



UTAH 4-H COLLEGE & CAREER READINESS

DEVELOPING 4-H PORTFOLIO CONTENT

Do you have a lot of experience in your 4-H project, but need help with the other areas of the 4-H Portfolio? Check out these ideas for creating more opportunities and 4-H Portfolio content. Most of these ideas can be done in just one club meeting!

CLUB ACTIVITY

4-H ACTIVITIES & EXPERIENCES

4-H PORTFOLIO CONTENT EXAMPLE

ASK A GUEST SPEAKER FROM YOUR COMMUNITY TO COME TO THE BEGINNING OF A CLUB MEETING.

"__(TOPIC)__ 4-H WORKSHOP, ____ COUNTY, UTAH"

SIGN UP TO ENTER SOMETHING IN YOUR COUNTY FAIR.

"__(ITEM)__, 4-H ____ COUNTY FAIR ENTRY, ___ COUNTY, UTAH"

CREATE A HEALTHY LIVING CHALLENGE WITH YOUR CLUB TO COUNT HOW MANY STEPS YOU CAN DO IN A MONTH.

"HEALTHY LIVING CHALLENGE, ___ COUNTY, UTAH"

PLAN FOR EACH OF YOUR CLUB MEMBERS AND YOURSELF TO PRESENT ABOUT A TOPIC FOR 1-2 MINUTES RELATED TO YOUR 4-H PROJECT AS AN INTRODUCTION TO PUBLIC SPEAKING.

"4-H PUBLIC SPEAKING INTRODUCTION, ____ CLUB, ___ COUNTY, UTAH"

ANY ACTIVITIES BEYOND YOUR TYPICAL CLUB MEETING. MAKE SURE TO CONTACT YOUR COUNTY EXTENSION OFFICE FOR MORE OPPORTUNITIES, AND CHECK OUT OUR STATE CALENDAR ONLINE.

4-H WORKSHOPS (VIRTUAL AND IN PERSON)
AFTERSCHOOL 4-H CLUBS
4-H FAIR ACTIVITIES
4-H CAMPS (VIRTUAL AND IN PERSON)
STATEWIDE 4-H EVENTS
REGIONAL 4-H EVENTS
4-H SHOWS
4-H CONTESTS

CLUB ACTIVITY

4-H AWARDS & RECOGNITION

4-H PORTFOLIO CONTENT EXAMPLE

ASK YOUR 4-H COUNTY COORDINATOR AND/OR 4-H VOLUNTEER TO HELP YOU SET UP 4-H CLUB AWARDS OR CREATE YOUR OWN! THESE CAN BE AS SIMPLE AS A PRINTED OUT CERTIFICATE.

"____ 4-H CLUB PEER RECOGNITION AWARD, ____ COUNTY, UTAH."
"____ 4-H CLUB BEST PROBLEM SOLVER AWARD, _____ COUNTY, UTAH"
"____ 4-H CLUB MOST IMPROVED AWARD, _____ COUNTY, UTAH"
"____ 4-H CLUB HARDEST WORKER AWARD, _____ COUNTY, UTAH"
"____ 4-H CLUB BEST TEAMMATE AWARD, _____ COUNTY, UTAH"

* IN THE FUTURE, LOOK FOR COUNTY, REGIONAL, AND STATE 4-H CONTEST OPPORTUNITIES. BE SURE TO CHECK OUR WEBSITE TO LEARN MORE ABOUT CLUB AND CLOVER AWARDS.

CLUB ACTIVITY

4-H LEADERSHIP

4-H PORTFOLIO CONTENT EXAMPLE

ASK YOUR PEERS AND 4-H CLUB LEADER TO START HAVING CLUB OFFICERS.

"INITIATED CLUB OFFICER LEADERSHIP IN ___ CLUB, ___ COUNTY, UTAH"

START INITIATING THE PLEDGES AT THE BEGINNING OF THE CLUB MEETING.

"PLEDGE LEADER, _____CLUB, _____COUNTY, WEEKLY FOR _____ MONTHS"

START ASKING YOUR PEERS TO LEAD THE PLEDGES EACH WEEK.

"PLEDGE COORDINATOR, ___ CLUB, _____COUNTY, WEEKLY FOR _____ MONTHS"

LOOK FOR AN OPPORTUNITY TO SHARE TIPS ABOUT YOUR BEST SKILL WITH PEERS AT A CLUB MEETING/PRACTICE.

"FACILITATED _____ SKILLS LESSON FOR __-(NUMBER OF)___YOUTH IN _____CLUB"

ASK PEERS TO SHARE THEIR BEST SKILLS' DURING A CLUB MEETING.

"FACILITATED __-(NUMBER OF)___ YOUTH LEADERSHIP LEARNING OPPORTUNITIES IN ___ CLUB, ___ COUNTY, UTAH"

CLUB ACTIVITY

4-H COMMUNITY SERVICE

4-H PORTFOLIO CONTENT EXAMPLE

WRITE A SHORT LETTER TO YOUR VOLUNTEER 4-H LEADER THANKING THEM FOR THEIR TIME/SERVICE AND ASK A COUPLE OF PEERS TO DO THE SAME. IF WRITING A LETTER IS TOO MUCH WORK, JUST ASK YOUR PEERS TO ALL THANK THEIR LEADER AT THE NEXT PRACTICE.

"COORDINATED 4-H VOLUNTEER APPRECIATION FOR _____ CLUB, ___ COUNTY, UTAH"

BRING A FEW WET RAGS TO PRACTICE AND ASK YOUR CLUB TO QUICKLY WIPE DOWN ANY EQUIPMENT YOU USED SUCH AS CONES, LOGS, JUMP STANDS, DESKS, CHAIRS, WHITEBOARDS, ETC. FOR 15 MIN.

"CLEANED _____EQUIPMENT FOR _____ COUNTY 4-H, _____ COUNTY, UTAH."

ASK EVERYONE IN THE CLUB TO PICK UP 10 ROCKS FROM THE ARENA AND PUT THEM IN A PILE OUTSIDE OF THE ARENA BEFORE/AFTER THE NEXT PRACTICE.

"_____ COUNTY FAIRGROUNDS ARENA ROCK REMOVAL, ___ COUNTY, UTAH."

ASK EVERYONE IN THE CLUB TO PICK UP GARBAGE/LITTER OUTSIDE OF YOUR CLUB MEETING SPACE FOR 15 MINUTES AFTER YOUR MEETING.

"CLEANED _____ COMMUNITY AREA, _____ COUNTY, UTAH."

***WHEN COMPILING YOUR 4-H PORTFOLIO, DON'T FORGET TO ADD THE 4-H PROJECT AREA AND NON 4-H SECTIONS IN ADDITION TO THOSE LISTED ON THIS PAGE.