	Art
7	Biological Sciences (Entomology, Bees, Veterinary Science)	Agriculture, Environmental & Animal Science
8	Career Readiness (Career Exploration, Entrepreneurship, etc.)	Civic Engagement
9	Civic Education (government principles: processes and structure, history and cultural heritage, global context, and personal roles & responsibilities)	Civic Engagement
10	Civic Engagement (youth voice, informed decision-making, civic responsibility, global engagement, and social justice)	Civic Engagement
11	Emergency Preparedness and Safety	Family and Consumer Science (FCS) & Healthy Living
12	Engineering (Mechanical, Civil, Aerospace, Coding, Electrical)	Science, Technology, Engineering, and Math (STEM)
13	Family and Consumer Science (Child Care, Interior Design, Financial Literacy, etc.)	Family and Consumer Science (FCS) & Healthy Living
14	Fine Arts (Drawing, Painting, Performing Arts, Communications, etc.)	Art
15	Foods (Cooking, Food Preservation, Nutrition, etc.)	Family and Consumer Science (FCS) & Healthy Living
16	Gardens and Plants (Master Gardener, Plants)	Agriculture, Environmental & Animal Science
17	Health and Wellness (Mental, Emotional, Social, and Physical; Sports, Relationships, Family History, Resilience)	Family and Consumer Science (FCS) & Healthy Living
18	Introductory 4-H (Cloverbuds youth age 5-8)	Civic Engagement
19	Leadership Development	Civic Engagement
20	Natural Resources (Fishing, Outdoor Education, Product Design, etc.)	Agriculture, Environmental & Animal Science

#	Project Area	Program Area
21	Needle Arts (Crochet, Knitting, etc.)	Art
22	Photography and Filmmaking	Art
23	Physical Science (Physics, Chemistry, Rocks and Minerals, etc.)	Science, Technology, Engineering, and Math (STEM)
24	Service (Service Learning, Civic Engagement, Volunteerism)	Civic Engagement
25	Sewing (Construction, Quilting, Modeling, Textiles, etc.)	Family and Consumer Science (FCS) & Healthy Living
26	Shooting Sports (Archery, Shotgun, Rifle, etc.)	Agriculture, Environmental & Animal Science
27	Social Science (Archaeology, Anthropology, Misc. Sciences)	Science, Technology, Engineering, and Math (STEM)
28	STEM (Maker, STEAM Projects, STEM Creative Projects)	Science, Technology, Engineering, and Math (STEM)

AGRISCIENCES

The AgriSciences working group is tasked with bridging the gap between traditional agriculture and STEM project areas. Many youths involved in horse and livestock project areas have limited scope in terms of the practical application of their project areas. Likewise, many youths involved in STEM do not have a pathway for leadership, competition, and careers.

AgriSciences Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
Time • Extension Staff • 4-H Faculty • 4-H Staff • Volunteers • Community Partnerships Monetary Resources • Travel • Support Other Resources • Educational Supplies and Materials • Equipment	AgriScience Track (summer youth conference) • Mini workshops • Career fair Horse & Livestock Symposium • AgriScience Contest or Track • Create a spark • Promote state-level participation Other Activities • Tours of Agriculture facilities that use technology • Tours of non-ag facilities with applicable STEM integration • Volunteer & Staff Training	• General public • Youth involved in STEM projects such as JMG, Robotics, Maker Clubs • Youth involved in horse and livestock projects • Community members involved in both agriculture and STEM • Stakeholders for STEM careers and education • Youth currently involved in junior livestock program • Youth interested in agriculture that are limited due to socioeconomic and geographic factors • Community stakeholders	• Youth will learn about intentional AgriScience aspects to their projects (measured by #of attendees that indicate an increase of knowledge on post survey) • Participants/Youth that are exploring projects will develop a spark (measured by # of attendees that indicate a desire to learn more on a post survey)	• Youth will expand their experience and explore more agriculture or STEM areas within 4-H (measured by 4-H Online ID, events attended, self-reports) • Increased number of youth involved in programs (measured by 4-H Online) • Participants/Youth will accept leadership roles within the various program areas (measured by self-reports on volunteer activity)	• Youth choose careers in related fields (measured by survey of participants over several years and after high school graduation) • Participants/Youth continue to build the AgriScience program area by advocating and sharing what they have learned (measured by community surveys on general knowledge and understanding of topics, survey of participants)

Goals

1. Educate and train staff and volunteers to better promote all AgriSciences programming and enhance youth development experiences.

2. Identify and address limiting factors that discourage participation, and create opportunity for participation despite socioeconomic and geographic factors.

3. Enhance Utah 4-H stakeholders' understanding of our youth AgriSciences programs; garner support and build partnerships with community leaders in animal science, life science, technology, and mathematics areas.

4. Increase understanding and awareness of intentional AgriSciences work such as careers and related life skills.

State Level Experiences

Horse and Livestock Symposium (LINK)

State Contests (LINK)

Workshops and Clinics

Projects

Agrisciences Fair (LINK)

Agrisciences Triathlon (LINK)

Junior Master Gardeners (LINK)

CAMPS

The mission of the Camps working group is to ensure that all Utah 4-H camps are practicing the Experiential Learning Model, creating spark for youth and providing pathways for deeper 4-H involvement.

Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
• Extension Staff • 4-H Faculty • 4-H Staff • Volunteers • Community • Partners • Money • Materials • Training • Input from Industry • Professionals • (Research)	• Utah 4-H Camp Guidebook (Employees, Volunteers) • Project-Specific Camp Guides (Employees, Volunteers) • Staff Camp Trainings (Employees) • Camp Counselor Training (Employees, Volunteers, Youth) • Marketing Toolkits and Templates for Camps (Employees, Volunteers)	• All Youth attending Utah 4-H camps • Youth interested in project areas in which the subject matter of the camp covers • Volunteers in the Utah 4-H Program	• Current 4-H camps are being run with the guidebook provided • Project areas are enhanced and supported by project-specific camp guides • The camps team collaborates with all other working groups	• Camp facilitators are utilizing the help and input of the youth • Camp facilitators are determining a pathway for youth to leave the camp with a "next step" into 4-H • Volunteers are getting more involved with the facilitation of camps • Advertising techniques for camps are stronger	• 4-H camps are youth-led • All 4-H camps provide a spark to youth attendees • There are a variety of models and resources for camps that appeal to diverse audiences • 4-H Volunteer confidently and successfully facilitate camps • Attendance at 4-H camps increases

Projects

The Camps working group does not have a specific project area, rather they support and provide a content delivery mode for other project areas.

Resources

Utah 4-H Camp Guidebook (LINK)

Project/Program-Specific Camp Guides

- STEM Camp guides (LINK)
- Leadership (LINK)
- Intro to Animal Projects (LINK)
- Archery (LINK)
- College & Career Readiness (LINK)
- Instructions/suggestions for implementing Healthy Living elements into 4-H camps/events/activities (LINK)

COLLEGE AND CAREER READINESS

The College and Career Readiness working group aims to provide research-based resources to help youth leaders, 4-H volunteers, or 4-H coordinators to intentionally infuse college and career readiness programming into 4-H programs in their community. These resources are sorted by the stages of the 4-H Career Pathway, then by 4-H age.

Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
• Time • Extension Staff • 4-H Faculty • 4-H Staff • Volunteers • Community Partnerships • Monetary Resources • Travel • Support • Other Resources • Educational Supplies and Materials • Equipment	• AgriScience Track (summer youth conference) • Mini workshops • Career fair • Horse & Livestock Symposium • AgriScience Contest or Track • Create a spark • Promote state-level participation • Other Activities • Tours of Agriculture facilities that use technology • Tours of non-ag facilities with applicable STEM integration • Volunteer & Staff Training	• General public • Youth involved in STEM projects such as JMG, Robotics, Maker Clubs • Youth involved in horse and livestock projects • Community members involved in both agriculture and STEM • Stakeholders for STEM careers and education • Youth currently involved in junior livestock program • Youth interested in agriculture that are limited due to socioeconomic and geographic factors • Community stakeholders	• Youth will learn about intentional AgriScience aspects to their projects (measured by #of attendees that indicate an increase of knowledge on post survey) • Participants/Youth that are exploring projects will develop a spark (measured by # of attendees that indicate a desire to learn more on a post survey)	• Youth will expand their experience and explore more agriculture or STEM areas within 4-H (measured by 4-H Online ID, events attended, self-reports) • Increased number of youth involved in programs (measured by 4-H Online) • Participants/Youth will accept leadership roles within the various program areas (measured by self-reports on volunteer activity)	• Youth choose careers in related fields (measured by survey of participants over several years and after high school graduation) • Participants/Youth continue to build the AgriScience program area by advocating and sharing what they have learned (measured by community surveys on general knowledge and understanding of topics, survey of participants)

State Level Experiences

4-H University: 4-H University is a day camp hosted by the State 4-H Office at Utah State University to teach Intermediate aged 4-H members about the next steps toward a successful future. We partner with on-campus departments to allow youth to experience what it would be like to earn a degree and work in a career related to their current interests. Youth attendees will have the opportunity to choose between Ag/Animal Science, Aviation, Outdoor Product Design, Small Business Development, or Outdoor Recreation and Tourism for their departmental experiences. We also host workshops for all attendees about career readiness such as scholarship preparation, communication skills, interviewing, résumé development, adulting, and financial readiness. This is an incredible opportunity for 6th through 8th grade youth to explore ideas for their education and career readiness.

Projects

The College and Career Readiness working group does not have a specific project area, rather they support and provide a content delivery mode for other project areas.

Resources

College and Career Readiness Hot Sheet (LINK)

4-H Career Readiness Guidebook (LINK)

The 4-H Career Readiness Guidebook is a 33-page guide instructing adult mentors how to develop College and Career Readiness programs in their counties. The chapters include Why Career Readiness, Positive Youth Development, Designing Your Life, An Adult Leader's Role, and Charting the Course. Through reading the guidebook, following the resources, and seeking partnerships where necessary, counties should be able to create a solid college and career readiness programming foundation in their communities.

College and Career Awards and Recognition Program (in progress)

Club Level: Career Readiness Club Meeting Warmups

https://utah4h.org/projects/leadership/careerreadiness/club-meeting-warm-up

4-H Club Meeting Warm-Ups were developed as an effective way to infuse 4-H College and Career Readiness with 4-H project work. The main template includes an outline for volunteers to follow, with research-based materials, a supplies list, activity outline, and follow-up discussion outline. Volunteers do not need any prior training to pick up a lesson to teach their group, and lessons are short, interactive, and age appropriate.

Regional & State Levels: Career Readiness Short Activities

https://usu.box.com/s/6olb2sgkdqansbu7rz4nwryidpd5opt1

4-H Career Readiness Short Activities are 5-10 minute worksheets for youth to learn about Career Readiness during another project area–themed event such as a leadership camp, horse show, livestock show, etc. Youth are able to self-select which Career Readiness activity relates to their current need, complete the activity with help from a facilitator, and take a Career Readiness SWAG item upon completion.

Marketing Materials: Career Readiness Pipeline Modules, Pull Up Banners, and SWAG

Materials to take to 4-H and outreach events related to 4-H Career Readiness are available. Specifically, the 4-H Career Readiness Pipeline modules teach youth about specific degrees and careers that are related to their passions. 4-H allows youth to experience hands-on activities related to their intrinsic passions and learn life skills that will launch them into

successful careers. These modules allow any youth to realize there are multiple opportunities in their future to fit their goals. 4-H Career Readiness Pipeline modules have been created for the following areas: Agribusiness, Agricultural Economics, Agricultural Education, Agricultural Mechanics, Animal/Dairy/Veterinary Science, Agribusiness, Biotech, Bioveterinary Science, Equine Science, Communication Studies, Military Science, Business Administration, Elementary Education, Special Education, and Marketing.

https://utah4h.org/projects/leadership/careerreadiness/career-readiness-pipeline-modules

Family and Consumer Science

The Family and Consumer Science (FCS) working group is to provide guidance and direction for 4-H–related projects, contests, and fair exhibits related to the FCS area.

Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
• Time • Extension Staff • 4-H Faculty • 4-H Staff • Volunteers • Community Partnerships • Monetary Resources • Travel • Support • Other Resources • Educational Supplies and Materials • Equipment	• AgriScience Track (summer youth conference) • Mini workshops • Career fair • Horse & Livestock Symposium • AgriScience Contest or Track • Create a spark • Promote state-level participation • Other Activities • Tours of Agriculture facilities that use technology • Tours of non-ag facilities with applicable STEM integration • Volunteer & Staff Training	• General public • Youth involved in STEM projects such as JMG, Robotics, Maker Clubs • Youth involved in horse and livestock projects • Community members involved in both agriculture and STEM • Stakeholders for STEM careers and education • Youth currently involved in junior livestock program • Youth interested in agriculture that are limited due to socioeconomic and geographic factors • Community stakeholders	• Youth will learn about intentional AgriScience aspects to their projects (measured by #of attendees that indicate an increase of knowledge on post survey) • Participants/Youth that are exploring projects will develop a spark (measured by # of attendees that indicate a desire to learn more on a post survey)	• Youth will expand their experience and explore more agriculture or STEM areas within 4-H (measured by 4-H Online ID, events attended, self-reports) • Increased number of youth involved in programs (measured by 4-H Online) • Participants/Youth will accept leadership roles within the various program areas (measured by self-reports on volunteer activity)	• Youth choose careers in related fields (measured by survey of participants over several years and after high school graduation) • Participants/Youth continue to build the AgriScience program area by advocating and sharing what they have learned (measured by community surveys on general knowledge and understanding of topics, survey of participants)

State Level Experiences

- Monthly FCS-related training or practice contests held virtually for staff, volunteers, and youth (LINK)
- FCS Classic (LINK)
- Statewide training for youth and adults on a variety of FCS projects (LINK)
- State level, FCS-related contests (LINK)
- 4-H Cooking Challenge (LINK)
- 4-H Favorite Foods (LINK)
- Fashion Revue (constructed and purchased divisions) (LINK)
- FCS Presentation – sewing division (LINK)
- FCS Presentation (LINK)
- FCS Skill-a-Thon (LINK)
- FCS Bowl (LINK)
- Consumer Decision-Making (LINK)
- State FCS Project Ambassadors (LINK)
- Youth in 9-12 Grand (LINK)
- Advocate for the FCS project area (LINK)
- Partner with FCS working group to enhance programming (LINK)
- Support the county by hosting practice contests or training that will create "spark" experiences, strengthen project area skills, and provide pathway opportunities (LINK)

Food Projects

Cooking, food preservation nutrition, etc.

In this project, youth will develop life skills in food-related topics including cooking, baking, food preservation, and nutrition. They will explore the science, nutrition, and history of cooking on their journey to becoming a chef.

Resources

- Project Sheet (LINK)
- Contest Resources https://utah4h.org/events/statecontests/ then select FCS
- 4-H Cooking Challenge (LINK)
- 4-H Favorite Foods (LINK)

Awards and Recognition

- Ribbon and premium money at county or state fair
- FCS contest awards at county, state, and national levels
- FCS 4-H portfolio (résumé and cover letter) at county and state level

Sewing & Textiles Projects

Construction, quilting, modeling, etc.

In this project, youth will learn about clothing and textiles, fashion, sewing construction techniques, and design principles as they create clothing, accessories, and quilts. Sewing is part of the Family and Consumer Science (FCS) area that may include sewing, purchasing clothing, fashion design, clothing repair, modeling, quilting, and more.

Resources:
- Project Sheet (LINK)
- Contest Resources https://utah4h.org/events/statecontests/
- Fashion Revue (constructed and purchased divisions) (LINK)
- FCS Presentation – sewing division (LINK)

Awards and Recognition
- Ribbon and premium money at county or state fair
- FCS contest awards at county, state, and national levels
- FCS 4-H portfolio (résumé and cover letter) at county and state level

Needle Arts Projects

Crochet, knitting, needlework, etc.

Needlework is a decorative sewing handicraft and art form. It uses many different forms of thread-able material and pliable textile. Needlework tools can include hooks, shuttles, and many different sizes and shapes of needles. Possible projects include Crochet, Knitting, Tatting, Macramé, Needlepoint, Cross-Stitch, Embroidery, Bead Embroidery, Needle Felting, Punch Needle, Applique, and Hand Quilting.

Resources
- Project Sheet (LINK)
- Contest Resources (LINK)
- FCS Presentation (LINK)

Awards and Recognition
- Ribbon and premium money at county or state fair
- FCS contest awards at county, state, and national levels
- FCS 4-H portfolio (résumé and cover letter) at county and state level

Family and Consumer Science Projects

Childcare, financial literacy, consumer skills, interior design, etc.

In Family and Consumer Science (FCS) projects, youth develop skills in areas of Child Care, Financial Literacy, Consumer Decision-Making, and Interior Design. These skills include:
- Discovering how children learn and grow cognitively, emotionally, physically, and socially
- Creating a safe place for children with improved babysitting skills
- Basic principles of personal money management
- Identify needs and wants related to spending and make informed consumer decisions
- Making informed consumer decisions
- Elements and principles of design to make a house a home

Resources:
- Project Sheet (LINK)
- Contest Resources (LINK)
- FCS Presentation (LINK)
- FCS Skill-a-Thon (LINK)

- FCS Bowl (LINK)
- Consumer Decision-Making (LINK)

Awards and Recognition

- Ribbon and premium money at county or state fair
- FCS contest awards at county, state, and national levels
- FCS 4-H portfolio (résumé and cover letter) at county and state level

HEALTH AND WELLNESS

Description

Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
• Item 1	• Item 1	• Item 1	• Item 1	• Item 1	• Item 1

State Level Experiences

Projects

ANIMAL SCIENCE AND HORSE & LIVESTOCK

The Horse & Livestock working group is committed to providing resources and support to all county- and state-level horse and livestock programs. This includes programmatic materials as well as trainings for coordinators, volunteers, and youth.

Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
• Time • Extension Staff • 4-H Faculty • 4-H Staff • Volunteers • Community Partnerships • Monetary Resources • Travel • Support • Other Resources • Educational Supplies and Materials • Equipment	• AgriScience Track (summer youth conference) • Mini workshops • Career fair • Horse & Livestock Symposium • AgriScience Contest or Track • Create a spark • Promote state-level participation • Other Activities • Tours of Agriculture facilities that use technology • Tours of non-ag facilities with applicable STEM integration • Volunteer & Staff Training	• General public • Youth involved in STEM projects such as JMG, Robotics, Maker Clubs • Youth involved in horse and livestock projects • Community members involved in both agriculture and STEM • Stakeholders for STEM careers and education • Youth currently involved in junior livestock program • Youth interested in agriculture that are limited due to socioeconomic and geographic factors • Community stakeholders	• Youth will learn about intentional AgriScience aspects to their projects (measured by #of attendees that indicate an increase of knowledge on post survey) • Participants/Youth that are exploring projects will develop a spark (measured by # of attendees that indicate a desire to learn more on a post survey)	• Youth will expand their experience and explore more agriculture or STEM areas within 4-H (measured by 4-H Online ID, events attended, self-reports) • Increased number of youth involved in programs (measured by 4-H Online) • Participants/Youth will accept leadership roles within the various program areas (measured by self-reports on volunteer activity)	• Youth choose careers in related fields (measured by survey of participants over several years and after high school graduation) • Participants/Youth continue to build the AgriScience program area by advocating and sharing what they have learned (measured by community surveys on general knowledge and understanding of topics, survey of participants)

Goals

1. Educate and train staff and volunteers to better promote all animal science programming and enhance youth development experiences.

2. Identify and address limiting factors that discourage participation and create opportunity for participation despite socioeconomic and geographic factors.

3. Enhance Utah 4-H stakeholders' understanding of our youth animal science programs; garner support and build partnerships with community leaders in animal science areas.

4. Increase understanding and awareness of intentional AgriSciences work such as careers and related life skills.

State Level Experiences

- Horse and Livestock Symposium (LINK)
- State Contests (LINK)
- Workshops and Clinics (LINK)
- Utah 4-H State Horse Show (LINK)
- Youth Mustang Challenge (LINK)
- Horse Classic Triple Crown (LINK)
- State Junior Livestock Shows (LINK)
- Junior Livestock (LINK)
- Dairy (LINK)
- Turkeys (LINK)
- Leadership Opportunities (LINK)
- State Horse Ambassadors (LINK)

Projects

Horses

- Horse Classics
- Western
- Two-Handed
- Mustangs
- Working Ranch Horse

Junior Livestock

- Market Animals
- Breeding Animal Projects

Small Livestock

- Tukey
- Meat Rabbits
- Poultry and Waterfowl

Companion Animals

- Pet Advocate
- Dogs

Resources

- Program Guides (LINK)
- Horse Program Guide (LINK)
- Large Livestock Program Guide (LINK)
- Small Livestock Program Guide (LINK)
- Dogs Program Guide (LINK)
- Companion Animals/Pet Advocate Program Guide (LINK)

Awards and Recognition

Rank advancements for:

- Horse (LINK)
- Livestock Large and Small (LINK)
- Breeding Animals (LINK)
- Companion Animals/Pet Advocate (LINK)

LEADERSHIP DEVELOPMENT AND COMMUNITY ENGAGEMENT

The Leadership Development and Community Engagement work group plans and implements strategies to build interpersonal and community awareness skills within the Utah 4-H program. The working group is comprised of 4-H staff, volunteers, and youth, with the common goal of providing practical and applied curriculum, programming, and handbooks.

Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities What We Do	Participation Who is Reached	Short	Medium	Long
• Item 1	• Item 1	• Item 1	• Item 1	• Item 1	• Item 1

Goals

- Create strong, sustainable, youth driven and lead leadership, civic engagement, and service programs.
- Create developmental pathways, supporting curriculum and handbooks/guides to enhance developmental experiences and opportunities for youth and volunteers.
- Create an awards structure that motivates and builds résumé and scholarship potential.
- Develop collaborative opportunities to partner with and integrate statewide programming with other youth-serving organizations.

State Program Experiences

- Teen Summit   Leadership
- Design teams training   Leadership
- TRY Team Training   Leadership – Subject matter hosted by other WG
- Youth City Council Con.   Leadership
- National Conference   Leadership
- Mock Legislature   Civic Engagement
- CWF - Citizenship Washington Focus   Civic Engagement
- Service – to be integrated into all. Looking at a couple national service experiences

Youth Leadership Projects

Soft skills development

Youth leadership is a central part of the developmental learning our youth experience. Youth-driven programming comes from youth-making decisions and then acting on them, while being guided by a mentoring near-peer youth or adult. Leadership opportunities starts on the club level and expands as members grow and develop new skills. Youth can advance through four different leadership opportunities:

- Club Operations
- Project Engagement
- Planning and Teaching
- Leadership Team

These four leadership opportunities should exist at both the county and the state level but may be tailored to fit county needs.

	Club Operations	Project Area	Planning and Teaching		Leadership Team
State	Youth/Teen Council	State Project Ambassador	Design team Region Ambassadors		State Ambassadors
County	Club members & officers	Project Ambassadors	Try Teams	Camp Counselor	Teen Council

Leadership Roles and Purpose:

- County Club members & officers
  - 3-12 grade
  - Start to develop soft skills (teamwork, decision-making, public speaking)

- o   Help plan and implement club activities
- County Project Ambassadors
  - o   6-12 grade
  - o   Advocate for their chosen project area – recruit and promote
  - o   Partner with volunteer project councils to enhance programming
  - o   Host activities that will create "spark" experiences, strengthen project area skills, and provide pathway opportunities
    Note: Project Ambassadors often also act as TRY Teams and Camp Counselors for their chosen project area.
  - o   Liaison for chosen project area between the state and the county youth
- County TRY Team (often subset of Project Ambassadors) – Short-term team
  - o   6-12 grade
  - o   3-5 youth and one adult advisor
  - o   Formed for a specific role of planning and teaching a curriculum
  - o   Teach in workshops, clubs, camps
- County Camp Counselors – Short-term team
  - o   6-12 grade
  - o   Plan and host camps
- County Youth Council/Teen Council
  - o   6-12 grade – Variable with Jr. Teen and Teen Councils as needed
  - o   Leadership team for the county
  - o   Members serve on volunteer councils
  - o   Provide leadership training for all county youth leadership (including club officers)
  - o   Liaison for leadership between the state and the county youth
- Region Ambassadors
  - o   8-12 grade
  - o   Advanced leadership/soft skill development
  - o   Host events that provide leadership and soft skill development
- State Project Ambassadors
  - o   9-12 grade
  - o   Advocate for their chosen project area – recruit and promote
  - o   Partner with state volunteer project councils to enhance programming
  - o   Support county programs by hosting activities that will create "spark" experiences, strengthen project area skills, and provide pathway opportunities
    Note: Project Ambassadors often also act as TRY Teams and Camp Counselors for their chosen project area.
  - o   Liaison for chosen project area between the state and the county youth
- State Design Teams – Short-term team
  - o   9-12 grade
  - o   Program-specific team created to plan, organize, and implement a statewide event: JYC, i4-H, Teen Winter Retreat, etc.
- State Ambassadors
  - o   11-12 grade
  - o   Advocate for 4-H – Face of 4-H at state level (politicians, businesses, etc.)
  - o   Leadership team for the state

- o Members serve on state 4-H volunteer and strategic councils
- o Provide leadership training for all state youth leadership (Design teams, State Project Ambassadors, etc.)
- o Liaison for leadership between the state and the county youth

Service and Service Learning Projects

Generosity and giving back

Although community service and service learning both encourage youth to be engaged in their communities, there are fundamental differences.

Community service can be performed at any time for any reason. This service benefits the community and provides an opportunity for the youth to develop compassion and generosity toward others. Service learning is a form of experiential learning in which youth apply the subject matter they are learning along with critical thinking skills to address genuine community needs.

When youth are involved in selecting and planning such efforts and have structured time to reflect, talk, and write about the actual service activity, the youth learn more, they become more confident about what they have learned, they improve in problem-solving ability, their leadership and social abilities improve, they take more enjoyment in the overall learning experience, they retain the subject matter longer, and they are more likely to volunteer to serve the community in the future.

Our goal in the service learning project area is to bring awareness to the need and benefits of service in each and every club, project area, and leadership role. Our hopes are that we can implement a service experience that will be available to those 4-H members who go above and beyond in regards to service learning.

Civic/Community Engagement Projects

Advocacy and government awareness

This learning opportunity teaches youth about their role in their culture and community. Through discovering their unique roles, youth will experience all stages of community engagement. While working through the process of identifying and discovering their individual voice, youth will begin to interact with their communities to solve problems and fulfill needs. Learning done in this project area will foster community engagement and teach youth how they can make positive changes within their sphere of influence.

Project objectives include:

- Help youth build and enforce positive character traits through sharing their own opinions and respecting the beliefs of others.
- Create awareness over current issues within their communities, countries, and world.
- Increase knowledge of the processes and methods through which change occurs.
- Empower youth to act and create the change needed within their sphere of influence.

Resources

- Youth Leadership – Project Pathway (LINK)
- Youth Leadership – Volunteer Guide (LINK)
- Service – Project Pathways (LINK)
- Service – Volunteer Guide (LINK)
- Community Engagement – Project Pathway (LINK)

- Community Engagement – Volunteer Guide (LINK)
- Secretary Handbook (LINK)
- Leadership Handbook (LINK)
- Region Ambassador Handbook (LINK)
- Ambassador Handbook (LINK)
- Design Team Handbook (LINK)
- TRY Team Handbook (LINK)
- 4-H Curriculum (LINK)

4-H MILITARY PARTNERSHIPS PROGRAM

The goal of the program is military readiness through 4-H positive youth development for youth, families, and communities. With this program we, Utah 4-H and Youth Programs, collaborate with military partners to integrate our research-based programs and resources for military-connected youth, families, and communities to thrive.

The way we do this is by:

- Creating opportunities to bring military-connected youth and families together
- Supporting military partner events
- Inviting and integrating military-connected youth and families into existing 4-H programs

Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
• Item 1	• Item 1	• Item 1	• Item 1	• Item 1	• Item 1

State Level Experiences

For Military-Connected Youth Only (They are the only participants in this case.)

- Clubs, camps, councils, etc.

For Military-Connected Parents/Families and Enlisted individuals

- Activities to explore 4-H (youth: to participate; adults: to volunteer)
- Enlisted individuals (airmen for Air Force and soldiers for Army) typically have volunteering requirements, and they might enjoy volunteering through 4-H.

For when we partner on an existing partner event

- We might lead an activity at an event where the parents are in a separate space and we are with the youth having them rotate through activities. I did this in an event when a parent was going to be deployed and they had family education to prepare.
- A booth at a Halloween or children's Christmas party
- A presentation about 4-H and a booth at a family day
- These types of events can be ways for military-connected families to explore 4-H.
- Planning ahead can help make 4-H and your programs and opportunities stick out:
  - Branding
  - Unforgettable activity
  - Swag
  - Etc.

Our Utah military partners include:

Partner	Military Component(s)	Central Service Counties
Air Force	Active, National Guard, Reserve	Davis, Weber, Salt Lake
Army	Active, National Guard, Reserve	Cache, Salt Lake, Tooele, Utah, Washington (also have armories throughout the state)

Important to Note:

Even if National Guard or Reserve, every unit has full-time staff stationed here in Utah. Some military-connected youth are integrated into communities and need opportunities to connect with other youth with similar lived experiences or other military-connected youth. [Purpose for activities/events where only military-connected youth attend.]

Some youth are connected with other military-connected youth and need to feel belonging in their community by having opportunities to integrate into existing 4-H programming. [Purpose for need to reach out to and engage military-connected youth.]

Projects

Typically, funding is available to Utah 4-H and youth programs from USDA/NIFA through Kansas State University for Air Force and Army programming. In 2020, only Air Force funding was an option to apply for. Funding was provided by Best Buy and is available for any military-connected youth programming.

Program coordinators and faculty may have access to funding for local military-connected youth programming. There are times when a request is made from a partner and specific counties are contacted for support.

All military partners appreciate any opportunity that we can provide. They typically highlight the following topics on their grant applications:

- Resilience and Social Emotional Learning
- Healthy Living
- College and Career Awareness
- STEM
- Leadership

Resources

Curriculum and professional development is available that is specific to military-connected youth and families:

- 4-H National Military Partnerships Program Website – Teaching Materials
  https://4-hmilitarypartnerships.org/resources/educator-resources
- 4-H National Military Partnerships Program Website – Professional Development
  https://www.4hmilitarypartners.org/

Points of Contact

- State 4-H Military Partnerships Program Liaison
  Zuri Garcia
  zuri.garcia@usu.edu
  435-919-1333
- Air Force Grant Coordinator
  Elizabeth Shaw
  elizabeth.shaw@usu.edu

OUTDOOR EDUCATION

4-H Outdoor Education and Shooting Sports provides the high-quality program necessary for positive youth development by engaging youth in the safe, responsible use of firearms and archery equipment, in a variety of settings through comprehensive education, lifelong recreation, and healthy competition. Along with education and training in the great outdoors, teaching youth of today how to treat, maintain, and promote conservation practices will ensure future generations properly use natural resources.

Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
• Working groups • Volunteers • County staff • Equipment and supplies • Fundraising/grants • Extension/staff • Partners/donors/advocates	foundational support • Volunteer recruitment • Volunteer support and recognition • Volunteer training/RSO, ss certification • Volunteer track or road map • Volunteer handbook or guide Program development • Working group • Clinics on disciplines • Western heritage • Shooting sports program • Youth roadmap and track Professional	• Youth • Adult volunteers • Extension staff • Club leaders • Youth program coordinators • Direction given through ideas and scheduling of individual in groups	Foundational support • Open houses on WHP and shooting sports • Roadmap of volunteer entry • Roadmap of volunteer recognition • Where anyone can access all essential files • Staff and volunteer communication path Program development • Goals to drive working group • Dates of clinics and helps to kick off clubs • Material out explaining WHP • Advancement program and recognitions to youth	• Adults get spark at open house and want to participate as volunteer • Roll out or introduce roadmap to county people • Introduction of recognition roadmap • Advertise where and how to access information • Plan to introduce and implement adv pro • Disperse out to all counties scheduled dates • All involved are signed up to stay connected • Ongoing training tips and helps for skills and programs	• Established key people in successful ss leadership roles • No question on how to join and participate in volunteer shooting sports 4-h • Desired incentive to participate in program • Library of files on all things needed shooting sports • Everyone has account on shooting sports website • Established self-governing working group within Utah • Well established program for counties to schedule around set dates

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
	development • Staff update and trainings • Ss web page 4-sscollege • Instagram tips and helps/YouTube Operations • Volunteer management track • Evaluation • Service delivery/clubs		and leaders • Professional development • Schedule out of training dates • Introduction to site and sign ups • YouTube tips on all aspects ss and WHP Operations • Have tools and supplies to provide quality program	• Have significant involvement	• Well established WHP club throughout the state growing • High percent of youth achieving top recognition • Yearly established training dates to schedule by • Established way of getting information of ss program • A wealth of knowledge available on an subject in shooting sports area

Outdoor Education Projects

Multiple activities to enjoy the outdoors while considering the importance of being conservation minded. Events and trainings in learning responsible outdoor manners while participating in fly-fishing, hiking, mountain biking, camping, any many other great outdoor activities. As a group or club participate in conservation service projects to benefit communities

Other emphases in the outdoors:

- Biking
- Camping
- COPE and climbing
- Fishing
- Leave no trace
- Outdoor ethics

Resources

- Hot Sheets
    o Outdoor Project Design (LINK)
    o Natural Resources (LINK)
    o Beginning Fly Fishing Instruction Book (LINK)
    o Fly-Fishing Educational Camp and Competition (LINK)
- Beginning Fly-Fishing Manual (LINK)
- Awards & Recognition Program
  Working Group / currently working on award and recognition program

Shooting Sports Projects

Shooting sports help the youth with the following which we try to provide:

- Find and explore passions/interests.
- Engage in an effective 4-H program setting.
- Develop positive relationships with adults, youth, and peers.
- Explore a vast array of 4-H educational, recreational, and competitive activities.
- Thrive in multiple settings.
- Enhance developmental and long-term outcomes.
- Practice safe and responsible use of firearms and archery equipment, enhancing existing shooting, conservation, and hunter education programs.
- Explore the national 4-H Mission Mandates: STEM, Healthy Living, and Civic Engagement.
- Model safety, sportsmanship, and ethical behavior.
- Strengthen knowledge and life skills.

Resources

- Hot Sheets
    o STATE COMPETITION HOT SHEET / easy to follow instructions
      Working group currently working on this
    o NATIONAL COMPETITION HOT SHEET / easy to follow instructions
      Working group currently working on this

- SHOOTING SPORT LEADERS GUIDEBOOK (LINK)
    - o .22 Rifle Competition Leaders Guide (LINK)
- Awards & Recognition Program
    - o THE SHOOTING SPORTS ADVANCEMENT GUIDE (LINK)
    - o BUCKLE AWARD (LINK)

Western Heritage Projects

The 4-H Western Heritage Project combines a comprehensive study of the Old West with the fastest growing shooting sports discipline in the world – western action shooting. The purpose of this project is to provide an avenue for 4-H members and adult leaders to experience the lifestyles and cultures of the Old West from the period of around 1860–1900 through a living history approach to learning while instilling the concepts of gun safety and personal responsibility. Members dress in Old West clothing, shoot replica firearms of the frontier period, and expand their knowledge of U.S. history.

Resources

- Hot Sheets
    - o STATE COMPETITION HOT SHEET / easy to follow instructions
      Working group currently working on this
    - o NATIONAL COMPETITION HOT SHEET / easy to follow instructions
      Working group currently working on this
- Guidebooks
    - o Western Heritage introduction Video / link on national site ready to go (LINK)
    - o Western Heritage Project General Contest Rules / link on national site (LINK)
- Awards & Recognition Program
  Working Group / currently working on award and recognition program

Shooting Sports Ambassadors Projects

- Ambassador Application (LINK)
- Ambassador training curriculum working group working on this currently

Contests

- Shooting Sport State Contest (LINK)
- Shooting Sports National Contest (LINK)
- Western Heritage State Contest Utah 4-hshootingsportscollege.com site (LINK)
- Western Heritage National Contest link to national site (LINK)

STEM

The STEM working group provides oversight and guidance for Science, Technology, Engineering, and Math programs and projects. While youth may participate in various STEM projects and pathways, the primary goal of this working group is to use these experiences to help youth develop the skills and understanding to effectively use three critical problem-solving processes: the Scientific Method, the Engineering Process, and Computational Thinking.

Logic Model

INPUTS	OUTPUTS	OUTPUTS	OUTCOMES	OUTCOMES	OUTCOMES
What We Invest	Activities *What We Do*	Participation *Who is Reached*	Short	Medium	Long
• Item 1	• Item 1	• Item 1	• Item 1	• Item 1	• Item 1

State Level Experiences

Some of the youth STEM project areas include:

- Makerspace or Innovation Spaces
- Drones
- Coding
- Electronics
- Robotics
- Engineering Design
- Outdoor Design
- Natural and Life Sciences
- Earth and Space Sciences

Semi-annual family STEM outreach activities

May and October (working group develops events and activities that can be implemented by counties and communities state-wide. Provides an opportunity for youth and families to experience "spark" in STEM activities, and provides leadership experience for STEM youth.

i4-H Camp

Annual camp for students in 7th and 8th grade with a STEM emphasis.

Kits4Checkout program

The STEM working group provides oversight for a statewide repository of materials and curriculum available for checkout by USU faculty, staff, and volunteers, as well as other formal and informal educators. Currently we have over 250 items available for checkout.

Statewide Contests

- Engineering Design Challenge: Individual and team contest to use critical thinking skills to design a solution to a social issue.
- Game Design Challenge: Provides the opportunity to develop computational thinking and teamwork skills through board game design.
- Digital Arts Festival and competitions: Graphic arts, photography, and videography
- Utah National Science Bowl Qualifier: We host the qualifying event for both junior high and high school students.

STEM Youth Leadership Opportunities

- STATE STEM Ambassadors: Youth help to design the STEM outreach activities and help to train local youth leaders through TRY Team Training.
- STEM TRY Teams: Local and regional teams of youth who use a near-peer mentoring model to create STEM clubs and camps for younger peers; may also serve as mentors for afterschool STEM outreach.
- Design Teams: Design and lead i4-H Camp and other STEM events.

STEM by Stealth

One of the unique aspects of informal STEM education is that it touches almost every other area of programming. Research has shown that by 4th grade, many youths have self-selected out of STEM activities due to cultural expectations, peer pressure, insecurity with math, and other factors. We seek to increase participation in STEM by integrating "by stealth" into other areas of interest. For example, in a Kids in the Kitchen club, we might learn the chemistry behind an egg turning white as it cooks or what causes cheese to melt. We might learn

measurement, graphing skills, and geometry through quilt design. We seek opportunities to collaborate with other working groups to increase understanding in the role that STEM plays in all aspects of life.

Community Partnerships

We partner with other organizations in the community to provide STEM opportunities that are already well established to 4-H youth. A 4-H club can provide the opportunity to deepen the experiences in STEM activities. For example:

- We host the Junior. High and High School National Science Bowl Qualifiers for Utah.
- We hold a large First Lego League state-qualifying tournament each year.
- We work with the Utah STEM Action Center to provide computing partnership programming to schools in many areas of the state. We have also worked with them to design state outreach projects and teach best practices.
- We provide training to both formal and informal educators each year.
- Our clubs participate in many STEM competitions in the community, including ROAV drone competitions, VEX Robotics, FIRST Robotics, Envirothon, hackathons, and many others.

Outreach

Statistics consistently show that females and many minority groups are underrepresented in STEM fields, both in educational activities and in the workforce. While not all demographics may come to us seeking STEM experiences, we can find ways to take more of these experiences to where they are by using grant funding to provide afterschool programs targeting the needs of these students. We also work to ensure that our afterschool activities help reinforce the STEM concepts that kids are learning in the classroom during the school day.

4-H EVENTS

Members of Utah 4-H can attend several events and contests on a county, regional, state, and national level. Whether it is a camp, contest, training, retreat, etc., all of the events have a specific purpose that enhances the 4-H youth experience and provides positive youth development.

COUNTY EVENTS

County events are selected and organized by the local 4-H agents and volunteer leader council. All county events are noncompetitive learning opportunities. County events are optional and may include day camps, super Saturdays, and field days.

STATE EVENTS

Statewide events are designed for youth to come together with their peers from all over Utah by participating in age-appropriate activities. Mission Mandates are emphasized at each event.

Junior Youth Conference

Junior Youth Conference (JYC) is held at Snow College each June. It is a tremendous experience for 5th and 6th grade 4-H'ers to participate in fun workshops, the annual Snow Follies, and great learning experiences. With older 4-H youth serving as mentors, 4-H'ers improve self-esteem, strengthen involvement and interest in 4-H, and have opportunities to

meet other youth throughout the state.

(LINK)

Intermediate 4-H Camp

Intermediate 4-H (i4-H) is a fun-filled adventure targeted for 7th and 8th grade youth to help them discover the future of 4-H in their lives, learn more about and/or develop teamwork and leadership skills, and further develop social skills. It is held at the USU Eastern campus in Price each June. A leadership team of teens serves as group leaders, as well as plans and facilitates learning experiences. Highlights of the camp include design challenges, swimming, interactive workshops, and service learning.

(LINK)

Summer Teen Summit

Youth are not just the leaders of tomorrow; they can be the leaders of today! Teen Summit is the premiere 4-H leadership development conference for youth ages 14–18. Hosted in July at Utah State University, this conference is based on the power youth have to direct change and influence, both in their own lives and the communities where they live. Participants will gain the tools they need to build confidence, work effectively with others, and the motivation to act now.

(LINK)

Teen Winter Retreat

Teen Winter Retreat is held in January at Aspen Grove for high school–aged teens who come to a two-day camp to learn about relationships. Teen leaders teach youth about how to interact with peers, family members, and dating. Youth learn relationship skills such a nonverbal and verbal communication, appropriate behavior in relationships, and social interaction skills. Teens also have the opportunity to go cross-country skiing and snowshoeing.

(LINK)

Mock Legislature

Mock Legislature is an opportunity for 9th–12th grade youth across Utah to experience the role of the legislature each April. Partnering with Representative Paul Ray and members of the Office of Legislative Research, teens get the rare opportunity to present and debate current bills on the House Floor of the Utah State Capitol. Youth practice the entire legislative process by studying bills prior to the event, presenting the bill in committee, and passing or rejecting the bill on the House Floor. This is an incredible educational experience, giving youth a chance to practice the legislative process hands on.

(LINK)

4-H University

4-H University is a day camp hosted by the State 4-H Office at Utah State University to teach intermediate-aged 4-H members about the next steps toward a successful future. We partner with on-campus departments to allow youth to experience what it would be like to earn a degree and work in a career related to their current interests. Youth attendees will have the opportunity to choose between Ag/Animal Science, Aviation, Outdoor Product Design, Small Business Development, or Outdoor Recreation and Tourism for their departmental experiences. We also host workshops for all attendees about career readiness such as scholarship preparation, communication skills, interviewing, résumé development, adulting,

and financial readiness. This is an incredible opportunity for 6th–8th grade youth to explore ideas for their education and career readiness.

(LINK)

Horse and Livestock Symposium

The Utah State University Horse and Livestock Symposium is a community event with the purpose of bringing all horse, livestock, dairy, and agrisciences enthusiasts together. This event is a collaborative effort between USU Extension specialists, USU Extension youth programs, and USU CAAS. Each group targets their unique audience with scholarly presentations, volunteer leader trainings, workshops, clinics, and contests. The youth state contests held at this event include Agrisciences Fair Poster Competition, Agrisciences Triathalon, the Horse Classics, Dairy Judging, Livestock Judging, and Livestock Bowl. This event is held in October.

(LINK)

Public Speaking Camp

This is a one-day camp, held in November, where youth from 3rd–12th grade learn how to take the fear out of public speaking through a fun, interactive camp. They will learn techniques and skills for prepared speech, impromptu, demonstrations, and oral reasons.

(LINK)

Utah Companion Animal Event

Two of the fastest growing projects in Utah 4-H are the Pet Advocate and Dog projects. The Utah Companion Animal Event is an outward-facing experience for all pet owners and youth interested in learning more about the care and ownership of companion animals. The event includes workshops, pet shows, the Pet Advocate Skillathon, and the State 4-H Dog Show. This event is typically held at the end of June.

(LINK)

Utah 4-H Northern Region Spring Teen Retreat

Presented by the Utah 4-H Northern Region Ambassadors, a teen retreat is held each year in April to bring youth together to learn leadership skills from their peers. Youth 8th–12th grade gather in unique settings where they make new friends, participate in team-building activities, attend workshops, improve social skills, and make a meaningful contribution through service. Region Ambassadors practice leadership skills learned throughout the year in collaboration with adult mentors. Participants feel a sense of belonging through friendships established, generosity through service, independence through knowledge and skills gained, and mastery through continued 4-H involvement and leadership opportunities.

(LINK)

Utah 4-H Southern Region Teen Retreat

Presented by the Utah 4-H Southern Region Ambassadors, a teen retreat is held each year in March to bring youth together to learn leadership skills from their peers. Youth 8th–12th grade gather in unique settings where they make new friends, participate in team-building activities, attend workshops, improve social skills, and make a meaningful contribution through service. Region Ambassadors practice leadership skills learned throughout the year in collaboration with adult mentors. Participants feel a sense of belonging through friendships established, generosity through service, independence through knowledge and skills gained, and mastery through continued 4-H involvement and leadership opportunities.

(LINK)

National Events

A national event is hosted by a national 4-H committee. National events are sponsored by 4-H Council and/or 4-H Headquarters. 4-H members who qualify or meet the specific requirements for each event can attend a national event. Requirements may include an application, interviews, and a selection process.

Eligibility requirements include:

- A 4-H member may attend National 4-H Conference only once.
- A 4-H member may submit one portfolio in a given year.
- A 4-H member may compete only once in each national contest area.

National Conference

Several youth are selected each year through an interview process to represent Utah at National Conference. Selected youth spend six days in the nation's capital meeting with other 4-H'ers from across the U.S., developing recommendations for future 4-H programming and meeting with state legislators. The conference is held in April each year.

http://4-h.org/parents/national-4-h-conference/

Citizenship Washington Focus

This program enables 4-H youth (6th–12th grades) and a volunteer leader to observe our national government in action, visit with their elected officials, and see historic sites. It is held in the summer. For dates, application, and more information about these activities, go to http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/

4-H CONTESTS

Quality competitive events are an important component of the 4-H program and serve as a means to attract young people to engage in 4-H educational experiences. These events provide evaluation and feedback and help 4-Hers learn how to make and defend decisions and to speak publicly. It is an opportunity for youth to celebrate mastery by showcasing the skills they have developed throughout their 4-H experience.

Peer competition should balance the development of life skills, while being sensitive to the current interests of youth. Competition should be judged in accordance with established criteria, and appropriate feedback and comments should be provided to each participant. Comments should be constructively focused for the purpose of the participant's improvement and should characterize the cycle of the 4-H Learning Model.

A system of "qualifying events" for both individual and team activities may be implemented to determine eligibility at higher levels of peer competition, when appropriate. A qualifying event may be a workshop or peer competition (local, regional, or state), and may serve as an added opportunity for skill development and to encourage a high standard of quality.

All competitive activities and events should be preceded by sufficient learning and practice. Training sessions and local contests should be modeled after the format for regional, state, or national events. Youth in any competitive 4-H event must have had the benefit of prior preparation. The competitive element in 4-H is designed to complete the learning process.

Eligibility Requirements:

- All participants must be 4-H members working under the supervision of Utah State University Extension.
- 4-H members may compete in the same contest areas until top honors are won.
- 4-H members entering a contest should be enrolled in the project or activity for which the contest is planned. This may include a self-determined project.
- Members should have had sufficient information, instruction, and practice to feel comfortable and perform well.
- 4-H members should be familiar with the rules of the contest in which they are entering.
- Some contests that have national-level events may have different age requirements.

COUNTY CONTESTS

County contests are also selected and organized by the local 4-H personnel and volunteer leader council. A county contest is competitive according to age-appropriate grouping. Each county is responsible for planning and implementing county contests throughout the year.

Members of any age may compete, but only members in grades 9-12 who win a blue ribbon are eligible for state contests. The County Contest Handbook can be found here: (link)

REGIONAL CONTESTS

Regional contests are an opportunity for surrounding counties to come together to develop relationships and practice skills. Volunteers and 4-H personnel are responsible for working together within regions to put on these contests.

County Contests Handbook:

(LINK)

Regional Horse Shows

Regional horse shows are held to develop skills and provide practice for state competitions. Each region is responsible for planning and putting on these shows each year. Generally, counties within the region will take turns hosting the horse show.

(LINK)

Regional Livestock Shows

Regional livestock shows are held to develop skills and provide practice for state competitions. Each region is responsible for planning and putting on these shows each year. Generally, counties within the region will take turns hosting the livestock show.

(LINK)

STATE CONTESTS

Envirothon/Utah Natural Resources Competition Event

Utah Natural Resources Competition Event is held annually in April. This event includes a current issue presentation and test stations in the following areas:

- Forestry
- Aquatic Ecology

- Wildlife, Soils/Land Use, and Current Issues

This event is open to:

- School and district teams
- 4-H clubs
- FFA chapters
- Boy Scout troops
- Girl Scout troops
- Any other youth-serving organization

The event serves as the Utah state qualifier for four national natural resources competitions. The team with the highest overall point total qualifies to represent Utah at the National Envirothon. The FFA team with the highest overall point total will represent Utah at the National FFA Natural Resources Competition. The team with the highest overall point total for the Forestry station will represent Utah at the National Forestry Invitational. (Note: The team must be registered as a 4-H team.) The team with the highest point total for the Wildlife station will represent Utah at the National Wildlife Habitat Education Program Contest. (Note: The team must be registered as a 4-H or FFA team.)

Envirothon

https://envirothon.org/

The Environmental and Natural Resources Career Development Event (CDE)

https://www.ffa.org/participate/cdes/environmental-and-natural-resources/

4-H Forestry Invitational

http://4hforestryinvitational.org/

National Wildlife Habitat Education Program

https://www.whep.org/

4-H Classic

- Fashion Revue (LINK)
- Favorite Foods (LINK)
- 4-H Cooking Challenge (LINK)
- FCS Bowl (LINK)
- FCS Presentations (LINK)
- Consumer Decision-Making (LINK)
- FCS Skillathon (LINK)
- 4-H Prepared Speech (LINK)

- 4-H Impromptu Speech (LINK)
- 4-H Demonstrations (LINK)
- Graphic Arts (LINK)
- Photography (LINK)
- Videography (LINK)

Follow up with Deb on next year

Horse and Livestock Symposium

- Horse Bowl (LINK)
- Horse Judging (LINK)
- Hippology (LINK)
- Horse Public Speaking (LINK)
- Horse Demonstrations (LINK)
- Livestock Bowl (LINK)
- Livestock Judging (LINK)

State Shooting Sports

- Rifle (LINK)
- Shotgun (LINK)
- Archery (LINK)
- Outdoor Skills (LINK)
- Overall (LINK)
- Western Heritage Contest (LINK)
- Fly-Fishing (LINK)

Utah Companion Animal Event

(LINK)

State 4-H Horse Show

The top 5–10 youth from each county will be invited to attend the State 4-H Horse Show each September. The horse show is put on by the State 4-H Horse Council and is put up for bid each year to be hosted by different counties throughout Utah.

(LINK)

County Fair

Exhibiting in the county fair is an important highlight of a club member's 4-H experience. Members have an opportunity to exhibit what they have learned in the project area(s) during the year. Members may enter projects in Communications and Expressive Arts, Family and Consumer Science, Health Lifestyle Education, Plants and Animals, and Science and Technology. Contact your County Extension Office for deadlines and entry information.

To view the Fairbook, visit (LINK)

For information on how to enter items, visit (LINK)

View this video for more information on training judges: (LINK)

State Fair

The Utah State Fair, held in September at the State Fair Park in Salt Lake City, provides youth an opportunity to display award-winning 4-H projects from crafts to livestock and celebrate their achievements. Participants must compete and win at a county level in order to be eligible for the State Fair. To view the State Fair exhibit fact sheet, visit (LINK).

NATIONAL CONTESTS

National Western Roundup

The winner of the designated state contests are eligible to attend the National Western Roundup. This event provides a place for youth to compete nationally, encouraging teamwork and self-confidence while focusing on the 4-H Mission Mandates: Science, Engineering, Technology, Mathematics, Healthy Living, and Citizenship. Each participating youth and adult participate in one or more contests and/or workshops. A 4-H member may only compete once in each national contest area.

http://www.westernnationalroundup.org/

National 4-H Dairy Conference

The National 4-H Dairy Conference is held in September in Madison, Wisconsin, each year. Unlike some of our other contests, youth do not qualify by winning state contests. Instead, they qualify by competing in three or more sanctioned dairy judging contests, clinics, or workshops throughout the year.

https://national4hdairyconference.org/

National Shoot Sports Championship

Each June, the 4-H Shooting Sports National Championships is held at the Heartland Public Shooting Park in Nebraska. The event is hosted by Nebraska 4-H.

4-H youth from across the country will compete in compound archery, recurve archery, air rifle, air pistol, .22 rifle, .22 pistol, shotgun, muzzle loading, and hunting skills.

National Western Heritage Competition

This national event is held the first week of August in a different location each year. Some of the past locations were Missouri, California, and Montana. This is a three-day event that includes historical tours of the event's location for that year, keynote speakers at banquets on western history, great meals, and fun safe shooting events. Youth ages 9–18 can compete, shooting .22 rifles, shotguns, and pistols in a timed shooting event. There are three ways you can enter: 1.) cowboy action shooting, 2.) historical knowledge of event area, or 3.) a test on your persona with facts about your clothing that you compile. Jump into the Old West 1860–1900s with 4-H.

(LINK)

YOUTH AWARDS AND RECOGNITION

YOUTH MOTIVATION

Motivation for youth participation in 4-H can be divided into two classifications.

- **Intrinsic**
  Intrinsic motivation reflects the desire to participate in 4-H because it's enjoyable. Youth participate because they love the project area and it's fun.

- **Extrinsic**

  Extrinsic motivation, on the other hand, means youth participate in 4-H because they expect a reward such as money, a tangible award, or praise. In this case youth may not like the project area or 4-H; they only participate because they wish to receive some external reward.

In 4-H we wish to foster intrinsic motivation. Youth who are intrinsically motivated will engage in challenging project work, develop a passion for the project area, and remain engaged in the project and 4-H long term. Youth who are extrinsically motivated will only participate if the expected reward is provided. Extrinsic motivators such as awards and rewards may be effective in helping youth set goals, participate in a project area they are not initially interested in, and be a mechanism to attract youth to certain activities. The most important thing to remember about intrinsic versus extrinsic motivation is extrinsic motivation is not sustainable. Extrinsic motivators like awards and rewards should be used with caution and as means to help youth become intrinsically motivated to participate.

The Utah 4-H Recognition Model

The Utah 4-H Recognition Model has been adopted from the National 4-H Recognition Model. The model includes five types of recognition.

1. **Participation**

   Recognition of 4-Hers for participation in educational experiences acknowledges involvement as a first step in building a positive self-concept and a sense of belonging. This type of recognition program emphasizes the importance of acknowledging young people who have been involved in 4-H educational experiences. For some youth, participation in a 4-H learning experience is an accomplishment.

2. **Progress Toward Self-Set Goals**

   Recognition of progress toward personal goals enables youth to gain experience in goal setting and realistic self-assessment. Parents and other adults can help youth set realistic goals. Recognition for progress toward self-set goals, no matter how small, is an integral part of this type of recognition.

3. **Achievement of Standards of Excellence**

   Recognition of the achievement of generally recognized standards of excellence gives youth an external, predetermined target for their learning experiences. Standards of excellence are established by experts in a given area. By measuring personal progress against standards of excellence, youth can gain insight into their own efforts and abilities.

4. **Peer Competition**

   Peer competition is a part of the model for recognition. This type of recognition subjectively identifies, in a concrete time and place, the best team or individual. It is a strong motivator for some youth but is inappropriate for youth under the age of 8.

5. **Cooperation**

   Recognition for cooperation helps youth learn and work cooperatively, preparing them for living in today's interdependent, global society. Learning and working together promotes high achievement. Cooperation may take advantage of all the skills represented in the group, as well as the process by which the group approaches the learning task/goal. Everyone is rewarded.

Using recognition and awards to encourage and support positive youth development is important. A healthy state and county recognition and awards program will balance recognition for participation, progress toward self-set goals, and help achieve standards of excellence, competition, and cooperation.

COUNTY-LEVEL AWARDS

The following recognitions may be used at the county level. These recognitions will be tracked and awarded at the county level. Certificates, pin, and other awards can be ordered from Shop 4-H (http://www.4-hmall.org/Home.aspx).

Year Pins

Counties may recognize youth with a year pin or sticker. A special 10-year pin may be given as a way to honor and graduate a youth out of 4-H and transition them to an adult volunteer.

Portfolio Recognition (Blue Ribbon Criteria)

Counties may recognize youth who have achieved a blue ribbon on their portfolio as defined by the portfolio judging rubric. Click link for portfolio judging rubrics (link)

Leadership

Counties may recognize youth who have participated in leadership activities such as:

- Junior Teen Council
- Teen Council
- Ambassadors (Region, County, Horse, Livestock, STEM, Shooting Sports, etc.)
- Club Leadership (Club Level)

PROJECT-SPECIFIC RECOGNITION

Counties may recognize youth who have completed the requirements outlined in a specific project area. See the project Hot Sheets for more information.

Citizenship Pin

Counties may recognize youth who participate in citizenship-related activities. Criteria may be set by the county and may include activities such as the number of service hours and participation in local government meetings and hearings.

Participation Recognition

Counties may recognize youth who participate in 4-H activities as a way to motivate and encourage involvement. A participation scorecard may be developed that outlines 4-H opportunities and a criterion may be set establish. Example: http://utahcounty4h.org/ou-files/Acheivement-scorecard-2015-to-16.pdf

Point structures could include:

- 1 point for events
- 2 points for contests
- 3 points for regional and state events

Award levels should be established to match the local 4-H program. For example, point criterion might be:

- Gold: 25 points plus a submitted portfolio

- Silver: 20 points
- Bronze: 15 Points
  Point levels may vary from county to county.

STATE AWARDS

4-H Clover Awards

The Gold Clover Award is the highest achievement award given by the Utah 4-H Youth Development Program. The Utah 4-H Gold Clover Award can only be awarded once in a member's 4-H career.

A member does not need to receive the Bronze Clover or Silver Clover Award to earn the Gold Clover Award. Entrees may be used for multiple Clover Awards. A member can only receive one Clover Award per year (Bronze, Silver, or Gold).

A member may not earn a higher award and then go back and receive a lower award. For example, if a 4-H member begins their 4-H career in 8th grade and then works through their 11th grade year and meets the criteria to obtain the Gold Clover Award, the member would only be awarded the Gold Clover Award. This club member would not be allowed to go back and receive the Silver or Bronze Clover Award their 12th grade year.

As the highest award given by the Utah 4-H Youth Development Program, county offices and agents are asked to maintain a high level of integrity and honor through their approval of county Gold Clover recipients.

The following guidelines should be used in the eligibility and selection process for each county: Youth will track their progress toward the Achievement Clover Awards with the CLOVER AWARD APPLICATION (link). Supplemental pages can be added to the end of this application to document the completion of the requirements.

Bronze Clover Award Requirements

Years of Enrollment Requirement: 2 years

Minimum Grade Requirement: 4th grade

To obtain a Clover Award, you must meet the minimum age and years enrolled requirements.

Clover Award Requirement	Required Documentation	
1. 4-H Projects - Completed	**2 Projects**	
This category records project areas a 4-H member has participated in. Examples: Sewing, Robotics, Leadership, Livestock, Coding, Photography, Horse	Date Completed:	Date Completed:
2. 4-H Project Skill Activities	**4 Activities**	
This category requires activities where 4-H members either exhibited their 4-H work or demonstrated their knowledge to an audience and/or judge. Examples: County Contests, Demonstrations, Horse & Livestock Shows, Public Speaking, Fashion Revue, State Contests	Date Completed:	Date Completed:
This category requires activities that are judged or an element of competition. Must have competed at the county and state Level. **2 of the 4 Activities**	Date Completed:	Date Completed:
3. 4-H Events Attended	**6 Events**	
This category requires attendance at 4-H events, other than 4-H club and project meetings, that the 4-H member attended. Examples: County Night Out, Summer Camps, State Events	Date Completed: Date Completed: Date Completed:	Date Completed: Date Completed: Date Completed:
4. Leadership Experiences	**5 Leadership Experiences**	
This category requires leadership activities undertaken by the 4-H member. Examples: Club Leadership Positions, Teen Council, Region Ambassadors, Leadership Workshops and Trainings	Date Completed: Date Completed:	Date Completed: Date Completed:

Clover Award Requirement	Required Documentation	
Required to hold a leadership position (as part of the total requirement) **2 of the 5 Activities**	Date Completed:	Date Completed:
5. Citizenship & Community Service	**10 Activities**	
This category requires citizenship and community service activities completed by the 4-H member. Examples: Service Projects, Mentoring	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
6. Honors and Recognition & Awards	**5 Recognitions**	
This category requires significant honors and recognition earned by the 4-H member. Examples*: State Contests, County Contests, and Any Recognition or Awards	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	

Silver Clover Award Requirements

Years of Enrollment Requirement: 3 years

Minimum Grade Requirement: 8th grade

To obtain a Clover Award, you must meet the minimum age and years enrolled requirements.

Clover Award Requirement	Required Documentation	
1. 4-H Projects - Completed	**4 Projects**	
This category records project areas a 4-H member has participated in. Examples: Sewing, Robotics, Leadership, Livestock, Coding, Photography, Horse	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
2. 4-H Project Skill Activities	**8 Activities**	
This category requires activities where 4-H members either exhibited their 4-H work or demonstrated their knowledge to an audience and/or judge. Examples: County Contests, Demonstrations, Horse & Livestock Shows, Public Speaking, Fashion Revue, State Contests	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
This category requires activities that are judged or an element of competition. Must have competed at the county and state Level. **4 of the 8 Activities**	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
3. 4-H Events Attended	**12 Events**	
This category requires attendance at 4-H events, other than 4-H club and project meetings, that the 4-H member attended. Examples: County Night Out, Summer Camps, State Events	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
4. Leadership Experiences	**15 Leadership Experiences**	
This category requires leadership activities undertaken by the 4-H member. Examples: Club Leadership Positions, Teen Council, Region Ambassadors, Leadership	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:

Clover Award Requirement	Required Documentation	
Workshops and Trainings	Date Completed:	Date Completed:
	Date Completed:	
Required to hold a leadership position (as part of the total requirement) **4 of the 15 Experiences**	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
5. Citizenship & Community Service	**20 Activities**	
This category requires citizenship and community service activities completed by the 4-H member. Examples: Service Projects, Mentoring	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
6. Honors and Recognition & Awards	**10 Recognitions**	
This category requires significant honors and recognition earned by the 4-H member. Examples*: S*tate Contests, County Contests, and Any Recognition or Awards	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:

Gold Clover Award Requirements

Years of Enrollment Requirement: 3 years

Minimum Grade Requirement: 10th grade

To obtain a Clover Award, you must meet the minimum age and years enrolled requirements.

Clover Award Requirement	Required Documentation	
1. 4-H Projects - Completed	**6 Projects**	
This category records project areas a 4-H member has participated in. Examples: Sewing, Robotics, Leadership, Livestock, Coding, Photography, Horse	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
2. 4-H Project Skill Activities	**15 Activities**	
This category requires activities where 4-H members either exhibited their 4-H work or demonstrated their knowledge to an audience and/or judge. Examples: County Contests, Demonstrations, Horse & Livestock Shows, Public Speaking, Fashion Revue, State Contests	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	
This category requires activities that are judged or an element of competition. Must have competed at the county and state Level. **8 of 15 Activities**	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
3. 4-H Events Attended	**25 Events**	
This category requires attendance at 4-H events, other than 4-H club and project meetings, that the 4-H member attended. Examples: County Night Out, Summer Camps, State Events	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:

Clover Award Requirement	Required Documentation	
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	
4. Leadership Experiences	**30 Leadership Experiences**	
This category requires leadership activities undertaken by the 4-H member.	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
Examples: Club Leadership Positions, Teen Council, Region Ambassadors, Leadership Workshops and Trainings	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
Required to hold a leadership position (as part of the total requirement) **8 of the 30 Experiences**	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
Teen Council **6 of the 30 Experiences**	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
5. Citizenship & Community Service	**30 Activities**	
This category requires citizenship and community service activities completed by the 4-H member.	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
Examples: Service Projects, Mentoring	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:

Clover Award Requirement	Required Documentation	
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
6. Honors and Recognition & Awards	**15 Recognitions**	
This category requires significant honors and recognition *earned by the 4-H member.* Examples*:* State Contests, County Contests, and Any Recognition or Awards	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	Date Completed:
	Date Completed:	

UTAH 4-H SCHOLARSHIPS

The goal of the Utah 4-H Scholarship Program is to award scholarships to youth who have had a 4-H experience. Utah 4-H offers a variety of scholarships to 4-H members to help offset the cost of postsecondary education. The amount and number of scholarships depends on the availability of funds and the status of the applicant pool. Click here for more information about the application process.

(link)