



## Mealtime Talk Teaser

Take the STRIVE FOR

5

CHALLENGE

[www.makemealtimefamilytime.com](http://www.makemealtimefamilytime.com)

How many hugs do you want to get from your family in a day?

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[www.makemealtimefamilytime.com](http://www.makemealtimefamilytime.com)

If you were given an extra hour each day, how would you spend it?

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What do you think your mom or dad worried about when they were your age?

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Talk about a family vacation you would like to take!

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[www.makemealtimefamilytime.com](http://www.makemealtimefamilytime.com)

Name your favorite G-rated movie of all time!

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What is one job you would love to do for the rest of your life?

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About what are you superstitious? If nothing, why?

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Describe what changes you would make if you were the President of the United States.

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Why do you think the United States has more of a drug problem than any other country in the world?

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How much money do you think you need to be happy?

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Say something about honesty.

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What is one thing you own that you would never sell or give away? Why?

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Which is more important in a relationship, Love or Trust?

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What is your favorite toy?

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What is your favorite time of day or night?

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Talk for one minute about the positive aspects of television. The negative aspects.

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Would you rather visit 100 years into the future or 100 years into the past? Why?

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Describe what you like most about your life right now!

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What do you like most about coloring books?

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What do you think is the best thing to do when you make a mistake?

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Out of all the pictures of yourself, which one embarrasses you the most?

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If you could have been the inventor of anything already invented, what would you have wanted to invent?

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What is one question you have about your grandparents or great-grandparents?

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Talk about a popular movie that people are seeing this week!

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Are you more  
of a morning person  
or night person?

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Where do you  
want to be  
living in ten years?

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What is the best  
thing about becoming  
an adult?  
What is the worst?

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What does  
it look like when  
a person is cool?

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What would  
you buy if you had  
\$100.00?

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Who has it  
easier —girls or boys?

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[www.makemealtimefamilytime.com](http://www.makemealtimefamilytime.com)

Name a board or  
card game you would  
like to play together as  
a family!

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If you could go  
anywhere in the world  
for a week, where  
would you go?

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