
County 4-H - Senior Level, 8 years in 4-H, in 10th grade

4-H Leadership

Northern Regional Ambassadors - President August 2021 to Present

- Conducted meetings for the Region Ambassadors, led leadership training workshops for 20 people

Northern Regional Ambassadors - Member August 2020 to April 2021

- Learned more leadership skills, planned and led an activity during Public Speaking camp and Northern Regional Retreat

Community 4-H Club - Assistant Club Leader October 2015 to Present

- Taught other club members to do things like using computer programs, writing books, baking

Utah County 4-H Junior Ambassadors - President August 2019 to August 2020

- Led the Junior Ambassadors club meetings - Opened and closed the meetings, made sure we stayed on task, appointed club members to lead the pledges

Utah County 4-H Junior Ambassadors - Vice President August 2018 to August 2019

- Led the Junior Ambassadors club meetings when the president did not attend
- Recruited 3 of my friends to join 4-H

Utah County 4-H Junior Ambassadors - Member January 2018 to August 2020

- Planned and led the Cloverbuds at 2 Cloverbud Camps and 5 4-H Fridays
- 4-H Day Camp 2019- Helped plan activities for over 150 people
- 4-H Day Camp 2018- Helped plan activities for over 150 people, helped lead 2 of the activities

4-H Project Involvement

4-H Project - Communications and Expressive Arts - Writing 2014 to Present

- Total project hours: 650
- Project activities include: In the process of writing 47 books, finished 3 books, won multiple writing awards, published 4 poems

4-H Project - Citizenship and Civic Education - Service/Volunteering 2014 to Present

- Total project hours: 300
- Project activities include: Volunteering at the County Fair, Junior Ambassadors, at the orphanage in Mexico, Leader's Banquet, 4-H Day Camp, service for refugees, sewing quilts, 4-H Friday, family history, volunteered at the City Chalk Art Festival

4-H Project - Citizenship and Civic Education - Family History 2014 to Present

- Total project hours: 125
- Project activities include: Indexing, read stories, digitized photos, shared stories, attended pioneer camps, made pioneer recipes and crafts, family history research
- Field trips to cemeteries, Colonial Days celebration, This is the Place, Mormon Battalion Museum, pioneer museums, Camp Floyd

4-H Project - Personal Development and Leadership 2014 to Present

- Total project hours: 111
- Project activities include: Junior Ambassadors, painting teacher, Cloverbud leader, game leader, Northern Regional Ambassadors

4-H Activities and Experience

State 4-H Activities

- 2021-2022 - Attended Utah State 4-H Design Team Training
- 2020-2021 - Participated in Utah State FCS Classics - Favorite Foods and Public Speaking Contests, Northern Regional Ambassador, State Portfolio Contest, attended Mock Legislature, 4-H Teen Summit
- 2019-2020 - Attended 2 Utah State 4-H Camps as a participant
- 2018-2020 - Attended 3 Utah State 4-H Public Speaking Camps
- 2018-2019 - Attended 2 Utah State 4-H LeaderMeets
- 2017-2018 - Attended 2 Utah State Junior Youth Conference as a participant

County 4-H Activities

- 2021-2022 - Davis County 4-H Project Ambassador

- 2020-2021 - Healthy Relationships for Teens camp, attended ██████ County 4-H Night
- 2019-2020 - 4-H Friday, Leader's Banquet, Achievement Night, President of Junior Ambassadors, County Contests, Junior Teen Retreat
- 2018-2019 - Sewing and Cupcake Camps, 2 4-H Fridays, Junior Ambassadors Vice President, Leader's Banquet, Achievement Night, Cloverbud Camp, 4-H Day Camp, Junior Teen Retreats, County Contests
- 2017-2018 - Sewing and cupcake camps, 2 4-H Fridays, 2 Paint camps, Junior Ambassadors, Leader's Banquet, Achievement Night, Craft Camp, 4-H Day Camp, Junior Teen Retreats, Girls Who Code
- 2016-2017 - County Contests, County Fair, Junior Teen Retreats, 2 4-H Fridays, Leader's Banquet, Achievement Night, Craft Camp, Cupcake Camp
- 2015-2016 - County Contests, County Fair, 2 4-H Fridays, Leader's Banquet, Achievement Night, Cupcake Camp, Write to the Moon Activity
- 2014-2015 - County Contests, County Fair, 4-H Friday, Leader's Banquet, Achievement Night, Cupcake Camp

4-H Awards and Recognition

- 2021 - 4-H Portfolio State Contest - Blue ribbon winner
- 2021 - Utah State 4-H Prepared Speech, Impromptu, and Favorite Foods Contests - Blue ribbon winner
- 2019 & 2020 - Utah County 4-H Favorite Foods Contest - Trophy winner
- 2020 - Utah State 4-H Public Speaking Contest - Blue ribbon winner
- 2019 - ██████ County 4-H Healthy Cuisine Contest - Trophy winner
- 2019 - ██████ County 4-H Impromptu Speech Contest - Trophy winner
- 2019 - ██████ County 4-H Talent Contest - Trophy winner
- 2018 - Utah State Fair - 4 blue ribbons on various project
- 2018 - ██████ County Fair - 5 purple ribbons on projects that went to state, 15 blue ribbons
- 2018 - Utah Tractor Supply 4-H & FFA "Great Neighbors" Essay Contest winner
- 2015 & 2017 - ██████ County 4-H World of Work Contest - Trophy winner
- 2017 - Utah State Fair - 3 blue ribbons on various project
- 2017 - ██████ County Fair - 3 purple ribbons on projects that went to state, 17 blue ribbons
- 2016 - ██████ County 4-H Portfolio Contest - Best Story Award
- 2016 - Utah State Fair - 2 blue ribbons on various project
- 2016 - ██████ County Fair - 5 purple ribbons on projects that went to state, 9 blue ribbons
- 2015 - ██████ County 4-H Portfolio Contest - Best First Year Portfolio
- 2015 - ██████ County Fair - Art picture went to state, 10 blue ribbons on various projects

4-H Community Service

Utah County 4-H 2014 to Present

- ██████ County Fair - Served for 5 hours at the Maker Trailer, helped over 45 kids with STEM
- ██████ County Fair - Helped with set up, takedown, and judging for 30 hours total
- ██████ County Junior Ambassadors - Camps and activities for 27 hours total (see above)
- ██████ County Junior Ambassadors - Other service activities for 5 hours, including coloring ABC books for kids with disabilities, picking up trash in Provo, and playing games with preschool kids
- ██████ County 4-H Leaders Banquet for 5 hours - Set up, take down, and serving food
- Service for refugees - Filling stockings with hygiene kits and toys for 3 hours, visited the Refugee Center in Salt Lake for 4 hours to learn how we can help refugees
- Other service through Utah County 4-H - Sewed quilts, put together hygiene kits, service at 4-H Family Camp, tied quilts for the Primary Children's Hospital, colored games for children in Mexico - 8 hours

Family 4-H Club 2014 to Present

- Volunteer at orphanage in Mexico - 5 week-long trips to Mexico, volunteered for 145 total hours - played soccer and other games with the orphans, painted tables and benches, painted murals on the walls, our group took them on field trips
- Family history - Volunteered doing family history with my 4-H club for 19 hours

Non 4-H Experiences

- Chinese Immersion for 9 years, Westlake Ballroom Team for 1 year, 6 school musicals, yearbook club, Chinese dragon and lion dances, Battle of the Books for 6 years, volunteered at my school carnival, volleyball for 2 years, Girl Scouts for 3 years, 6 community plays, family camp 5 times, helped translate things into English for a Chinese neighbor, learning the ukulele, community acting class