

4-H and the New Year

Most of us are winding down after a crazy summer and gearing up for the start of school and fall activities. For our 4-H kids it's a good time to begin thinking about their projects for the year. September 1st is the beginning of the new 4-H year. 4-H empowers kids with new skills to lead for a lifetime.

What is 4-H? In 4-H? We believe in the power of young people. The age requirements are 5-7 for Cloverbuds and 8-18 for 4-H age. Now is a good time to pick up new skills, develop them over the next year and show them at next year's fair. Our 4-Hers can select from many project areas. It is important that each project area encompasses the values of stem (science, Technology, Engineering, and Mathematics), citizenship, leadership, community service, and healthy living. There are many clubs within each project area and there are multiple project areas incorporated into each club. 4-H is an important positive development experience.

You can participate in 4-H through afterschool programs, family clubs or clubs offered through the Extension office. If you have any questions, contact the 4-H office @435-623-3450.