

- 10. Which of the following best describes your current view towards relationships?
 - \Box I am not interested in romantic relationships or dating right now.
 - □ I am interested in casual dating, but I am not currently looking for a romantic relationship.
 - □ Having a romantic relationship is currently important to me, but it is secondary to other pursuits (e.g. to school, work, athletics, etc.).

□ Being in a romantic relationship is currently a top priority for me.

14. How much do you expect to learn in this course?

 \Box Not much \Box Some \Box A lot

Over the last two weeks, how often has the following been true?

	AT NO TIME	SOME OF THE TIME	LESS THAN HALF THE TIME	MORE THAN HALF THE TIME	MOST OF THE TIME	ALL OF THE TIME
15. I have felt cheerful and in good spirits		2	3	4	(5)	6
16. I have felt calm and relaxed		2	3	4	5	6
17. I have felt active and vigorous		2	3	4	5	6
18. I woke up feeling refreshed and rested	1	2	3	4	5	6
19. My daily life has been filled with things that interest me.	1	2	3	4	(5)	6

How often in the past few months have you	NEVER	SELDOM	SOMETIMES	OFTEN	ALMOST ALWAYS
20 lost your temper?	1	2	3	4	5
21 felt angry?	1	2	3	4	5
22 yelled at people?	1	2	3	4	5
23 gotten into fights or arguments?	1	2	3	4	(5)

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P.I.C.K. ("Avoid Jerks") Pre-Program Survey: Relationship Skills-High Schools v11.11.2021

How much do you agree or disagree with each statement below?	STRONGLY DISAGREE	DISAGREE	SOMEWHAT DISAGREE	NEITHER AGREE NOR DISAGREE	SOMEWHAT AGREE	AGREE	STRONGLY AGREE
24. I have good examples of healthy, happy relationships in my life.	1	2	3	4	5	6	7
25. Relationships are either compatible or they are not.	1	2	3	4	5	6	\overline{O}
26. A good relationship means finding a compatible partner right from the start.	1	2	3	4	5	6	7
27. Relationship partners are either destined to get along or they are not.	1	2	3	4	5	6	\overline{O}
28. Relationships that do not start off well will fail.	1	2	3	4	5	6	\bigcirc
29. The ideal relationship grows slowly over time.	1	2	3	4	5	6	\bigcirc
30. Challenges and hard things in a relationship can make love even stronger.	1	2	3	4	5	6	\overline{O}
31. A good relationship means learning to solve conflicts with a partner.	1	2	3	4	5	6	\overline{O}
32. A good relationship grows out of hard work and fixing problems.	1	2	3	4	5	6	7

The questions below ask about your relationships with three people. Please answer the question for each person, using the scale below. If you do not have a girl/boyfriend, leave those answers blank.

1 = Never or hardly at all			
2 = Seldom or not too much			
3 = Sometimes or somewhat			
4 = often or very much			
5 = ALWAYS or EXTREMELY much	Best Friend	Girl/boy Friend	Parent/ Guardian
33. How often do you tell this person things that you don't want others to know?			
34. How often do you turn to this person for support with personal problems?			
35. How often do you tell this person everything that you are going through?			
36. How often do you depend on this person for help, advice, or sympathy?			
37. How often do you share secrets and private feelings with this person?			
38. When you are feeling down or upset, how often do you depend on this person to cheer things up?			
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