

P.I.C.K. ("Avoid Jerks") Post-Program Survey: Relationship Skills-High Schools 11.11.2021

1. What is your **Participant ID**? _____ (Please use the SAME ID you created before, using the last 4 digits of a phone number and your favorite color).
2. What is your current relationship status?
 - Not currently dating
 - Dating one person without any definite commitment
 - Dating different people (nothing serious or long-term)
 - Dating one person exclusively
3. In the last 3 months, how much have you tried to find, or keep, a romantic relationship?
 - Not at all
 - Only a little
 - Some
 - A lot
4. Overall, how would you rate your dating experiences over the last 3 months?
 - Very poor
 - Poor
 - Satisfactory
 - Good
 - Very good
 - Not Applicable
5. How much did you learn in this course?
 - Not much
 - Some
 - A lot
6. As a result of what I learned in this class, I...
 - am not changing
 - am thinking about changing
 - am getting ready to change
 - am actively making changes
 - have already made changes

Please mark your level of agreement.	Strongly Disagree	Disagree	Neither Agree/ Disagree	Agree	Strongly Agree
7. I would recommend this course to others.	①	②	③	④	⑤
8. The information in this course was useful to me.	①	②	③	④	⑤
9. The facilitator(s) answered questions well.	①	②	③	④	⑤
10. The facilitator(s) managed time well.	①	②	③	④	⑤

Please compare your relationship skills **BEFORE** and **AFTER** this course.

What did you think BEFORE the course						What do you think now, AFTER the course				
Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree		Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
①	②	③	④	⑤	11. I have the skills and knowledge needed for a healthy romantic relationship.	①	②	③	④	⑤

Please compare your feelings before and after this course. Specifically, how important was it **BEFORE taking this course** and how important is it you now, **AFTER taking this course**, to know the following about someone as a relationship develops BUT before there is commitment?

What did you think BEFORE the course					What do you think now, AFTER the course			
Unimportant	Less Important	Somewhat important	Very important		Unimportant	Less Important	Somewhat important	Very important
①	②	③	④	12. What this person learned about relationships from their family.	①	②	③	④
①	②	③	④	13. What this person has been like in past relationships.	①	②	③	④
①	②	③	④	14. How well this person gets along with their parent(s).	①	②	③	④
①	②	③	④	15. What their friendships are like.	①	②	③	④

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Please compare your relationship knowledge before and after this course. Please mark your level of agreement **twice**. What was it **BEFORE** taking this course? What is it now, **AFTER** the course?

BEFORE the course						AFTER the course				
Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree		Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
①	②	③	④	⑤	16. I believe I will be able to deal well with conflicts in my relationships.	①	②	③	④	⑤
①	②	③	④	⑤	17. I feel good about my ability to make a romantic relationship last.	①	②	③	④	⑤
①	②	③	④	⑤	18. I am very confident when I think of having a stable, long term relationship.	①	②	③	④	⑤
①	②	③	④	⑤	19. I have the skills needed for a lasting stable romantic relationship.	①	②	③	④	⑤
①	②	③	④	⑤	20. I am able to recognize early on the warning signs in a bad relationship.	①	②	③	④	⑤
①	②	③	④	⑤	21. I weigh the pros and cons before I take the next step in the relationship.	①	②	③	④	⑤
①	②	③	④	⑤	22. It is important to make thoughtful decisions about each minor step in romantic relationships.	①	②	③	④	⑤
①	②	③	④	⑤	23. Considering the pros and cons of each major step in a romantic relationship destroys its chemistry.	①	②	③	④	⑤
①	②	③	④	⑤	24. I know what to do when I see the warning signs in a bad relationship.	①	②	③	④	⑤
①	②	③	④	⑤	25. I am quickly able to see warning signs in a romantic relationship.	①	②	③	④	⑤
①	②	③	④	⑤	26. It is important to me to discuss with my boyfriend/girlfriend each major step we take in the relationship.	①	②	③	④	⑤
①	②	③	④	⑤	27. It is better to "go with the flow" than think carefully about each major step in a romantic relationship.	①	②	③	④	⑤

What did you like most about the course? _____

What did you like least about the course? _____

What was the most useful thing you learned? _____

Thank you for your participation!

Office Use Only. Course ID: _____ Facilitator: _____ Entered: _____