



I PLEDGE MY HEAD TO

February 2024

HEAD  
HEART  
HANDS  
HEALTH

# clearer thinking

#4HPLEDGE

# Tooele County 4-H

## 4-H Service Adventure: Food Bank Birthday Kits

4-H is more than just projects like livestock and cooking. It is a youth development program where all youth are welcome to join and improve themselves. Remember, we pledge our heads, hearts, hands and health to better living for all. A great way to do this is through service. We give service in a variety of ways. Please let us know about what you do as an individual, a family and a club, including pictures. We love to share them with the rest of the state 4-H. We inspire each other.

For February and March, as a county, we are collecting birthday kits for the food bank again. It's easy, just put a cake mix, frosting, candles and something that you think makes a birthday special into a bag or a box and bring it to the 4-H office by April 1. We will take them to the food bank. You can also bring something that we can use to assemble a kit such as a cake mix, frosting, candles or balloons or anything else that you think makes a birthday a birthday. We will use them to put together kits for kids that don't have enough to celebrate their birthday.

**We challenge you to bring supplies or kits with you to Super Cloverbuds or Super Saturday** or any other day when you're in the neighborhood. Just knowing that someone cares enough to help them celebrate is a big step in making our world a better place for everyone.

## 4-H Super-Cloverbuds: March 9th



A "super saturday" event just for cloverbuds (4-H youth in grades K-2), Super Cloverbuds is Saturday, March 9 from 10 am to noon at the 4-H office. Everyone will rotate thru 4 different workshops: Food Fun, Games-Games-Games, Clover Art and Shamrock Science. The cost is \$8 per Cloverbud. Sign up thru [4h.zsuite.org](http://4h.zsuite.org) by March 5th.

## 4-H Super-Saturday: March 16th



It's almost here! Super Saturday is one of our most highly anticipated 4-H events of the year. This is a chance to try out different types of 4-H projects and project areas. See what interests you. It is Saturday, March 16 from 9:30 am to 12:30 pm at the 4-H office. This activity is for 4-H youth who are in 3rd grade and up. A flier with the list of workshops is included in this newsletter. Questions, call 435-277-2405. Register thru [4h.zsuite.org](http://4h.zsuite.org) by March 13th. Choose your 4 favorite workshops and add 2 alternates. We try our best to get you into your top choices but alternate choices are very important. Pay the fees for your first 4 choices and if you end up in an alternate, we will work out the adjustment.

### Tooele County 4-H

151 N. Main St.  
Tooele, UT 84074  
Phone:(435) 277-2405  
[www.tooele4H.org](http://www.tooele4H.org)

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### Support 4-H in Tooele County when you shop!

Joann Fabric Spring Campaign is Mar 3-May 4. Round up and donate to 4-H.

Tractor Supply's Spring Paper Clover Event is April 24-May 5.

Your donation helps kid's 4-H activities here in Tooele County

## 4-H Activities (grades 3-12)



March 14 Foods: **PI Day Fun!** Celebrate our favorite math day by making pie! Take home a savory dinner pie and a mini dessert pudding pie. 4:30-6:30 pm \$8

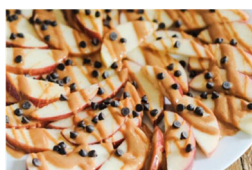


March 26 STEM: **Egg Drop Design** Eggs are fragile. Expand your engineering skills and construct a container that will protect an egg when it is dropped. **2-3 pm \$4.**



April 3 STEM: **Hot Wheels Track Race** Design a track for Hot Wheels race cars to speed on without falling off the track during the race. Explore trajectory, velocity and acceleration. 4:30-5:30 pm FREE

April 4, 11, & 18 Sewing: **Boris the Cow** Build your sewing skills and make Boris the cow along with his friends and even accessories. Great for beginners. You will need to attend all 3 days to complete this project. Let Dar know if you have a conflict to schedule a make-up time. Bring your own sewing machine or request use of one from Dar at 435-840-4404. 4:30-6:30 pm \$15



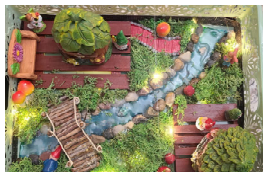
April 9 Foods: **Mighty Mini Meals** Discover how to make several different foods that are a perfect meal for one person. They are great for lunches or after-school snacks. 4:30-6:30 pm \$8

April 16 STEM: **Straw Rockets** A fun STEM opportunity. Build a slingshot straw rocket and use the engineering design process to improve it. 4:30-5:30 pm. FREE



April 30 Art: **Fairy/Gnome/Woodland House** Construct 2 houses fit for gnome or fairy or other woodland creatures 4:30-6 pm \$9

May 7 STEM: **Balloon Cars**: Design and build a balloon powered racecar. Now go and test Newton's 3 laws of motion! 4:30-5:30 pm \$3



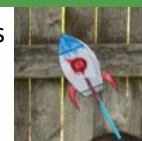
May 14 Art: **Fairy/Gnome/Woodland Container "Land"**: You built the houses in April, now design and build a "land" far around them. 4:30-6 pm \$9

## "Just for Cloverbuds" Activities (grades K-2)

March 11: STEM- **All About Wind** Lots of fun, hands-on activities to explore wind and its effect on our world. 4:30-5:30 pm FREE



April 15: STEM- **Straw Rockets** Check out forces and motion with a slingshot straw rocket 4:30-5:30 pm FREE

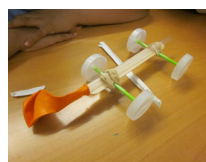


March 13: Foods- **Easy as Pie**: Make a mini pudding pie for Pi day 4:30-5:30 pm \$4



April 29: Art- **Fairy/Gnome/Woodland House** Build and decorate a house for a gnome or fairy or woodland creature 4:30-5:30 pm \$9

March 25: STEM- **Egg Drop** Engineer a container to protect an egg, then drop it...**2-3 pm \$4**



May 6: STEM- **Balloon Powered Race Car** Build a balloon powered racecar and test Newton's 3 laws of motion. 4:30-5:30 pm \$3

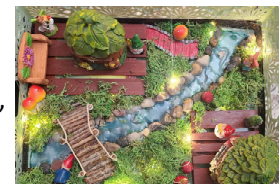


April 2: STEM- **Hot Wheels Track Design** Explore the science involved. Win your race without falling off the track. 4:30-5:30 pm FREE

April 10: Foods- **Snack Attack** Make fun & tasty snacks 4:30-5-30 pm \$4



May 13: Art- **Fairy/Gnome/Woodland Container "Land"** You made the house now create a "land" around it. 4:30-5:30 pm \$9



## Tooele County Jr. Livestock Show

Spring will be here soon. Are you planning a 4-H livestock project for the Tooele County Jr. Livestock show this year? Here are a few dates to keep in mind:

- 4-H youth must be 8 years old as of Sept. 1, 2023 and in the 3rd grade for this 2023-24 school year.
- Youth may show 1 animal in up to 4 species (beef, goat, sheep, swine) or 2 animals of the same species.
- Beef projects must be tagged by April 22. Call 435-277-2407.
- All goats, lambs and swine must be tagged by June 1. Tagging days and locations will be announced soon. Entries are online through [faireentry.com](http://faireentry.com). Sale book & “show check-list” available online at [tooele4h.org](http://tooele4h.org).
- The Tooele County Jr. Livestock Show will be July 31– Aug 3, 2024 at Deseret Peak. Questions, call the 4-H office. (Showing an animal at most of the other state livestock shows, including the State Fair Show, require a different tag. See more information about tags and registration for other Utah livestock shows at [www.utahjuniorlivestock.com](http://www.utahjuniorlivestock.com).)



## 4-H Turkeys



Registration for the Utah Jr. Turkey Show is coming soon. The plan is for registration/poult orders to be online this year. Watch for an email with more details sometime around March 19. Poults will be \$4 each again this year. The poults should arrive sometime between July 29 and Aug 2. Note that its during our county fair so plan accordingly. The Utah Jr. Turkey Show will be held November 14-16 in Tremonton this year. You must have turned 8 years old by September 1, 2023 and be in the 3rd grade this 2023-24 school year to be eligible to order poults.

## 4-H Horse Program

The Tooele county 4-H horse shows will be May 31-June 1, June 21-22 and July 19-20 at the Grantsville Arena. Plan for in-hand foal and 2-handed events on Friday evenings and bitted events begin on Saturday morning. The rotating events are Trail and Quadrangle Stake Race again. Registration for the shows will be through [4h.zsuite.org](http://4h.zsuite.org).

A 4-H horsemanship/showmanship clinic will be held April 13 at the Grantsville Arena. The clinician is Vaughn Knutson. There are 2 sessions. The morning session begins at 9 am and the afternoon session starts at 1 pm. Each session is limited to 20 riders. The cost of each session is \$30 per youth. Register on zsuite.



The 2024 State 4-H Horse Show will be at the Wasatch County Events Complex in Heber, September 26-28. Now is the time to approach businesses and individuals about sponsoring our horse program. Sponsorship letters are available from the horse council. Sponsors provide equipment, buckles, and more to keep the program going.

## 4-H Mock Legislature



Mock Legislature is a Utah 4-H tradition for 9th-12th grade youth from across Utah to try on the role of Legislator in a “hands on” experience. It is planned for April 25th from about 8:30 am-4 pm. 4-H is fortunate to be allowed to hold this event at the Utah State Capital building in the chamber of the House of Representatives. Youth have a chance to debate real laws that the legislature dealt with during their 2024 session.

Registration is currently open on [4h.zsuite.org](http://4h.zsuite.org). Cost is \$15 and includes a t-shirt and lunch. Your 4-H enrollment must be current for 2023-24 to register. Space is limited. Registration closes April 7, but spots are limited and this event always fills quickly. Please, don't wait to sign up or you may be disappointed. Questions? Call Robyn at 435-277-2402 or Tamra at 435-277-2405.



## STEM Spot

Drop by the 4-H office and check out our new STEM spot. It lives just outside of our front office door under the directory screen. It works like a “little library”. It has STEM books and kits and activities that you can check out, take home and use and then return them to the STEM Spot for someone else to enjoy. Here is a chance to add some STEM to your daily routine and have fun doing it.

Our STEM Spot comes to us courtesy of a grant from the STEM Action Center of Utah.

## March Mammal Madness Kick-Off March 6



March Madness is coming! OK, so is the basketball event, but **March Mammal Madness** is a 5 week, wild journey with plenty of upsets and ‘wow’ moments. It is played as a tournament, similar to the basketball madness. You fill out a bracket and predict the outcome of an encounter between a pair of mammals. Which one will dominate? Does one possess some lesser known characteristic that will help them overcome an apparent weakness? Explore different animals and their attributes in a way you’ve never looked at them before. Sign up and play to see all the interesting possibilities. Best of all, its fun and its FREE!

March Mammal Madness kicks off on March 6 at 7 pm at the 4-H office. Learn how the tournament works and how to get started. Dessert will be served. Those who sign up by March 5 to kortni.hafen@usu.edu or text (702)764-9674 with your name and number of family members participating will receive a free deck of March Mammal Madness Cards (one deck per family). Everyone is invited to sign-up and participate. Invite your friends, they don’t have to be registered in 4-H for this one. This could be a fun opportunity to introduce them to 4-H.

## March Mammal Madness Preview Card Game Days

Preview the March Mammal Madness tournament with this fun card game activity. Every participant will receive their own deck of animal trading cards and use them to play the game. Decide what adaptations would help each animal to survive if they were to meet up in the wild. Who will dominate? It’s like Pokemon... Try it, its fun!

Cloverbuds (grades K-2) meet on Monday, March 4 from 4:30-5:30 and regular 4-H (grades 3-12) on Tuesday, March 5 from 4:30-5:30. Cost is \$4. Register on 4h.zsuite.org. Now that you’re excited, bring your family and come to the kick-off on the 6th.



## Virtual Career Fair March 19

Have you ever thought about being a midwife, a wildlife refuge manager, a wildland fire fighter, a fly fishing guide, a wildlife biologist, an airplane mechanic a film producer or working in sports medicine? Then this event is for YOU! Explore a variety of career option and get your questions answered about the education/training you’ll need, internships, what you should do in high school to prepare and much more! The featured speaker is the Peterson Farm Brothers who will entertain while they remind us why following our dreams is the best decision ever! There will be door prizes and lots of fun throughout the evening and you won’t even have to leave home, its all over zoom! Mark you calendar for March 19 at 6 pm for a fun evening of exploring careers presented by Wyoming 4-H. For more information and to register for this free event go to: <https://wyoming4h.org/virtual-career-night/>. This is an opportunity for young people to explore their future and grow a career.

## Join the Tooele County “Outdoor” 4-H Club



Do you love being outdoors and doing outdoor activities like hiking and fishing? Then sign up for our 4-H Outdoor club on zsuite. You can add it to your club list as a second club if you are already in another club! We’ll send out info about what activity is coming up and what you need to do to participate. No worries if you aren’t interested or can’t make it, maybe the next one will work out better. Some activities may be limited to certain age groups because of the nature of the experience. We’ll plan a variety of activities so everyone can participate in some of the them.

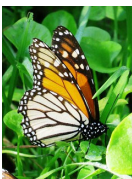
## State 4-H Outdoor Photography Goosechase

Here’s a fun opportunity to practice your photography skills while enjoying some time outside. The state 4-H office is sponsoring an outdoor photography Goosechase. Download the Goosechase app (if you don’t have it already) and find the Utah 4-H Outdoor Photography Goosechase and then enter this passcode: 5ZMGP4 . There are lots of different photo categories to enter. Prizes will be awarded for the best photograph in each category.



## A Funtastic 4-H Garden Project Day! April 13th

**House Plants as Pets:** Plants are incredible pets. They don't shed, need walks or disturb you when you're busy. They give you oxygen and are really good listeners, it helps them grow. Adopt your very own pet plant and spend time learning about it and it's care and feeding! Starts at 10 am. Cost is \$10, includes the plant and supplies.



**Butterfly Fairy Gardens:** Let your imagination create a magical space and decorate it with butterflies! Starts at noon. Cost is \$10. Both activities are open to youth in grades K-8 and will be held at the 4-H office at 151 N. Main St. in Tooele on Saturday, April 13th. Register for either activity or both on 4h.zsuite.org.

### Summer 4-H

Mark your calendars. More camps and activities and details to come as plans are finalized.

- **JYC** (Jr. Youth Conference) for 5th & 6th graders & **i4-H** for 7th & 8th graders: June 10-12 at Wasatch Academy in Mt. Pleasant. Two simultaneous but separate camps. Watch for registration mid-March.
- **4-H Classic:** State 4-H Contests for youth in grades 3-12 and workshops for all June 24-25 in Springville.
- **4-H Teen Summit** for those in grades 9-12. July 8-10 at USU in Logan.
- **Tooele County Fair & Jr. Livestock Show:** July 29-Aug 3 at Deseret Peak Complex.
- **Utah State Fair** Sept. 5-15 at the State Fair Park in Salt Lake

### Pamper a 'Parent' Day: May 8



Bring a favorite adult for a relaxing experience with you. You'll enjoy a light dinner, make bath bombs and learn to use UV resin to make a unique keepsake to remember your time together. Every youth should bring their own adult; sorry, no sharing. Mom, Dad, Grandma, Aunt, etc. are all welcome. The date is Wednesday, May 8 from 6-8 pm at the 4-H office. For youth grades 3-12. Cost is \$12 for the two of you.

**Linden Greenhalgh**  
Agriculture/County Director

**Extension**  
**UtahStateUniversity**  
Utah State University is an affirmative action/equal opportunity institution



**Darlene Christensen**  
Home & Community

**Robyn Handley**  
4-H Coordinator

**Tamra Cox**  
4-H Admin Assistant

**Kortni Hafen**  
Staff Assistant 4-H /  
Home & Community

**Nickole Brown**  
Extension Admin Assistant

## Upcoming 4-H Events

### March

- 4 Cloverbud March Mammal Madness Card Activity 4:30 pm
- 5 4-H March Mammal Madness Card Activity 4:30 pm  
Super Cloverbud registration closes
- 6 March Mammal Madness Kick-Off event 7 pm
- 7 4-H Teen Council 7 pm
- 9 Super Cloverbuds (grades K-2) 10 am**
- 10 4-H Super Saturday registration closes
- 11 Cloverbud STEM: All About Wind (grades K-2) 4:30 pm
- 13 Cloverbud Foods: "Easy As Pie" (Grades K-2) 4:30 pm
- 14 4-H Foods: "Pi" Day Fun (Grades 3-12) 4:30 pm
- 16 4-H Super Saturday (3rd grade & up) 9:30 am**
- 19 Virtual Career Fair 6 pm - over zoom
- 25 Cloverbud STEM:(grades K-2) Egg Drop 2 pm
- 26 4-H STEM (grades 3-12): Egg Drop 2 pm

### April

- 2 Cloverbud STEM (grds K-2): Hot Wheels Track Race 4:30 pm
- 3 4-H STEM: (grades 3-12) Hot Wheels Track Race 4:30 pm
- 4 4-H Sewing: (grades 3-12) Boris the Cow 4:30 pm  
4-H Teen Council 7 pm

- 9 4-H Foods: (grades 3-12) Mighty Mini Meals 4:30 pm
- 10 Cloverbud Foods: (grades K-4) Snack Attack 4:30 pm
- 13 4-H "Horsemanship" Clinic Grantsville Arena 9 am and 1 pm  
Garden Project Day 10 am and noon
- 15 Cloverbud STEM (grades K-2): Straw Rockets 4:30 pm
- 16 4-H STEM (grades 3-12): Straw Rockets 4:30 pm
- 22 Beef Tagging Deadline for Tooele County Jr. Livestock Show
- 25 Mock Legislature grades 9-12 Utah State Capital
- 26 Turkey poult orders due in Box Elder County
- 29 Clover bud Art: (grades K-2) Fairy/Gnome House 4:30 pm
- 30 4-H Art: (grades 3-12) Fairy/Gnome Houses 4:30 pm

### May

- 2 4-H Teen Council 7 pm
- 6 Cloverbud STEM (grades K-2): Balloon Car 4:30 pm
- 7 4-H STEM (grades 3-12): Balloon Car 4:30 pm
- 8 4-H Pamper a "Parent" Day (grades 3-12) 6 pm
- 13 Cloverbud (grades K-2): Fairy/Gnome Land 4:30 pm
- 14 4-H Art (grades 3-12): Fairy/Gnome Land 4:30 pm
- 31 1st Horse Show— Grantsville Arena (continues thru June 1st)



# 4-H Super Saturday



**March 16, 2024**  
**9:30 am to 12:30 pm**

**USU Extension Office**  
**151 N. Main St., Tooele**

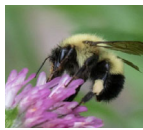
Register on [4h.zsuite.org](http://4h.zsuite.org). You must be in the 3rd grade or older and enrolled in 4-H for 2023-24 to participate in 4-H Super Saturday. Choose your top 4 workshops and 2 alternates. We will make a payment adjustment if you end up in an alternate. Space in some activities is limited. Registration closes at 11 pm, Sunday, March 10th. Questions? Call 277-2402 or 277-2405.

SCHEDULE	
9:30	Registration/Opening
9:50	1st Workshop
10:30	2nd Workshop
11:10	3rd Workshop
11:50	4th Workshop
12:30	Finished!



**Bath Bombs & more:** Pamper yourself with your own custom bath bomb. Try new scents and more. **\$3**

**Bumble Bee Jamboree!** Explore the bee world. Incredible. Essential. Delicious. **\$2**



**Coney Treats:** Transform a simple cone into a yummy treat full of your favorite filling. **\$3**

**Critter Candle Holder:** Turn stemware into a centerpiece everyone loves. **\$4**



**Cupcake Decorating:** Edible masterpiece. YUM! **\$5**

**Don't Bug Me!** There's more to bugs than squishing them. Check out 4-H projects in entomology. **\$3**



**Escape Room Challenge:** Puzzles, clues, teamwork, challenge, reward. You'll never know until you try... **Free**

**Fruit Pizza:** A tasty version of everyone's favorite food. **\$3**



**Grow Your Own Super Foods:** Get a start on your summer garden. Investigate more 'super foods'. **\$4**



**Hop to it! 4-H Rabbits:** Check out the "how to" of feed, care and show for them. This 4-H animal project is good for everyone! **Free**

**Horseless Horse:** Explore lots of things about horses and try out horse activities with a 'horse' you make. **\$3**



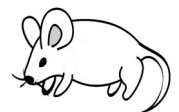
**Lego Challenge!** Ready, set, go! Create your best project in the allotted time... everyone has fun! **Free**

**No-Sew Bunny:** Socks become the cutest 'stuffy' for Easter and your room! **\$5**



**Rock Hounding:** Look what's under your feet and all around you: explore, collect, enjoy & more. **\$2**

**Simple Steps Drawing:** Experiment with some basic line shapes, combine them and see what you get! **\$2**



**Swiftly Bracelets:** Make different friendship bracelets to share with friends and family. **\$2**

**Wearable Circuits:** Create a light-up cuff you can wear. **\$3**



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